Guidelines for documentation related to Autism/ Asperger's Disorder

This guidance has been updated to adhere to the Americans with Disabilities Act Amendment Act of 2008.

The Americans with Disabilities Act, or ADA, defines a person with a disability as “a person who has a physical or mental impairment that substantially limits one or more major life activities.” [Link](https://adata.org/faq/what-definition-disability-under-ada)

What do you need to submit to Disability Services?

Documentation from a current treating physician that is on letterhead, which is signed and dated, that states a diagnosis/diagnoses, and that provides support for the diagnosis and how it meets the definition of a person with a disability under the ADA.

For additional documentation guidance, please see below:

- Must state the disability including a DSM code. Your doctor will be familiar with this. Should also include the date of diagnosis

- Must include a detailed description of the disability

- Must describe how this impairment significantly limits a major life activity/activities in general and in an academic setting

- If applicable, should include medical information relating to the impact of medication and/or treatment on the student’s ability to participate in all aspects (classroom, extracurricular activities, dorm life) of the academic environment

- The doctor should include any recommendations he/she has for appropriate accommodations within the context of the university environment