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On the size of approximately convex sets in normed spaces
S.J. Dilworth, R. Howard and J.W. Roberts

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# ON THE SIZE OF APPROXIMATELY CONVEX SETS IN NORMED SPACES 

S. J. DILWORTH, RALPH HOWARD AND JAMES W. ROBERTS


#### Abstract

Let $X$ be a normed space. A set $A \subseteq X$ is approximately convex if $d(t a+(1-t) b, A) \leq 1$ for all $a, b \in A$ and $t \in[0,1]$. We prove that every $n$-dimensional normed space contains approximately convex sets $A$ with $\mathcal{H}(A, \operatorname{Co}(A)) \geq \log _{2} n-1$ and $\operatorname{diam}(A) \leq C \sqrt{n}(\ln n)^{2}$, where $\mathcal{H}$ denotes the Hausdorff distance. These estimates are reasonably sharp. For every $D>0$, we construct worst possible approximately convex sets in $C(0,1)$ such that $\mathcal{H}(A, \operatorname{Co}(A))=\operatorname{diam}(A)=D$. Several results pertaining to the Hyers-Ulam stability theorem are also proved.


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## 1. Introduction

Let $(X,\|\cdot\|)$ be a normed space. In the following definition $d(x, A)=$ $\inf \{\|x-a\|: a \in A\}$ denotes the distance from $x$ to the set $A$.

Definition 1.1. A set $A \subseteq X$ is approximately convex if

$$
d(t x+(1-t) y, A) \leq 1
$$

for all $x, y \in A$ and $t \in[0,1]$.
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Recall that the Hausdorff distance between subsets $A$ and $B$ of $X$ is defined by

$$
\mathcal{H}(A, B)=\sup \{d(x, B), d(y, A): x \in A, y \in B\}
$$

Thus, $A$ is approximately convex if and only if

$$
\sup _{t \in[0,1]} \mathcal{H}(t A+(1-t) A, A) \leq 1
$$

The aim of this article is to study the relationship betwen the size of an approximately convex set, as measured by its diameter

$$
\operatorname{diam}(A)=\sup \{\|x-y\|: x, y \in A\}
$$

and the extent to which $A$ fails to be convex, as measured by the Hausdorff distance $\mathcal{H}(A, \operatorname{Co}(A))$ from $A$ to its convex hull $\operatorname{Co}(A)$.

In Section 3 we extend some of the results of [6] to the case of approximately convex sets. In particular, it is shown that if $X$ is an $n$-dimensional normed space then the quantity

$$
C(X)=\sup \{\mathcal{H}(A, \operatorname{Co}(A)): A \subseteq X \text { is approximately convex }\}
$$

satisfies

$$
\begin{equation*}
\log _{2} n \leq C(X) \leq\left\lceil\log _{2}(n+1)\right\rceil \text {, } \tag{1}
\end{equation*}
$$

where $\lceil x\rceil$ denotes the smallest integer $n \geq x$. For the Euclidean spaces $\mathbb{R}^{n}$, we prove that $C\left(\mathbb{R}^{n}\right)=\log _{2} n$ for infinitely many values of $n$. Thus, the lower bound in (1) is sharp.

We also prove in Section 3 that every infinite-dimensional normed space contains an approximately convex set $A$ with $\mathcal{H}(A, \operatorname{Co}(A))=\infty$. This is used to show that the Hyers-Ulam stability theorem fails rather spectacularly in every infinite-dimensional normed space.

In our previous paper [6] we studied the quantity $\mathcal{H}(A, \operatorname{Co}(A))$ for the class of approximately Jensen-convex sets defined as follows.

Definition 1.2. A set $A \subseteq X$ is approximately Jensen-convex if

$$
d\left(\frac{x+y}{2}, A\right) \leq 1
$$

for all $x, y \in A$.
Suppose again that $X$ is an $n$-dimensional normed space. In the construction of approximately convex sets $A \subseteq X$ presented in Section 3, we find that $\operatorname{diam}(A) \rightarrow \infty$ as $\mathcal{H}(A, \operatorname{Co}(A))$ approaches $C(X)$. Section 4 refines this construction to produce such sets whose diameters are not too large in an asymptotic sense as $n \rightarrow \infty$. To make this precise, let us say that an approximately convex set $A$ is bad if $\mathcal{H}(A, \operatorname{Co}(A)) \geq \log _{2} n-1$. Then our main result says that every
$n$-dimensional normed space contains bad approximately convex sets of diameter $O\left(\sqrt{n}(\log n)^{2}\right)$. The proof uses a result of Bourgain and Szarek [1] from the local theory of Banach spaces.

In Section 5 we show that the factor $\sqrt{n}$ in the latter result is sharp by demonstrating the lower bound $\operatorname{diam}(A) \geq 0.76 \sqrt{n}$ for all bad approximately convex sets in the Euclidean space $\mathbb{R}^{n}$ when $n$ is sufficiently large. We also construct nearly extremal approximately convex sets in $\mathbb{R}^{n}$ of diameter $O(\sqrt{n \log n})$, which is better than our estimate in the general normed space case.

Our constructions uses the clasical entropy function

$$
E_{n}\left(t_{1}, \ldots, t_{n+1}\right)=\sum_{i=1}^{n+1} t_{i} \log _{2}\left(1 / t_{i}\right)
$$

defined on the standard $n$-simplex. In particular, we make heavy use of the fact that $E_{n}$ is an approximately convex function. This observation seems to be new, and we include its short proof in Section 2. As a corollary we obtain the best constants in the classical Hyers-Ulam stability theorem [10] when $n+1$ is a power of 2 .

