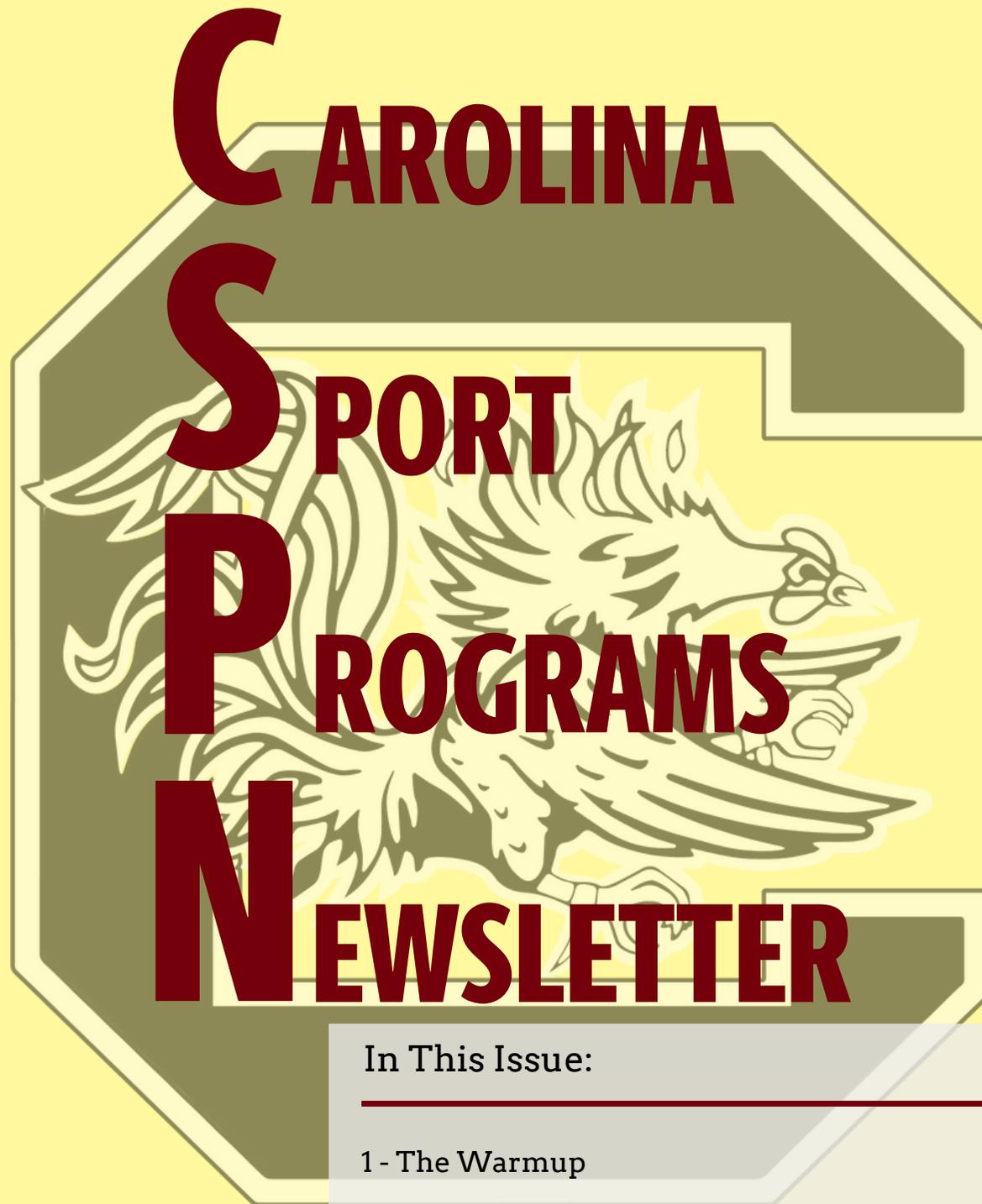


March 2021

Spring Training - Introduction



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Spring Training - Resources, Philanthropy, & Updates

The Warmup

We hope you all are as excited as we are for the warm weather - a great opportunity to get out and get active with your clubs (socially distanced, of course).

We appreciate how cooperative you all have been during these crazy times and we look forward to working with you all as we slowly inch back to “normal”. Stay safe, stay healthy, and, as always, Forever to Thee.

Coaches Eligible for Return - 3/1 (Restrictions Apply)

Fiscal Year 2022 (FY22) Allocation Requests Due - 3/12

Self-care = Success: Helpful services and links

- **Nutrition Services/Healthy Eating Workshops**
- **Therapy Assistance Online (TAO)**
- **Stress Management & Mindfulness**

*Underlined text = clickable link

Spring 2021 Philanthropy Initiative - Mobile Food Market (Cola)

The city of Columbia is in the process of creating a “grocery store on wheels” that will serve food desert areas in our community. As sports club members you know that access to fresh fruits and veggies is critical to living a healthy life, and food insecurity in our city makes this extremely difficult for over 65,000 Richland county residents.

