



PRE-MED & HEALTH CAREERS: YOUR PATH IN HEALTHCARE

If you're drawn to helping others, the health professions offer a wide range of rewarding careers — from direct patient care to research, education, and public health. According to the U.S. Bureau of Labor Statistics, healthcare occupations are projected to grow much faster than average, creating strong opportunities in the years ahead.

Students preparing for health professions come from all majors — biology, public health, psychology, exercise science, and beyond. What matters most is completing the prerequisite courses for your chosen program and gaining experience that shows your commitment to patient care and wellness.

If you'd like help exploring your options or planning your next steps, schedule a meeting with your Pre-Health Advisor or Career Development Coach through Handshake.

STEPS TO STRENGTHEN YOUR APPLICATION

- **Get hands-on experience.** Volunteer or work in clinical, research, or community health settings.
- **Join pre-health organizations.** Build leadership skills and connect with like-minded peers.
- **Prepare for entrance exams.** Plan early for the MCAT, GRE, DAT, or other required tests.
- **Stay balanced.** Keep a strong GPA and find ways to show compassion and curiosity — two traits every health professional needs.

EXPLORE HEALTH CAREER OPTIONS

- [Explore Health Careers](#) – Learn about more than 100 allied health careers and what they involve.
- [U.S. Bureau of Labor Statistics – Healthcare Occupations](#) – Research job outlooks, salaries, and education requirements.

PROFESSIONAL ASSOCIATIONS BY SPECIALTY

- **Audiology:** [American Academy of Audiology](#)
- **Chiropractic:** [American Chiropractic Association](#)
- **Dentistry:** [American Dental Education Association \(ADEA\)](#)
- **Medicine:** [Association of American Medical Colleges \(AAMC\)](#)
- **Physician Assistant:** [Physician Assistant Education Association \(PAEA\)](#)
- **Physical Therapy:** [American Physical Therapy Association \(APTA\)](#)
- **Occupational Therapy:** [American Occupational Therapy Association \(AOTA\)](#)
- **Optometry:** [American Optometric Association \(AOA\)](#)
- **Speech-Language Pathology:** [American Speech-Language-Hearing Association \(ASHA\)](#)
- **Veterinary Medicine:** [American Association of Veterinary Medical Colleges \(AAVMC\)](#)

QUICK TIP

Healthcare is constantly evolving — new technologies, treatments, and roles are being created every year. Stay curious, seek mentors, and remember that compassion and resilience are as valuable as any credential.