Student Health Services

Supporting an overall Healthy Carolina Community
About Student Health Services
Mission: Student Health Services provides holistic and high quality patient-centered health care to support students’ success and advance their well-being and other members of the University community.

A healthy campus environment in which to live, learn work and play.
Hours of Operation

Spring & Fall Semesters
Monday – Thursday
8 a.m. – 6 p.m.
Friday
9 a.m. – 5 p.m.
Sunday
2 p.m. – 8 p.m.
Summer & Breaks
Monday – Friday
8:30 a.m. – 4:30 p.m.
After Hours Options

- Sexual Assault and Violence Intervention & Prevention is on-call 24/7
- Four Doctor’s Care locations within 4 miles of campus - all are open nights and weekends
- Three hospitals located within 3 miles of campus
- 24/7 access to counseling professionals
190+ staff, including:

- Board-certified Physicians
- Nurse Practitioners & Physician Assistants
- Psychologists & Counselors
- Nurses & Certified Medical Assistants
- Educators & Advocates
- Physical Therapists & Athletic Trainers
- Radiology & Lab Technicians
- Support Staff
Our Approach to Health Care

Patient-Centered Medical Home

Our care teams: Magnolia, Oak, Dogwood & Pine

- Students will be randomly assigned to a primary care provider and care team. Students will see members from the same care team with each appointment.
- This encourages communication and partnerships between
  - Individual patients
  - Primary care physicians
  - Counselors
  - Psychiatrists
  - Nutritionists
  - Case Workers
  - Family of patient (when appropriate)
Our approach to health care

Patient-Centered Medical Home

The Medical Home model focuses on five key aspects of care:

- Quality
- Accessibility
- The patient/provider relationship
- Continuity
- Comprehensiveness
Services
Medical Care

- Primary Care
- Women’s Health
- Sports Medicine & Physical Therapy
- Radiology
- Allergy, Immunization and Travel
- Nutrition Counseling
- Behavioral Health Specialist
- Integrated Health & Wellness
- Lab Services
Pharmacy

• Best prices
Proud to offer pricing at or below other pharmacies for the majority of medications. In-network with most health insurance plans.

• Easy refills
Go online sc.edu/myrxspace
Use the PocketRX app
Call 803-777-4890

• Simple transfers
Just call 803-777-4890 and tell us your pharmacy and medication names.
Mental Health

- Individual therapy
- Group therapy
- Individual crisis intervention
- Walk-in assessments
- Psychiatric evaluations and medication management
- Campus crisis response
- Therapist Assisted Online (TAO)
- Preventive mental health programming
- 24/7 access to counseling professionals
Supporting students’ mental health

- Students should consult campus mental health resources before small issues affect academic performance.
- Any campus community member can call the counseling office if concerned about a student.
- Before select appointments at Student Health Services, students are screened for symptoms of depression.
  - A behavioral health specialist is housed within the medical clinic to meet with students who score higher on the screening.
Wellness, Prevention & Advocacy

- Stress management
- Nutrition/healthy eating
- Sexual health
- Positive body image
- Health coaching
- Cooking demonstrations
- Tobacco treatment
Our facility dog Indy
Sexual Assault and Violence Intervention & Prevention

- Advocacy & Outreach
  - 24/7 access to confidential interpersonal violence advocates
  - Academic assistance
  - Hospital accompaniment
  - Safety planning
  - Meeting and hearing accompaniment
  - Temporary alternative housing
  - Referral assistance to other campus and community service

- Prevention
  - Stand Up Carolina bystander intervention
  - Healthy relationships & consent
  - Interpersonal violence awareness
Changing Carolina Peer Leaders

- Diverse group of UofSC student leaders who have a passion for holistic health education, wellness and advocacy
- Open to all majors
- Facilitate health and wellness-related presentations, campus-wide awareness campaigns and events
Important Reminders
Immunization Record Form

- Student Health Services follows the CDC and American College Health Association’s recommendations for immunizations.
- We encourage all students, parents and guardians to learn more about vaccine-preventable diseases and why we require/recommend protection against these diseases.
- Upload immunization records to sc.edu/myhealthspace ASAP.
Required Immunizations & Clearances

