8:30 a.m.  Check-in & Continental Breakfast  
*Russell House University Union, Ballroom*

9:00 a.m.  Opening Session and Keynote Address by Dan Friedman  
*Russell House University Union, Ballroom*

10:00 a.m.  Break

10:15 a.m.  Concurrent Sessions I  
*See the following pages for session abstracts and locations*

11:15 a.m.  Break

11:30 a.m.  Concurrent Sessions II  
*See the following pages for session abstracts and locations*

12:30 p.m.  Lunch and Award Presentation  
*Russell House University Union, Ballroom*

1:45 p.m.  Break

2:00 p.m.  Concurrent Sessions III  
*See the following pages for session abstracts and locations*

3:00 p.m.  Break

3:15 p.m.  Town Hall Closing Session  
*Russell House University Union, Ballroom*

3:45 p.m.  Conference Adjourns
The Purpose and Power of University 101

In celebration of the 10th anniversary of BCC, this keynote will reflect on the success and evolution of University 101 over the decade. Dan Friedman, Director of University 101 Programs, will explore the principles for effectively teaching a first-year seminar and will share new models, strategies, and resources that will provide guidance for U101 instructors as they design and implement their course.

Concurrent Sessions | 10:15am-11:15am

Helping Skills for Effective One-On-One Meetings *(Room 203)*

**Presenters: Wright Culpepper and James Winfield**

A common practice for U101 instructors is having one-on-one meetings with students in their classes. As instructors, it is easy to wonder if you are making the most of these meetings and if the students are getting what they need out these interactions. This session will provide strategies for identifying opportunities to employ helping skills in order to support students and their individual needs.

Beyond Required Reading: Using *Transitions* to Encourage Self-Reflection and Enhance Learning *(Room 205)*

**Presenter: Carrie Van Haren**

The 2018 edition of *Transitions* offers 33 topic-focused chapters aimed at helping students explore ideas and practices related to their academic success, engagement, developing relationships, personal health and well-being, and overall adjustment to college. In addition to the rich and relevant content, each chapter offers in-text opportunities for students to apply and/or reflect on what they have read and discussed in class. During this session participants will take a deep dive into the new book and discuss ways the readings and activities can be used to encourage self-reflection and enhance students' learning.
**Using the SchoolPlace Big Five Personality Assessment to Foster Students' Identity Development** *(Room 303)*

**Presenters: Jabari Bodrick and Ryan Patterson**

The SchoolPlace Big Five personality assessment is a tool designed to identify students' five personality supertraits and 23 subtraits that explain their behaviors and perspectives in day-to-day encounters with people who are similar to and different from themselves. Through the use of this tool, students will be able to learn more about themselves and better understand their interactions with classmates and peers. The SchoolPlace Big Five assessment is available to U101 instructors and students at no cost through the Leadership and Service Center.

**Creating a Trauma Informed Campus Starts in the First Year** *(Room 305)*

**Presenters: Shannon Nix and Sarah Wright**

What is “trauma”? Including only extreme events in the definition of trauma may limit students’ willingness to seek help and their understanding of reactions to stress. Stress may manifest from the transition to college, relationship distress and other normative events for first-year students. This session educates instructors about the neurobiological response to stress and proposes the term “Cortisoaked” to emphasize the reaction over the event. An overview of a three-module workshop created to increase awareness on our campus will be given, the significance of language used when working with those afflicted will be discussed, and participants will learn and practice coping skills and supportive responses.

**Rubrics & Assignments** *(Room 315)*

**Presenter: Catherine Greene**

Assessing student learning can often be a challenging task, but one that can be significantly improved with high-quality assignments and rubrics. The presenter will provide a framework for creating meaningful and engaging assignments and discuss how to design good rubrics that clarify expectations and simplify the grading process.
**From Major Exploration to Course Registration in University 101** *(Room 203)*

**Presenters: Alexandra Scovel and Sandra Varney**

According to national data, college students change their major an average of three to five times prior to graduation. If you are interested in learning strategies for guiding first-year students through the major exploration and course registration process, this session is for you! This presentation offers activities U101 instructors can use to help students make connections between identifying their values and selecting their major as they prepare for advisement and registration. Attendees will leave the session with resources for integrating these elements throughout their curriculum and tools to guide students through the major exploration and course registration process.

**Beyond Required Reading: Using Transitions to Encourage Self-Reflection and Enhance Learning** *(Room 205)*

**Presenter: Carrie Van Haren**

The 2018 edition of *Transitions* offers 33 topic-focused chapters aimed at helping students explore ideas and practices related to their academic success, engagement, developing relationships, personal health and well-being, and overall adjustment to college. In addition to the rich and relevant content, each chapter offers in-text opportunities for students to apply and/or reflect on what they have read and discussed in class. During this session participants will take a deep dive into the new book and discuss ways the readings and activities can be used to encourage self-reflection and enhance students’ learning.

