



Healthy Carolina Task Force Objectives

SEXUAL HEALTH SUB-COMMITTEE

Goal: Promote responsible sexual behaviors, strengthen community capacity, and increase access to quality services to prevent sexually transmitted diseases (STDs) and their complications.

25-16. (Developmental) Increase the proportion of sexually active females aged 25 years and under who are screened annually for genital chlamydia infections.

Goal - Prevent HIV infection and its related illnesses and death.

Objectives:

13-6a. Increase the proportion of sexually active persons who used condoms at last intercourse.

13-6b,c,d. Increase the proportion of sexually active persons who used condoms at last oral, vaginal and anal intercourse (respectively).

13-7. Increase the number of HIV positive persons who know their status.

SUBSTANCE ABUSE SUB-COMMITTEE

Goal: Reduce substance abuse to protect the health, safety, and quality of life for all, especially children.

26-6a. Reduce the proportion of college students who report that they drove after drinking any alcohol at all during the previous 30 days.

26-11b. Reduce the proportion of college students engaging in high risk (binge) drinking of alcoholic beverages during the past two weeks.

TOBACCO SUB-COMMITTEE

Goal: Reduce illness, disability, and death related to tobacco use and exposure to secondhand smoke.

27.05. Reduce tobacco use by adolescents, adults 18 years and older, and college students.

27.5. Increase smoking cessation attempts by college student smokers.

27.11. Increase smoke-free and tobacco-free environments in institutions of higher education, including all facilities, property, vehicles, and events.

PHYSICAL ACTIVITY SUB-COMMITTEE

Goal: Improve health, fitness, and quality of life through daily physical activity.

22-1. Reduce the proportion of adults who engage in no leisure time physical activity.

NUTRITION SUB-COMMITTEE

Goal: Promote health and reduce chronic disease associated with diet and weight.

19-1. Increase the proportion of college students who are at a healthy weight. Healthy weight is defined as a body mass index (BMI) equal or greater than 18.5 and less than 25.

19-5, 6. Increase the proportion of college students who consume at least five daily servings of fruit and vegetables.

19-7. Increase the proportion of college students who consume at least six daily servings of grain products, with at least three being whole grains.

EMPLOYEE HEALTH SUB-COMMITTEE

1. Access to Quality Health Services

Goal: Improve access to comprehensive, high-quality health care services.

1-6. Reduce the proportion of families that experience difficulties or delays in obtaining health care or do not receive needed care.

19. Nutrition and Overweight

Goal: Promote health and reduce chronic disease associated with diet and weight.

19-1. Increase the proportion of adults and college students who are at a healthy weight. Healthy weight is defined as a body mass index (BMI) equal to or greater than 18.5 and less than 25.

20. Occupational Safety and Health

Goal: Promote the health and safety of people at work through prevention and early intervention.

20-3. Reduce the rate of injury and illness cases involving days away from work due to overexertion or repetitive motion (rate per 100,000).

22. Physical Activity and Fitness

Goal: Improve health, fitness, and quality of life through daily physical activity.

22-13. Increase the proportions of worksites offering employer-sponsored physical activity and fitness programs.

HEALTHY RELATIONSHIPS SUB-COMMITTEE

Goal: Reduce disabilities, injuries, and deaths due to unintentional injuries and violence

15-34. Reduce the rate of physical assault by current or former intimate partners.

15-34a. Decrease the proportion of college students who have been in a relationship that was emotionally abusive.

15-34b. Decrease the proportion of college students who have been in a relationship that was sexually abusive.

MENTAL HEALTH SUBCOMMITTEE

Goal - Identify programs and services already existing to address specified mental health objectives.

18-9,a, b, d. Increase the proportion of college students with mental disorders who receive treatment; including serious mental illness, depression and generalized anxiety disorder.

Goal - Conduct gap analysis to determine other needed services in this area; this analysis to be informed by current literature on best practices for addressing those issues.

18-9,a, b, d. Increase the proportion of college students with mental disorders who receive treatment; including serious mental illness, depression and generalized anxiety disorder.

Goal - Make recommendations to Healthy Carolina Task Force Chairs and program/service providers for program implementation and/or assessment of programming designed to address issues.

18-9,a, b, d. Increase the proportion of college students with mental disorders who receive treatment; including serious mental illness, depression and generalized anxiety disorder.