The last two sections concern approximately convex sets in infinitedimensional spaces. The results in Section 6 are in principle not new: they are essentially reformulations of known results of Larsson [11] and of Casini and Papini [3] (also of Bruck [2]). It is shown that $X$ is $B$-convex if and only if there exists $c>0$ such that

$$
\operatorname{diam}(A) \geq c \exp (c \mathcal{H}(A, \operatorname{Co}(A)))
$$

for every approximately convex set $A \subseteq X$. A similar bound with a sharp exponent is given for spaces of type $p$.

Our deepest and perhaps most interesting result is Theorem 7.1 of Section 7, which says that the trivial inequality

$$
\operatorname{diam}(A) \geq \mathcal{H}(A, \operatorname{Co}(A))
$$

is actually best possible in general Banach spaces. More precisely, we show that for every $M>0$ there exists a Banach space $X$ (which is isomorphic to $\ell_{1}$ ) and an approximately convex set $A \subseteq X$ such that

$$
\operatorname{diam}(A)=\mathcal{H}(A, \operatorname{Co}(A))=M
$$

The space $X$ is obtained from a rather complicated combinatorial construction which may conceivably have other applications in Banach space theory. Theorem 7.1 and its proof may be read independently of the rest of the paper.

Finally, a few words about notation. All normed spaces are assumed to be real. The closed unit ball $\{x \in X:\|x\| \leq 1\}$ of a normed space
$X$ is denoted $B_{X}$. The closed ball of radius $R$ is denoted $B_{R}(X)$. The dual space of $X$ is denoted $X^{*}$. A closed subspace $Y$ of $X$ has a finitedimensional decomposition if there exist finite-dimensional subspaces $F_{n} \subseteq Y(n \geq 1)$ such that every $y \in Y$ admits a unique representation as a convergent series $y=\sum_{n=1}^{\infty} y_{n}$ with $y_{n} \in F_{n}$. This implies that the finite-dimensional projections $P_{n}(y)=\sum_{i=1}^{n} y_{i}$ are uniformly bounded in the operator norm. We write $Y=\sum_{n=1}^{\infty} \oplus F_{n}$. The sequence spaces $\ell_{p}$, the finite-dimensional spaces $\ell_{p}^{n}$, the Lebesgue spaces $L_{p}(0,1)(1 \leq$ $p \leq \infty)$, and the space $C(0,1)$ of all continuous functions on $[0,1]$, are all equipped with their classical norms. More specialized terminology from Banach space theory will be introduced as needed.

## 2. Approximately convex functions

Hyers and Ulam [10] introduced the notion of an $\varepsilon$-convex function.
Definition 2.1. Let $C$ be a convex subset of $X$ and let $\varepsilon \geq 0$. A function $f: C \rightarrow \mathbb{R}$ is $\varepsilon$-convex if

$$
\begin{equation*}
f(t x+(1-t) y) \leq t f(x)+(1-t) f(y)+\varepsilon \tag{2}
\end{equation*}
$$

for all $x, y \in C$ and $t \in[0,1]$.
Note that if $f$ is $\varepsilon$-convex then the function $\lambda f$ is $\lambda \varepsilon$-convex for each $\lambda>0$. Thus, $\varepsilon$ merely plays the role of a scaling factor. For our results it is convenient to normalize by taking $\varepsilon=1$ as follows.
Definition 2.2. Let $C$ be a convex subset of $X$. A function $f: C \rightarrow \mathbb{R}$ is approximately convex if

$$
\begin{equation*}
f(t x+(1-t) y) \leq t f(x)+(1-t) f(y)+1 \tag{3}
\end{equation*}
$$

for all $x, y \in C$ and $t \in[0,1]$.
For $n \geq 1$, let $\Delta_{n}=\left\{t=\left(t_{i}\right)_{i=1}^{n+1}: t_{i} \geq 0, \sum_{i=1}^{n+1} t_{i}=1\right\}$ be the standard $n$-simplex. Let $e_{i}(1 \leq i \leq n+1)$ be the vertices of $\Delta_{n}$ and let $\mathcal{F}_{n}$ be the collection of all approximately convex functions $f: \Delta_{n} \rightarrow \mathbb{R}$ satisfying $f\left(e_{i}\right) \leq 0$ for $1 \leq i \leq n+1$. Now define

$$
\begin{equation*}
\kappa(n)=\sup _{f \in \mathcal{F}_{n}} \sup _{x \in \Delta_{n}} f(x) . \tag{4}
\end{equation*}
$$

Cholewa [5] (cf. [9]) proved the following sharp version of the famous Hyers-Ulam stability theorem [10].
Theorem A. [5] Let $U \subseteq \mathbb{R}^{n}$ be a convex set and let $\varepsilon>0$. For every $\varepsilon$-convex function $f: U \rightarrow \mathbb{R}$ there exist convex functions $g$ and $g_{0}$ such that
(5) $f(x) \leq g(x) \leq f(x)+\kappa(n) \varepsilon \quad$ and $\quad\left|f(x)-g_{0}(x)\right| \leq \frac{\kappa(n)}{2} \varepsilon$.

Moreover, $\kappa(n)$ is the sharp constant in (5) and satisfies the upper bound $\kappa(n) \leq k$ for $2^{k-1} \leq n<2^{k}$, i.e. $\kappa(n) \leq\left\lceil\log _{2}(n+1)\right\rceil$.
Remark 2.3. Lazckovich [12] observed that $\kappa(n)$ is the sharp constant for every convex $U$ with nonempty interior.