**Mentoring and Support for Peer Leaders** *(Room 303)*

**Presenter: Mike Dial**

The nationally recognized U101 Peer Leader Program is a vital component of the UNIV 101 course. Due to the value that these upper division student leaders bring to the classroom setting, one of the most important roles of the instructor is to develop, mentor, and support their peer leader. Drawing on recent literature and feedback from fall 2017 U101 Peer Leaders, participants will identify and discuss meaningful ways to engage peer leaders in a collaborative process, develop them to their fullest potential, and design shared experiences aimed at developing a mentoring relationship with their teaching partner.
Lunchtime Session: Presentation of the M. Stuart Hunter Award for Outstanding Teaching in University 101

The M. Stuart Hunter Award for Outstanding Teaching in University 101 recognizes one University 101 instructor annually who demonstrates exemplary teaching, achievement of course outcomes, and who has made a positive impact on students’ lives.

Concurrent Sessions II 11:30am-12:30pm

Building Community Beyond the Classroom (Room 305)
Presenters: Sandy Greene and Elise Porter
Beyond the classroom activities are one of the most effective ways to build community in UNIV 101. This session will dive into strategies to engage students in beyond the classroom activities and will provide examples of successful beyond the classroom events. Participants will have the opportunity to discuss best practices for creating, planning, and implementing beyond the classroom activities with the goal of building community.

Be the Change You Wish to See: Fostering Resilience in the Classroom (Room 315)
Presenter: April Scott
This session will focus on strategies to help instructors model the key concepts of resilience and growth mindset to their students. Participants will be asked to discuss ways that they currently encourage student resilience in their classrooms, how they frame “failure” in the classroom, and by what means they can incorporate student resilience stories into future lesson plans and assignments. This session will also address common obstacles students face during their first-year experience and how instructors can impart resilience strategies early in the year to best avoid these barriers that hinder student success.
Teach, Work, Life...Balance (Room 203)
Presenters: Jane Bouknight and Dan Friedman
As U101 instructors, there is a lot to manage at times such as lesson planning, communicating with students, grading, and developing assignments. With competing demands of full-time jobs, familial responsibilities and personal activities, it is easy to ask, “How do I balance it all?” The facilitators will engage instructors in a shared dialogue about strategies and aspects to consider while balancing life as an instructor for UNIV 101.

Getting to Know Your Students (Room 205)
Presenter: Katie Hopkins
Getting to know your U101 students is essential to creating a productive and engaging learning community. Each section of UNIV 101 is made up of different students and personalities and therefore, each instructor should tailor content and materials to their class. This session will provide an overview of first-year students at USC as well as present strategies instructors can utilize to get to know their individual students throughout the semester.

Stranger Things No More: Cultural Competence in the U101 Classroom (Room 305)
Presenters: Sylvain Chabra and Julie Medlin
Carolinians can thrive in a multicultural setting, rather than be fearful of the unknown and the “strange things” of other cultures. This session will offer ideas for adapting activities from the U101 Faculty Resource Manual that lead students to a new understanding of culture and of global citizenship. Session facilitators will also provide attendees with additional tools that support positive relationships with the diverse Carolina Community, “discourage bigotry while striving to learn from differences in people, ideas, and opinions,” and help students clarify their own values and identity.

Integrating the First-Year Read into Your Course (Room 315)
Presenter: Catherine Greene
U101 instructors can ensure students find significance in the first-year common read, A More Beautiful Question, by incorporating meaningful assignments, discussions, and activities into the curriculum. During this session, instructors will discuss ways to effectively integrate this year’s First-Year Reading Experience book into UNIV 101.
Thank you to our donors!

Door prizes will be awarded at the
Town Hall Closing Session

1801 Grille
5th Avenue Deli
AMC Classic Columbia 10
Aqua Fun Paddle
AR Workshop Columbia
Barefoot Outfitters
Barre 3
Bourbon
Columbia Fireflies
Columbia Museum of Art
Cupcake Downsouth
Di Pratos
Duck Donuts
Eggs Up Grill
Elite Ballroom Dance Academy

Frankie’s Fun Park
Gamecock Athletics
Historic Columbia
Il Giorgione
Lake Murray Resort & Marina
Marble Slab Creamery
Mellow Mushroom
Motor Supply
Orange Theory Fitness
(FOREST DR.)
Publico
SC State Parks
The Crescent Olive
Thirsty Fellow
Trader Joe’s