- Two MMR Vaccines (or evidence of immunity)
  - Acceptable evidence of immunity against measles includes at least one of the following:
    - written documentation of adequate vaccination (two doses)
    - laboratory evidence of immunity
    - laboratory confirmation of measles

There has been a recent increase in measles cases across the nation. The measles virus is extremely contagious and easily spread among people living in close contact, like college campuses. The measles virus is serious and can lead to complications to include brain swelling, pneumonia, permanent disability and even death. **As a result, all students will be required to meet MMR immunity requirements unless they have one of the following exemption statuses:**
  - A documented medical exemption from a healthcare provider
  - A signed notarized statement of religious exemption
  - **Philosophical exemptions do not meet this requirement**

- Meningococcal Vaccine (or signed waiver)
- TB Risk Screening
Health Insurance

• Students must show proof of health insurance by either
  • Purchasing the Student Health Insurance Plan
  • Waiving out by providing proof of their own health insurance policy.

• Failure to show proof of health insurance will result in enrollment in the Student Health Insurance Plan
  • The premium is due with fall and spring tuition bills.

>> Lack of health care can jeopardize a student’s ability to stay in school and graduate. Unexpected health care costs can derail a student’s financial stability.
Filing Health Insurance

- Student Health Services is only in-network with the university-sponsored Student Health Insurance Plan
  - Our pharmacy, however, is in-network with most insurance plans
- Provide the health center your insurance and prescription cards now or during your first visit
  - Upload on sc.edu/myhealthspace
- Must give permission to file claims
- All claims will be filed electronically
- Out-of-network claims are subject to out-of-network deductibles
- If you have questions about cost, insurance or billing, please call 803-777-3174
$190 per semester for full-time students includes:
- Primary care office visits
- Women’s health office visits
- Up to 10 individual counseling visits per academic year
- Group counseling
- Support groups and workshops
- Preventive screenings
- Health coaching
- Fitness assessments
- Clinical nutrition, stress management or sexual health consultations
- Public health preparedness
Student Health Fee

• Out-of-pocket costs include:
  • Radiology
  • Laboratory services
  • Prescriptions
  • Sports medicine
  • Physical therapy
  • Psychiatric services
  • Allergy shots and other vaccines
  • Travel consults
  • Services received at any other hospital or clinic
  • Charges for no-show appointments
Releases for Families

- Students are considered adults when they arrive on campus, therefore, their medical information cannot be released without their written consent.
- Students must give permission to the provider to release information to parents or guardians for each individual issue, per HIPAA and USC policy.
- Power of attorney does not apply at the health center.
- Parent or emergency medical contact will be notified if there is a medical emergency.
Referrals for Chronic Illnesses

- If students have a chronic, pre-existing medical concern that requires a specialist, please check with your current medical provider for specialists in the Midlands area. We can assist and coordinate care.
- If you need additional assistance, please call our care team manager, Terry Hevener at 803-777-0564.
Case Study

- Henry
  - Age 18
  - Freshman
  - Accounting Major
  - Charleston, SC
- Initially thought he was “just run down” from stress
- Now experiencing symptoms of illness
  - Headache
  - Fever
  - Body aches

- Appointment with provider
  - Covered by Student Health Fee
- Flu test
  - $36
- Prescription medication
  - Pharmacy is in-network with most insurance providers
- Flu shot
  - Covered by Student Health fee
- Stress management resources such as stress management consultations and mindfulness workshops
  - Covered by the Student Health Fee
Checklist

• Waive or purchase the Student Health Insurance Plan by September 13, 2019
  • sc.myahpcare.com

• Turn in your immunization record form online
  • sc.edu/myhealthspace

• Fill out the Health History Form
  • sc.edu/myhealthspace

• Transfer prescriptions to our pharmacy
  • sc.edu/myrxspace

• Get your flu shot in mid-fall
Student Health Services

Connect with us

Web: sc.edu/healthservices
Facebook: facebook.com/UofSCshs
Twitter and Instagram: @UofSCshs
Phone: 803-777-3175