NEW ONLINE LEARNING: We will continue to offer key courses online and provide other remotely accessed learning opportunities to accommodate the needs of our university employees during the COVID-19 closure.

PLEASE NOTE: Full courses are automatically removed from the training calendar, so you may not see them on the calendar. LEAD courses are limited to supervisors only to meet Policy HR 1.51 requirements.

MyGroup EAP
Live webinar courses will be offered by MyGroup Employee Assistance Program. Sessions are posted on the training calendar and registration is required in order to participate.

- April 17 (10 am – 11 am) - Time Management
- April 23 (10 am – 11 am) – Work-Life Fulfillment
- April 29 (10 am – 11 am) – Coping with Change
- May 5 (1:30 – 2:30 pm) – Recognizing and Resolving Conflict

Access work-life services and counselors 24/7/365: 800-633-3353 or 704-529-1428, mygroup.com UN: "USC" PW: "guest", or download the MYgroup app.

STAY WELL FRIENDS
Student Health Services offers daily, live and recorded wellness events for students and employees to include yoga, meditation, mindful moments, cooking, and other remote wellness sessions. Stay focused, reduce stress, and connect with others while working remotely.

Check back for new additions to their calendar.

NEW REMOTE WORKING STRATEGIES SERIES
All sessions are FULL. Please watch conveniently on-demand within 24 hours of the session date. A huge thanks to our featured campus partners who will provide real examples of effective remote work strategies.

Overview and Resources: Listen to Recording
Leveraging Technology: Listen to Recording
Organization Skills: April 20
Tips for Support Staff: April 22
Supervising Remotely: April 27
Staying Engaged: May 4

QUICK TIPS: @mtholfsen from MS Teams EDU
CTRL-SHIFT-M to mute/unmute your microphone
Hide your clutter during MS Teams video calls with custom backgrounds! Click the "..." and choose "Show background effects"

REMOTE WORK STRATEGIES
Keep Learning Resources
Keep Working Resources
Keep Teaching Resources

VIRTUAL COACHING SESSIONS AVAILABLE
Schedule a virtual meeting with a member of OPD by emailing HRTrain@mailbox.sc.edu.