Outdoor Recreation
Congaree Camping and Canoeing
Friday to Saturday, Apr. 17-18, 2020

Description:
● Join us for a night in Congaree National Park where we will camp and spend a day canoeing through largest old growth bottomland forest in the Southeast
● Outdoor Recreation will provide transportation, gear, and instruction.
● Participants are responsible for providing their own lunches/snacks for the day but breakfast and dinner will be provided.

Destination:
● Congaree National Park, SC

Deadlines and Costs:
● 8 spots are available - sign ups begin December 2020.
● The last day to sign up is **Monday, Apr. 13, 2020 by noon.**
● The mandatory pre-trip meeting will take place at the Outdoor Recreation Rental Shop on Tuesday, **Apr. 14, 2020**—at 8 p.m.

Itinerary:
● Thursday, Apr. 16, 2020 - “Night One”
  ○ Meet at Outdoor Recreation Challenge Course at 6 p.m.
  ○ Distribute gear.
  ○ Cook dinner (provided by OREC)
  ○ Return home
● Friday, Apr. 17, 2020
  ○ Meet at Strom at 2 p.m., load up and drive to Congaree.
  ○ Arrive at Congaree at approximately 3 p.m.
  ○ Set up camp.
● Saturday, Apr. 18, 2020
  ○ Wake up at 7 a.m.
  ○ Put in Canoes at 9 p.m.
  ○ Canoe throughout the park, enjoy lunch on the river.
  ○ Take out by 4 p.m.
  ○ Drive to Strom and unpack by approximately 7 p.m.

What to Bring: (This will be covered more in the pre-trip meeting)
● Personal Essentials:
  ○ Inhaler, epi-pen, prescription medications, feminine hygiene products etc.
  ○ Money in case we stop for a bite to eat on the way home.
● 2 Liters of water
● Clothing:
  ○ Quick drying layers.
  ○ Rain layer (rain coat, poncho, etc.)
● Snacks/Lunch: (Orec will not be providing lunches/snacks)
  ○ Suggestions include: Granola/energy bars, bagels, tortillas, sandwich, nuts, humus, tortillas, jerky, apples, trail mix, cheese and crackers, etc.

For more information, please contact:
○ outdoors@mailbox.sc.edu