UofSC OREC Foothills Trail Backpacking Trip
Friday to Sunday, Sept. 20-22, 2019

Description:
- Join us for a weekend of mountain views and waterfalls on South Carolina’s Foothills trail (approximately 11 miles).
- Outdoor Recreation will provide transportation, gear, and instruction.
- Participants are responsible for providing their own lunches/snacks for the day but breakfast and dinner will be provided.

Destination:
- Bad Creek Access to Fish Hatchery Road on the Foothills Trail.

Deadlines and Costs:
- 8 spots are available - Sign-ups begin in August 2019.
- The trip will cost $50 per participant.
- The last day to sign up is Friday, Sept. 13, 2019 by noon.
- The mandatory pre-trip meeting will take place at the Outdoor Recreation Rental Shop on Monday, Sept. 16, 2019—at 8 p.m.

Itinerary:
- Friday, Sept. 20, 2019 - “Night One”
  - Meet at Outdoor Recreation Challenge Course at 6 p.m.
  - Distribute gear.
  - Cook dinner (provided by OREC)
  - Participants
- Saturday, Sept. 21, 2019
  - Meet at Strom 6 a.m.
  - Leave Columbia at 7 a.m. arrive at Bad Creek access parking lot at approximately 10 a.m.
  - Hike on the Foothills trail to the Upper Whitewater Falls.
- Sunday, Sept. 22, 2019
  - Wake up at 7 a.m.
  - Hike out on Foothills trail to Walhalla Fish Hatchery parking lot.
  - Arrive in Columbia at approximately 9 p.m.

What to Bring:
- Personal Essentials:
  - Inhaler, epi-pen, prescription medications, feminine hygiene products etc.
  - Money in case we stop for a bite to eat on the way home.
- 2 Liters of water
- Clothing:
  - Quick drying layers.
  - Rain layer (rain coat, poncho, etc.)
- Snacks/Lunch: (Orec will not be providing lunches/snacks)
  - Suggestions include: Granola/energy bars, bagels, tortillas, sandwich, nuts, humus, tortillas, jerky, apples, trail mix, cheese and crackers, etc.

For more information, please contact:
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