The following lemma will be used repeatedly.
Lemma 2.4. Let $f: C \rightarrow \mathbb{R}$ be approximately convex, where $C \subset X$ is convex. Suppose that $n \geq 1$ and that $x_{1}, \ldots, x_{n+1} \in C$. Then

$$
\begin{equation*}
f\left(\sum_{i=1}^{n+1} t_{i} x_{i}\right) \leq \sum_{i=1}^{n+1} t_{i} f\left(x_{i}\right)+\kappa(n) \tag{6}
\end{equation*}
$$

for all $\left(t_{i}\right)_{i=1}^{n+1} \in \Delta_{n}$.
Proof. Define $F: \Delta_{n} \rightarrow \mathbb{R}$ by

$$
F(t)=f\left(\sum_{i=1}^{n+1} t_{i} x_{i}\right)-\sum_{i=1}^{n+1} t_{i} f\left(x_{i}\right)
$$

Then $F$ is approximately convex and $F\left(e_{i}\right)=0$ for $1 \leq i \leq n+1$. So $F(t) \leq \kappa(n)$ for all $t \in \Delta_{n}$, which gives (6).

For our results on approximately convex sets we require a good lower bound for $\kappa(n)$ : we shall show that $\kappa(n) \geq \log _{2}(n+1)$, which improves the bound $\kappa(n) \geq(1 / 2) \log _{2}(n+1)$ given in [12].

We require the following lemma from [6] concerning the function $\phi(t)$ defined by $\phi(0)=0$ and $\phi(t)=-t \log _{2} t(t \in(0,1])$. For completeness we include the proof.
Lemma 2.5. For all $t, x, y \in[0,1]$, we have

$$
0 \leq \phi(t x+(1-t) y)-t \phi(x)-(1-t) \phi(y) \leq \phi(t) x+\phi(1-t) y .
$$

Proof. The left-hand inequality just says that $\phi$ is concave (to see this note that $\left.\phi^{\prime \prime}(t)=-1 /(t \ln 2)<0\right)$. To prove the right-hand inequality, first consider the case $0<x \leq y \leq 1$. For fixed $t$ and $y$, let

$$
\psi(x)=\phi(t x+(1-t) y)-t \phi(x)-(1-t) \phi(y) .
$$

Then

$$
\psi^{\prime}(x)=\frac{t}{\ln 2}(\ln x-\ln (t x+(1-t) y)) \leq 0 .
$$

Thus $\psi(x)$ is decreasing on $[0, y]$ and attains its maximum at $x=0$. But

$$
\begin{aligned}
\psi(0) & =\phi((1-t) y)-(1-t) \phi(y) \\
& =-(1-t) y \log _{2}((1-t) y)+(1-t) y \log _{2} y \\
& =-(1-t) y \log _{2}(1-t)=\phi(1-t) y .
\end{aligned}
$$

Thus, if $x \leq y$, then

$$
\phi(t x+(1-t) y)-t \phi(x)-(1-t) \phi(y) \leq \phi(1-t) y \leq \phi(t) x+\phi(1-t) y
$$

Similarly, if $y \leq x$, then

$$
\phi(t x+(1-t) y)-t \phi(x)-(1-t) \phi(y) \leq \phi(t) x \leq \phi(t) x+\phi(1-t) y .
$$

The approximately convex sets which we construct in the next section are essentially graphs of the entropy functions

$$
E_{n}\left(t_{1}, \ldots, t_{n+1}\right)=\sum_{i=1}^{n+1} t_{i} \log _{2}\left(1 / t_{i}\right) \quad\left(\left(t_{i}\right)_{i=1}^{n+1} \in \Delta_{n}\right)
$$

The following crucial observation seems to be new.
Proposition 2.6. $E_{n}$ is a continuous concave approximately convex function on $\Delta_{n}$. In particular, $E_{n}$ is approximately affine, i.e.

$$
\begin{equation*}
\left|E_{n}(t x+(1-t) y)-t E_{n}(x)-(1-t) E_{n}(y)\right| \leq 1 \tag{7}
\end{equation*}
$$

for all $x, y \in \Delta_{n}$ and $t \in[0,1]$.
Proof. $E_{n}(t)=\sum_{i=1}^{n+1} \phi\left(t_{i}\right)$ is a sum of concave functions (by Lemma 2.5) and so $E_{n}$ is concave. For $x=\left(x_{i}\right)_{i=1}^{n+1}$ and $y=\left(y_{i}\right)_{i=1}^{n+1}$ in $\Delta_{n}$ and $t \in[0,1]$, we can use Lemma 2.5 for the first inequality to get

$$
\begin{aligned}
E_{n}(t x+(1-t) y)-t & E_{n}(x)-(1-t) E_{n}(y) \\
& =\sum_{i=1}^{n+1}\left(\phi\left(t x_{i}+(1-t) y_{i}\right)-t \phi\left(x_{i}\right)-(1-t) \phi\left(y_{i}\right)\right) \\
& \leq \sum_{i=1}^{n+1}\left(\phi(t) x_{i}+\phi(1-t) y_{i}\right) \\
& =\phi(t) \sum_{i=1}^{n+1} x_{i}+\phi(1-t) \sum_{i=1}^{n+1} y_{i} \\
& =\phi(t)+\phi(1-t)
\end{aligned}
$$

The function $\phi(t)+\phi(1-t)$ is concave and symmetric about $t=1 / 2$. Thus,

$$
\phi(t)+\phi(1-t) \leq 2 \phi(1 / 2)=1
$$

with equality in the last inequality only if $t=1 / 2$.
Remark 2.7. The fact that $E_{n}$ has the weaker property of being approximately Jensen-convex (which corresponds to setting $t=1 / 2$ in Definition 2.2) is well-known and has been observed by various authors, e.g. [12].

Note that the following theorem gives the sharp constant in the HyersUlam stability theorem when $n+1$ is a power of 2 .

