SOUP OF THE DAY
bowl $3.29

CHOOSE 2 COMBO
$6.99
Select from a half sandwich, half salad, or half soup

SANDWICHES
half $4.99/whole $6.99

SIGNATURES
Chicken Sandwich | 165/330 Cal
Grilled seasoned chicken breast topped with lettuce & tomatoes

Ham Bacon Club | 390/780 Cal
Crispy bacon, lettuce, tomatoes and ham on an artisan sub

Vegetable Panini | 390/780 Cal
Roasted seasonal vegetables on a toasted whole wheat bun

Turkey Ranch Panini | 265/530 Cal
Double decker sandwich with sliced turkey and tomatoes on a toasted multi-grain bread with a zesty ranch spread

SALADS
half $4.99/whole $6.99

SIGNATURES
Creamy Ranch Pasta | 80/160 Cal
Pasta and vegetables blended in a rich creamy ranch sauce

Cranberry Chicken | 175/350 Cal
Diced chicken, almonds, and cranberries mixed with mayonnaise

Chicken Caesar | 160/320 Cal
Chopped romaine, croutons, parmesan cheese, and creamy Caesar dressing

Fresh Fruit | 30/60 Cal
Fresh seasonal cut fruit

MEAL SWIPE OPTION $6.99
Select a half sandwich or half salad with chips and choice of tea, lemonade, or water

CHIPS $1.19

COOKIES $1.99

Additional nutrition information is available upon request.
2000 calories a day is used for general nutrition advice, but calorie needs vary.