

# SECOND-YEAR CHECKLIST



## Academics

- Check to see who your academic advisor is, it may have changed over the summer!
- Make your advisement appointment early and come prepared for the meeting!
- Visit your advisor outside of the main advisement time just to get to know them!
- Changing your major? It is OK! Visit the University Advising Center for advice.
- Pay attention to the tutoring and SI offerings for your courses and GO to them!
- Participate in orientation for Graduation with Leadership Distinction. It is online and quick. See if it is something you want to pursue.
- Talk to your professors after class or go visit during office hours. That is why we have them. They're nice. They're human. We promise.
- Go to class. Stay engaged in class.
- Join a student organization that has a direct relationship to your major or academic department. Actually go to meetings, events, socials and participate.

## Organization

- Get a planner and use it. Either a FREE planner from the Student Success Center, or download an app!
- Mark your course registration time on your calendar and don't miss it.
- Pay your tuition bill on time at the start of each semester so your courses don't get dropped!
- Meet with an advisor from the Money Management program to talk about how to manage your money after moving off-campus.
- Read your USC email daily.
- Read the monthly SophoMORE email that is full of helpful information from your assigned Student Success Center upperclassman Peer Consultant!
- Stop by and visit with the staff in the Student Success Center, they are here to help you!

## Involvement

- Participate in SophoMORE September!
- Go to USC athletic events!
- Go to a USC theater or musical production.
- Go to the SophoMORE Halfway There Celebration in April.
- Don't just go back to your off-campus apartment after class is over- hang out and get connected!
- Research how to participate in National Student Exchange or Study Abroad.
- Get involved by participating in Service Saturday or volunteering in the community.
- Thinking med, dental, veterinary or law school? Meet with the folks in the Office of Pre-Professional Advising and get started with their advice. Don't wait until your senior year!

## Getting Connected

- Create a Handshake profile and have the Career Center review your resume. Don't wait!
- Take one of your teachers out to lunch for free using the Out-To-Lunch program. Visit the Student Success Center for an Out-To-Lunch card.
- Apply to be a Student Success Center Peer Leader! There are over 1,700 of them on campus.
- Start looking for and participating in internships.
- Explore the professional development program offered by the Leadership and Service Center.

## Health & Wellness

- Visit the Counseling Center! As a student, you get TEN free sessions a year!
- De-stress at the C.A.L.M. Oasis with Campus Wellness.
- Attend a Group X class at the Strom or Blatt.