Theorem 2.8. The constants $\kappa(n)$ satisfy the bounds

$$
\begin{equation*}
\log _{2}(n+1) \leq \kappa(n) \leq\left\lceil\log _{2}(n+1)\right\rceil \tag{8}
\end{equation*}
$$

In particular, $\kappa(n)=\log _{2}(n+1)$ when $n+1$ is a power of 2 .
Proof. The upper bound is due to Cholewa [5]. For the lower bound, since $E_{n} \in \mathcal{F}_{n}$, we have

$$
\kappa(n) \geq \max _{t \in \Delta_{n}} E_{n}(t)=E_{n}(1 /(n+1), \ldots, 1 /(n+1))=\log _{2}(n+1)
$$

Remark 2.9. Obviously, $\kappa(1)=1$. Green [8] showed that $\kappa(2)=5 / 3$. In a later paper we shall show that, for $n \geq 1$,

$$
\kappa(n)=\left[\log _{2}(n+1)\right]+2-\frac{2^{1+\left[\log _{2}(n+1)\right]}}{n+1},
$$

where $[x]$ is the greatest integer function. The proof is too long to be included here. The corresponding constants for bounded Jensen-convex functions were computed in [6].

## 3. Approximately convex sets

Theorem 3.1. let $X$ be an n-dimensional normed space. There is a least positive constant $C(X)$ such that

$$
\begin{equation*}
\mathcal{H}(A, \operatorname{Co}(A)) \leq C(X) \sup _{t \in[0,1]} \mathcal{H}(t A+(1-t) A, A) \tag{9}
\end{equation*}
$$

for every nonempty $A \subseteq X$. Moreover, $C(X)$ satisfies

$$
\begin{equation*}
\log _{2} n \leq C(X) \leq \kappa(n) \tag{10}
\end{equation*}
$$

In particular, $\log _{2} n \leq C(X) \leq\left\lceil\log _{2}(n+1)\right\rceil \leq \log _{2} n+1$.
Proof. We may assume that the right-hand side of (9) is finite, otherwise there is nothing to prove. Observe that the effect of replacing $A$ by $\lambda A$ is to multiply both sides of (9) by $|\lambda|$. So, by choosing $\lambda$ appropriately, we may assume that

$$
\sup _{t \in[0,1]} \mathcal{H}(t A+(1-t) A, A)=1
$$

The right-hand estimate for $C(X)$ is due to Casini and Papini [3]. For completeness we recall the proof. Let $f(x)=d(x, A)(x \in X)$. First note that $f$ is 1-Lipschitz and non-negative. To see that $f$ is
approximately convex, note that for $x, y \in X, a, b \in A$, and $t \in[0,1]$, we have

$$
\begin{aligned}
f(t x+(1-t) y) & =d(t x+(1-t) y, A) \\
& \leq\|(t x+(1-t) y)-(t a+(1-t) b)\| \\
& +d(t a+(1-t) b, A) \\
& \leq t\|x-a\|+(1-t)\|(y-b)\|+1 .
\end{aligned}
$$

Taking the infimum of this expression over all choices of $a$ and $b$ yields

$$
f(t x+(1-t) y) \leq t f(x)+(1-t) f(y)+1
$$

Now suppose that $x \in \operatorname{Co}(A)$. By Carathéodory's Theorem (see e.g. [18, Thm. 17.1]), $x=\sum_{i=1}^{n+1} t_{i} a_{i}$, a convex combination of $n+1$ elements $a_{i} \in A$. Then Lemma 2.4 yields

$$
f(x) \leq \sum t_{i} f\left(a_{i}\right)+\kappa(n)=\kappa(n)
$$

since $f(a)=0$ for all $a \in A$. The left-hand inequality uses the entropy functions $E_{n}$. Let $\left(e_{i}\right)_{i=0}^{n-1}$ be an Auerbach basis for $X$ (see e.g. [14, p. 16]). Recall that this means that

$$
\begin{equation*}
\max \left|a_{i}\right| \leq\left\|\sum_{i=0}^{n-1} a_{i} e_{i}\right\| \leq \sum_{i=0}^{n-1}\left|a_{i}\right| . \tag{11}
\end{equation*}
$$

for all scalars $a_{0}, \ldots, a_{n-1}$. Set $e_{n}=0$ so that $\operatorname{Co}\left\{e_{i}: 1 \leq i \leq n\right\}$ is an ( $n-1$ )-simplex. For each $M>0$, we define a set $A_{M}$ thus:

$$
A_{M}=\left\{M \sum_{i=1}^{n-1} t_{i} e_{i}+E_{n-1}\left(t_{1}, \ldots, t_{n}\right) e_{0}:\left(t_{i}\right)_{i=1}^{n} \in \Delta_{n-1}\right\}
$$

First let us verify that $A_{M}$ is approximately convex. Suppose that $0 \leq$ $t \leq 1$ and that $a=M \sum_{i=1}^{n-1} x_{i} e_{i}+E_{n-1}(x) e_{0}$ and $b=M \sum_{i=1}^{n-1} y_{i} e_{i}+$ $E_{n-1}(y) e_{0}$ belong to $A_{M}$, where $x=\left(x_{i}\right)_{i=1}^{n}$ and $y=\left(y_{i}\right)_{i=1}^{n}$ belong to $\Delta_{n-1}$. Then $c=M \sum_{i=1}^{n-1} z_{i} e_{i}+E_{n-1}(z) e_{0}$ also belongs to $A_{M}$, where $z=t x+(1-t) y$. Since $e_{0}$ is a unit vector and $E_{n-1}$ is approximately affine (7), we have

