Healthy Eating in Context
The Role of Political, Economic, Physical and Social Structures in Nutrition
Symposium • March 18, 2011
Center for Research in Nutrition and Health Disparities

It’s not too late to register! Visit the Nutrition Center website to sign up today! http://nutritioncenter.sph.sc.edu/

Abstracts are no longer accepted – however, posters will be accepted up until 3/10/11.

**What:** The symposium will be a full day event with keynote speakers, oral, and poster presentations. Lunch and refreshments will be provided. We will highlight research on the political, physical, economic, and social structures that influence eating patterns.

**When:** March 18, 2011, 8:30 AM – 4:30 PM (check-in begins at 7:45 AM)

**Where:** The Columba Metropolitan Convention Center (CMCC), 1101 Lincoln Street, Columbia, SC 29201

**Parking:** A parking lot is located to the left of the CMCC (between the CMCC and the Colonial Life Arena). Parking in this lot is complimentary and subject to availability.

**Questions:** Contact Holly Pope, hpope@mailbox.sc.edu, 803.556.1122

We look forward to seeing you there!

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**OTHER EVENTS**

**ENHS Seminar Series:** Dr. Ellen Cromley, Co-author of “GIS and Public Health”, March 16, 2011, 12:00 – 11:00. Location: PHRC (921 Assembly St), 211 “Connections between Environmental Health and the Built Environment”

**Nutrition Center Seminar Series: Special Guest Speaker:** Dr. Tim Griffin, Director – Agriculture Food and Environment Program at Tufts University. DATE – TBD. The previous date for this seminar has been cancelled, and it is currently being rescheduled. More information to come.

**Healthy Carolina Farmers Market**
Every Tuesday, March 22nd – April 19th, 10:00 AM – 2:00 PM, Location: In front of the Russell House
**INTRODUCTIONS:**

*Getting To Know Our Nutrition Research Community*

**Nicole Zarrett, Ph.D.**

Dr Zarrett recently joined the Department of Psychology at the University of South Carolina (USC) as an Assistant Professor. She earned her B.A at Clark University and her M.S. and Ph.D. in Developmental Science at the University of Michigan. Her area of expertise lies in developmental theories of youth motivation and choice with a primary focus on examining the role of youth’s out-of-school activities in promoting healthy physical, psychosocial, and achievement-related developmental pathways. This research has included an examination of the community, school, family, peer group, and intrapersonal predictors of youth participation in sports and other physical activities.

Since her arrival at USC, Nicole has been collaborating with other Nutrition Center researchers on projects that assess the physical, cultural, and social/motivational climate of after school programs for promoting youth physical activity. This research has involved identifying both effective and ineffective program mechanisms for promoting youth physical activity during program hours and factors to increase staff’s engagement in the healthy lifestyles components of the program. These data are being used to design a physical activity intervention to implement within after school programs to determine whether we can further engage youth in physical activity and healthy lifestyles. Nicole has also begun to work with Nutrition Center researchers on policy-based research that addresses the costs of implementing an after school intervention and the cost effectiveness of the intervention that can be used as a framework for implementing future cost-effective programs.

**NUTRITION CENTER AFFILIATED SCHOLARS**

**RECENT PUBLICATIONS:**


FUNDING OPPORTUNITIES


RWJF - Healthy Eating Research: Building Evidence to Prevent Childhood Obesity http://www.rwjf.org/applications/solicited/cfp.jsp?id=21341&cid=XEM_206613

USDA: Food assistance and nutrition research program, fiscal 2011 (FANRP) http://www.ers.usda.gov/Publications/AP/AP055/

NATIONAL NUTRITION MONTH

National Nutrition Month® is a nutrition education and information campaign sponsored annually by the American Dietetic Association. The campaign is designed to focus attention on the importance of making informed food choices and developing sound eating and physical activity habits. NNM also promotes ADA and its members to the public and the media as the most valuable and credible source of timely, scientifically based food and nutrition information.

Registered Dietitian Day is Wednesday, March 9, 2011. The American Dietetic Association proudly announces the fourth annual Registered Dietitian Day. As the nation’s food and nutrition experts, registered dietitians are committed to improving the health of their patients and community. Registered Dietitian Day commemorates the dedication of RDs as advocates for advancing the nutritional status of Americans and people around the world.

IN THE NEWS

Recent food and nutrition initiatives from the Obama Administration are drawing acclaim from Arnold School nutritionist and assistant professor Dr. Sonya Jones. For details, view: http://www.sph.sc.edu/news/sjones.htm

For more information, contact Sarah Epting at srgause@mailbox.sc.edu or 803-777-6363