Our city needs all the donations they can get to make this possible, which is where we come in! During Fall 2020, we came through for fellow UofSC students with our donations to the Gamecock Food Pantry, and we are excited to have the opportunity to come through for our city this semester.

Donations can be made in the form of cash or check brought to the Sport Programs Office in the STWFC beginning March 8.

DEADLINE FOR DONATIONS: APRIL 1ST, 2021 AT 5:00 p.m.

PRIZE: SPRING 2021 PHILANTHROPY AWARD & COMPLIANCE POINTS

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Spring Training - BP and S&C

SCEB Spotlight: Kelly Buchan



Kelly Buchan is a member of the sailing club and our newest SCEB member.

"Hi! My name's Kelly Buchan and I have been in the sailing club for 4 semesters now. I have recently joined SCEB. Growing up playing three sports, I loved the athletic environment and ways to make it better. SCEB allows me to participate in decisions that give club members a voice. I'm looking forward to building relationships and working with the great team!"

Club Spotlight - Carolina Surf Club

The newly re-established Carolina Surf Club was recently featured in the Daily Gamecock for their initiatives to bring surfing back to the Carolina community, despite current travel restrictions due to COVID-19. The club is now led by Nicholas Virga, who took the role of president this fall. Virga is a freshman environmental science major who is an avid surfer and wanted to bring the sport to campus, despite the distance from the university to the coast.

Virga is joined by a variety of students of all skill levels who hope to learn or simply enjoy surfing once the ban is lifted. During this time, the club has brainstormed creative alternatives to hitting the surf, including going to the local skate park, hosting movie nights, and community service style projects. Although surfing truly is an independent sport, the importance of a community who shares the love for the sport is extremely important and is the main focus of the club. The Carolina Surf Club welcomes athletes of all abilities, including those who have never had the chance to surf. President Nicholas Virga is optimistic for the future and hopes to continue to build the team and seek new opportunities in the future once travel restrictions have been lifted.

COVID-19 Resources, Testing and Locations

Anyone living, learning, or working at UofSC in the Spring Semester will be required to be tested prior to returning to campus. All students, faculty and staff will be required to test at least once every 30 days. Each month, the university will assign you with a specific testing week. More information can be found [here](#).

Even with the lifting of certain guidelines by Governor McMaster, Sport Club members should continue to be diligent regarding safety measures. Activity guidelines should continue to mirror those of the Spring 2021 Student Org. Safety Guidelines, or your host location/venue (whichever is stricter).

All Clubs will continue to track attendance for all in-person events via Garnet Gate Events/Event Pass for contact tracing.

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Spring Training - The Changeup



Looking Forward - Notes from Justin

Hello friends, it's been far too long since I've been able to see everyone. As always, I'm still hoping we will all be able to be in the same room together next Fall. While for many, this has been a long year of setback after setback, I believe that we are uniquely positioned to recover and progress.

To understand where I'm coming from, I want you all to know about an incredible kind of plant: Pyrophytes.

Pyrophytes are hearty plants that have adapted to resist fire. You all have definitely heard that 2020 was an absolute "dumpster fire", and you'd be right. We all have been impacted in some way: loss of resources. Opportunities. Experiences. For some of us, we have lost people. Friends. Family. Time.

But out of these hardships, we see growth. Our practices, as a Sport Club program, have been shared with other programs around the country. Where other programs have been decimated with complete inactivity, layoffs of staff, and more, our experiences and resources have been shared to help them get ready for the future. We, as leaders. Gamecocks have long led the way in the world, and we will continue to uniquely position ourselves to go from trend followers, to trendsetters.

Some things that SCEB and I have been working on to pave the way to a better future for UofSC Sport Clubs:

- **Garnet Gate**
 - Moving our waivers to Garnet Gate, making this platform more useful as a whole, and allowing you to check them in real-time
 - Improving training resources in the future to make Garnet Gate more effective in tracking attendance for future events
 - Trialing the submission of our old Formstack items (Travel/Hosting) to Garnet Gate, making it a complete one-stop-shop
- **SCEB**
 - SCEB is about to finish the process of becoming an Associated Student Organization, giving them more power and legitimacy to lead
 - SCEB is also working on a "Classification System", which will join our compliance/philanthropy tracking to guide allocations

Be a pyrophyte. I'm proud of all of you. Go Gamecocks.

- Justin Furlough (2/27/2021)

[Click here](#) to share your success in our next CSPN!

SCEB will still be looking for members to continue developing the Sport Club program in Fall 2021! Contact a member of SCEB for questions on what you can do to help out our clubs next year.