$$
\begin{aligned}
\| t a+(1-t) & b-c \| \\
& =\left|t E_{n-1}(x)+(1-t) E_{n-1}(y)-E_{n-1}(t x+(1-t) y)\right| \\
& \leq 1
\end{aligned}
$$

and so $A_{M}$ is approximately convex. Note that $x_{0}=(M / n) \sum_{i=1}^{n-1} e_{i} \in$ $\mathrm{Co}\left(A_{M}\right)$. We shall show that $d\left(x_{0}, A_{M}\right) \rightarrow \log _{2} n$ as $M \rightarrow \infty$. To see this, fix $\varepsilon>0$. By continuity of $E_{n-1}$ there exists $\alpha>0$ such that if
$\max _{1 \leq i \leq n-1}\left|t_{i}-1 / n\right| \leq \alpha$ then $E_{n-1}\left(t_{1}, \ldots, t_{n}\right) \geq \log _{2} n-\varepsilon$, whence by (11)

$$
\begin{aligned}
\left\|x_{0}-\left(M \sum_{i=1}^{n-1} t_{i} e_{i}+E_{n-1}\left(t_{1}, \ldots, t_{n}\right) e_{0}\right)\right\| & \geq E_{n-1}\left(t_{1}, \ldots, t_{n}\right) \\
& \geq \log _{2} n-\varepsilon
\end{aligned}
$$

Now suppose, on the other hand, that $\max _{1 \leq i \leq n-1}\left|t_{i}-1 / n\right| \geq \alpha$. By (11)

$$
\begin{aligned}
\left\|x_{0}-\left(M \sum_{i=1}^{n-1} t_{i} e_{i}+E_{n-1}\left(t_{1}, \ldots, t_{n}\right) e_{0}\right)\right\| & \geq M \max _{1 \leq i \leq n-1}\left|t_{i}-1 / n\right| \\
& \geq M \alpha \rightarrow \infty
\end{aligned}
$$

as $M \rightarrow \infty$. Thus, for all sufficiently large $M$, we have $d\left(x_{0}, A_{M}\right) \geq$ $\log _{2} n-\varepsilon$. Since $\varepsilon>0$ is arbitrary, this gives the lower bound $C(X) \geq$ $\log _{2} n$.
For large $n$ the lower bound $C(X) \geq \log _{2} n$ is actually attained for certain Euclidean spaces (e.g. for $X=\mathbb{R}^{16}$ ).
Theorem 3.2. Suppose that $n=2^{k}$, where $k \geq 4$. Then $C\left(\mathbb{R}^{n}\right)=$ $\log _{2} n$.

Proof. For $n=2^{k}$, we have $\kappa(n-1)=\log _{2} n$. The argument used to prove Theorem 3.7 of [6] (too lengthy to recall here) shows that the result will follow provided $n=2^{k}$ is large enough to ensure that

$$
\kappa(n-1) \geq \frac{\sqrt{2 n}(\sqrt{2 n}+\sqrt{n-1})}{n+1} .
$$

This holds for $k \geq 4$.
Remark 3.3. The calculation of $C\left(\mathbb{R}^{n}\right)$ for small $n$ seems problematic. Clearly $C(\mathbb{R})=1$, and examples show that $C\left(\mathbb{R}^{2}\right)>1.37$. In [6] the corresponding constants for approximately Jensen-convex sets in $\mathbb{R}^{n}$ were computed in all dimensions.

Before turning to infinite-dimensional spaces, let us make the following definition (the analogue of Definition 2.1).
Definition 3.4. Let $\varepsilon>0$. A set $A \subseteq X$ is $\varepsilon$-convex if

$$
d(t a+(1-t) b, A) \leq \varepsilon
$$

for all $a, b \in A$.
Theorem 3.5. Let $X$ be an infinite-dimensional normed space. There exists an approximately convex set $A \subseteq X$ such that $\mathcal{H}(A, \operatorname{Co}(A))=\infty$.

Proof. We shall use the following consequence of Theorem 3.1. Let $\varepsilon>0$ and $M>0$. Then every normed space of sufficiently large dimension contains a compact $\varepsilon$-convex set $A$ such that $\mathcal{H}(A, \mathrm{Co}(A))>$ M. Using this fact repeatedly, a routine argument (cf. [14, p. 4]) shows that $X$ contains a subspace $Y$ with a finite-dimensional decomposition $\sum_{n=1}^{\infty} \oplus F_{n}$ and sets $A_{n} \subseteq F_{n}(n \geq 1)$ such that $A_{n}$ is a $2^{-n}$-convex set containing zero and $\mathcal{H}\left(A_{n}, \operatorname{Co}\left(A_{n}\right)\right)>n$. Let $A$ be the collection of all vectors of the form $\sum_{n} x_{n}$, where $x_{n} \in A_{n}$ and only finitely many of the $x_{n}$ 's are nonzero.

First let us verify that $A$ is approximately convex. Suppose that $x=\sum_{n} x_{n}$ and $y=\sum_{n} y_{n}$ are in $A$ and that $0 \leq t \leq 1$. Since $A_{n}$ is $2^{-n_{-}}$ convex and compact, there exists $z_{n} \in A_{n}$ with $\left\|z_{n}-\left(t x_{n}+(1-t) y_{n}\right)\right\| \leq$ $2^{-n}$. Moreover, we may choose the $z_{n}$ 's so that only finitely many are nonzero, ensuring that $z=\sum_{n} z_{n}$ belongs to $A$. By the triangle inequality

$$
\|z-(t x+(1-t) y)\| \leq \sum_{n}\left\|z_{n}-\left(t x_{n}+(1-t) y_{n}\right)\right\| \leq \sum_{n} 2^{-n}=1
$$

Let us verify that $\mathcal{H}(A, \operatorname{Co}(A))=\infty$. Since $\sum_{n=1}^{\infty} \oplus F_{n}$ is a finitedimensional decomposition, the natural projection maps from $\sum_{n=1}^{\infty} \oplus F_{n}$ onto $F_{n}$ are uniformly bounded in operator norm by $K$, say. Since $\mathcal{H}\left(A_{n}, \operatorname{Co}\left(A_{n}\right)\right)>n$, there exists $w_{n} \in \operatorname{Co}\left(A_{n}\right)$ such that $d\left(w_{n}, A_{n}\right) \geq n$, and since $A_{n} \subseteq F_{n}$, we have

$$
d\left(w_{n}, A\right) \geq(1 / K) d\left(w_{n}, A_{n}\right) \geq n / K
$$

Thus, $\mathcal{H}(A, \operatorname{Co}(A))=\infty$.
As an application of the last result we show that the Hyers-Ulam stability theorem (Theorem A above) fails rather dramatically in every infinite-dimensional normed space (cf. [3]).
Corollary 3.6. Let $X$ be an infinite-dimensional normed space. There exists a 1-Lipschitz approximately convex function $f: X \rightarrow \mathbb{R}$ with the following property. For all $M>0$ there exists $R>0$ such that for every convex function $g: B_{R}(X) \rightarrow \mathbb{R}$, we have

$$
\sup _{x \in B_{R}(X)}|f(x)-g(x)|>M
$$

In particular, $\sup \{|f(x)-g(x)|: x \in X\}=\infty$ for every convex function $g: X \rightarrow \mathbb{R}$.

Proof. Using the notation of Theorem 3.5, we prove that $f(x)=d(x, A)$ has the required property. It was shown in Theorem 3.1 that $f$ is approximately convex and 1-Lipschitz. Choose $R$ so that $\operatorname{Co}\left(A_{n}\right) \subseteq$
$B_{R}(X)$. Suppose that $g: B_{R}(X) \rightarrow \mathbb{R}$ is a convex function satisfying $|g(x)-f(x)| \leq M$. Since $f(x)=0$ for all $x \in A_{n}$, it follows that $g(x) \leq M$ for all $x \in A_{n}$, and hence $g(x) \leq M$ for all $x \in \operatorname{Co}\left(A_{n}\right)$. But $f\left(w_{n}\right)>n$, and so $M>n / 2$.

Recall that a normed space $X$ is $B$-convex if $X$ does not 'contain $\ell_{1}^{n}$ 's uniformly', i.e., if there exist $n \geq 2$ and $\alpha>0$ such that

$$
\min _{ \pm}\left\|\sum_{i=1}^{n} \pm x_{i}\right\| \leq n-\alpha
$$

for all $x_{i} \in B(X)(1 \leq i \leq n)$.
For general normed spaces, Corollary 3.6 is close to optimal in view of the following positive result on the approximation of Lipschitz $\varepsilon$ convex functions on bounded sets from [4]. (Here $(\mathrm{a}) \Rightarrow(\mathrm{c})$ is $[4$, Thm. 1] and $(\mathrm{b}) \Rightarrow(\mathrm{a})$ is implicit in [4, Props. 1,2]. The other implication $(\mathrm{c}) \Rightarrow(\mathrm{b})$ is trivial.)

Theorem B. [4] Let $X$ be a normed space. The following are equivalent:
(a) $X$ is B-convex;
(b) there exist $k<1 / 2$ and $\alpha>0$ such that for every $\varepsilon<\alpha$ and for every $\varepsilon$-convex 1-Lipschitz function $f: B(X) \rightarrow \mathbb{R}$ there exists a convex function $g: B(X) \rightarrow \mathbb{R}$ such that

$$
|g(x)-f(x)| \leq k \quad(x \in B(X))
$$

(c) there exist $c>0$ and $\alpha>0$ such that for every $\varepsilon<\alpha$ and for every $\varepsilon$-convex 1-Lipschitz function $f: B(X) \rightarrow \mathbb{R}$ there exists a convex function $g: B(X) \rightarrow \mathbb{R}$ such that

$$
|g(x)-f(x)| \leq c \varepsilon \log _{2}(1 / \varepsilon) \quad(x \in B(X))
$$

Remark 3.7. Condition (b) of this result is very pertinent to Section 7 below, where we prove (Corollary 7.13) that for $X=C(0,1)$ there is no constant $k<1$ such that (b) holds. This is clearly an optimal result since every 1-Lipschitz function $f$ on $B(X)$ satisfies $|f(x)-c| \leq 1$, where $c=(\inf f+\sup f) / 2$, i.e. (b) holds for $k=1$.

## 4. Diameter of approximately convex sets

Our next goal is to prove that every $n$-dimensional normed space contains a "bad" approximately convex set (that is, $\mathcal{H}(A, \operatorname{Co}(A)) \geq$ $\left.\log _{2}(n+1)-\varepsilon\right)$ of diameter $O\left(\sqrt{n}(\log n)^{2}\right)$. In the next section we shall prove that for Euclidean spaces this estimate for the diameter is fairly sharp.

For two isomorphic Banach spaces $X$ and $Y$ recall that their BanachMazur distance $d(X, Y)$ is defined thus:

$$
d(X, Y)=\inf \left\{\|T\|\left\|T^{-1}\right\|: T: X \rightarrow Y \text { is an isomorphism }\right\} .
$$

Theorem 4.1. Let $\varepsilon \in(0,3)$. For all sufficiently large $n$ and all normed spaces $X$ of dimension $n$ there exists an approximately convex set $A \subseteq X$ such that

$$
\begin{equation*}
\mathcal{H}(A, \operatorname{Co}(A)) \geq \log _{2} n-\varepsilon \tag{12}
\end{equation*}
$$

and

$$
\begin{equation*}
\operatorname{diam}(A) \leq \frac{25}{\varepsilon}\left(\log _{2} n\right)^{2} d\left(X, \ell_{1}^{n}\right) \tag{13}
\end{equation*}
$$

Proof. In order to simplify notation we shall prove the result for all normed spaces $X$ of dimension $n+1$ (with $n+1$ replacing $n$ in (12) and (13)). Note that $X$ contains a subspace $Z$ of codimension one such that $d\left(Z, \ell_{1}^{n}\right) \leq d\left(X, \ell_{1}^{n+1}\right)\left(\right.$ since $\ell_{1}^{n+1}$ contains subspaces isometric to $\left.\ell_{1}^{n}\right)$. Let $F$ be a linear functional in $X^{*}$ of unit norm such that $Z=\operatorname{ker}(F)$. Let $e_{0}$ be an unit vector in $X$ which is normed by $F$, i.e., such that $F\left(e_{0}\right)=\left\|e_{0}\right\|=1$. Note that by the triangle inequality

$$
\begin{equation*}
\left\|z+\lambda e_{0}\right\| \geq \max (\|z\|-|\lambda|,|\lambda|) \geq \max \left(\frac{\|z\|}{2},|\lambda|\right) \tag{14}
\end{equation*}
$$

for all $z \in Z(=\operatorname{ker}(F))$ and $\lambda \in \mathbb{R}$. Since $d\left(Z, \ell_{1}^{n}\right) \leq d\left(X, \ell_{1}^{n+1}\right), Z$ has a basis $\left(e_{k}\right)_{k=1}^{n}$ satisfying

$$
\begin{equation*}
\sum_{k=1}^{n}\left|a_{k}\right| \leq\left\|\sum_{k=1}^{n} a_{k} e_{k}\right\| \leq d\left(X, \ell_{1}^{n+1}\right) \sum_{k=1}^{n}\left|a_{k}\right| \tag{15}
\end{equation*}
$$

for all choices of scalars $\left(a_{k}\right)_{k=1}^{n}$. For each $M>0$, define $A_{M} \subseteq X$ by

$$
A_{M}=\left\{M\left(\sum_{k=1}^{n} t_{k} e_{k}\right)+E_{n-1}\left(t_{1}, \ldots, t_{n}\right) e_{0}:\left(t_{1}, \ldots, t_{n}\right) \in \Delta_{n-1}\right\}
$$

It was proved in Theorem 3.1 that $A_{M}$ is approximately convex for all choices of $M$. Observe also that

$$
x_{0}=\frac{M}{n} \sum_{k=1}^{n} e_{k} \in \operatorname{Co}\left(A_{M}\right) .
$$

In order to verify (12), it suffices to show that

$$
d\left(x_{0}, A_{M}\right) \geq \log _{2}(n+1)-\varepsilon
$$

for a suitable choice of $M$. To that end, fix $\alpha \in(0,1)$ and fix $y=$ $M\left(\sum_{k=1}^{n} t_{k} e_{k}\right)+\left(\sum_{k=1}^{n} t_{k} \log _{2}\left(1 / t_{k}\right)\right) e_{0} \in A_{M}$. Let

$$
B_{1}=\left\{k: t_{k} \geq(1+\alpha) / n\right\}, \quad B_{2}=\left\{k: t_{k}<(1+\alpha) / n\right\},
$$

and set $\mu\left(B_{i}\right)=\sum_{k \in B_{i}} t_{k}(i=1,2)$. Then, by (14) for the first inequality and the left-hand side of (15) for the second, we have

$$
\begin{aligned}
\left\|y-x_{0}\right\| & =\left\|\sum_{1}^{n} M\left(t_{k}-(1 / n)\right) e_{k}+\left(\sum_{k=1}^{n} t_{k} \log _{2}\left(1 / t_{k}\right)\right) e_{0}\right\| \\
& \geq \max \left(\frac{1}{2}\left\|\sum_{1}^{n} M\left(t_{k}-(1 / n)\right) e_{k}\right\|, \sum_{k=1}^{n} t_{k} \log _{2}\left(1 / t_{k}\right)\right) \\
& \geq \max \left(\frac{M}{2} \sum_{1}^{n}\left|t_{k}-(1 / n)\right|, \sum_{k=1}^{n} t_{k} \log _{2}\left(1 / t_{k}\right)\right) \\
& \geq \max \left(\sum_{k \in B_{1}} \frac{M}{2}\left|t_{k}-(1 / n)\right|, \sum_{k \in B_{2}} t_{k}\left|\log _{2}\left(t_{k}\right)\right|\right) \\
& \geq \max \left(\frac{M}{2}\left(\frac{\alpha}{2} \sum_{k \in B_{1}} t_{k}\right),\left(\sum_{k \in B_{2}} t_{k}\right)\left(\log _{2} n-\log _{2}(1+\alpha)\right)\right)
\end{aligned}
$$

$\left(\right.$ since $t_{k}-(1 / n) \geq(\alpha /(1+\alpha)) t_{k} \geq(\alpha / 2) t_{k}$ for $\left.k \in B_{1}\right)$

$$
\geq \max \left(\frac{M \alpha}{4} \mu\left(B_{1}\right),\left(\log _{2} n-(3 \alpha / 2)\right) \mu\left(B_{2}\right)\right)
$$

where at the last step we use the fact that $\log _{2}(1+\alpha) \leq 3 \alpha / 2$ for $\alpha \in[0,1]$. Now set $M=4\left(\log _{2} n\right)^{2} / \alpha$. There are two cases to consider. First, if $\mu\left(B_{2}\right) \geq 1-\alpha / \log _{2} n$, then

$$
\begin{aligned}
\left\|y-x_{0}\right\| \geq\left(\log _{2} n-\right. & \left.\frac{3 \alpha}{2}\right) \mu\left(B_{2}\right) \\
& \geq\left(\log _{2} n-\frac{3 \alpha}{2}\right)\left(1-\frac{\alpha}{\log _{2} n}\right) \geq \log _{2} n-\frac{5 \alpha}{2}
\end{aligned}
$$

Secondly, if $\mu\left(B_{1}\right) \geq \alpha / \log _{2} n$, then

$$
\left\|y-x_{0}\right\| \geq \frac{M}{4} \frac{\alpha}{\log _{2} n}=\log _{2} n
$$

Hence $\left\|y-x_{0}\right\| \geq \log _{2} n-(5 \alpha / 2)$. Setting $\alpha=\varepsilon / 3$ we see that (12) is satisfied (with $n$ replaced by $n+1$ ) by $A=A_{M}$ whenever $n$ is large enough to ensure that $\log _{2}(n+1)-\log _{2}(n) \leq \alpha / 2$. Finally, the righthand side of (15) yields

$$
\begin{aligned}
\operatorname{diam}(A) & \leq 2 d\left(X, \ell_{1}^{n+1}\right) M+\log _{2} n \\
& \leq d\left(X, \ell_{1}^{n+1}\right)\left(4\left(\log _{2} n\right)^{2} / \alpha\right)+\log _{2} n \\
& \leq 25\left(\log _{2} n\right)^{2} d\left(X, \ell_{1}^{n+1}\right) / \varepsilon
\end{aligned}
$$

for all sufficiently large $n$, and so $A$ satisfies condition (13).
Since $d\left(\ell_{p}^{n}, \ell_{1}^{n}\right)=n^{(p-1) / p}$ for $1 \leq p \leq 2$, we get the following corollary.
Corollary 4.2. Let $1<p \leq 2$ and let $\varepsilon \in(0,3)$. For all sufficiently large $n$ there exists an approximately convex set $A \subseteq \ell_{p}^{n}$ such that

$$
\mathcal{H}(A, \operatorname{Co}(A)) \geq \log _{2} n-\varepsilon
$$

and

$$
\operatorname{diam}(A) \leq \frac{25}{\varepsilon} n^{(p-1) / p}\left(\log _{2} n\right)^{2}
$$

Remark 4.3. For $p=2$, a much stronger result will be proved in the next section.

For $p=1$, we may reduce the exponent of $\log _{2} n$.
Proposition 4.4. Let $\varepsilon \in(0,2)$. For all sufficiently large $n$ there exists an approximately convex set $A \subset \ell_{1}^{n}$ such that

$$
\begin{equation*}
\mathcal{H}(A, \operatorname{Co}(A)) \geq \log _{2} n-\varepsilon \tag{16}
\end{equation*}
$$

and

$$
\begin{equation*}
\operatorname{diam}(A) \leq\left(\frac{8}{\varepsilon}+1\right) \log _{2} n \tag{17}
\end{equation*}
$$

Proof. Setting $X=\ell_{1}^{n+1}$, we follow Theorem 4.1 taking advantage of some simplifications in the proof which we now indicate. First, we may choose $\left(e_{0}, \ldots, e_{n}\right)$ to be the standard unit vector basis of $\ell_{1}^{n+1}$, so that (14) becomes simply $\left\|z+\lambda e_{0}\right\|=\|z\|+|\lambda|$, for all $z=\sum_{i=1}^{n} a_{i} e_{i} \in Z$. The estimate for $\left\|y-x_{0}\right\|$ then becomes

$$
\left\|y-x_{0}\right\| \geq\left(\frac{M \alpha}{2} \mu\left(B_{1}\right)+\left(\log _{2} n-(3 \alpha / 2)\right) \mu\left(B_{2}\right)\right)
$$

Setting $M=2\left(\log _{2} n\right) / \alpha$, we obtain

$$
\left\|y-x_{0}\right\| \geq\left(\log _{2} n-\frac{3 \alpha}{2}\right)\left(\mu\left(B_{1}\right)+\mu\left(B_{2}\right)\right)=\log _{2} n-\frac{3 \alpha}{2}
$$

Setting $\alpha=\varepsilon / 2$ we see that (16) is satisfied (with $n$ replaced by $n+1$ ) by $A=A_{M}$ whenever $n$ is large enough to ensure that $\log _{2}(n+1)$ $\log _{2}(n) \leq \alpha / 2$. Finally,

$$
\operatorname{diam}(A) \leq 2 M+\log _{2} n \leq\left(\frac{4}{\alpha}+1\right) \log _{2} n
$$

which yields (17).

Remark 4.5. In particular, $\ell_{1}^{n}$ contains "bad" approximately convex sets of "small" diameter $O(\log n)$. Indeed, the trivial lower bound

$$
\operatorname{diam}(A) \geq \mathcal{H}(A, \operatorname{Co}(A)) \geq \log _{2} n-\varepsilon
$$

shows that the diameter must grow at least logarithmically with $n$.
Finally, we come to the main result of this section.
Theorem 4.6. Let $\varepsilon \in(0,6)$. For all sufficiently large $n$ and all normed spaces $X$ of dimension $n$ there exists an approximately convex set $A \subseteq X$ such that

$$
\begin{equation*}
\mathcal{H}(A, \operatorname{Co}(A)) \geq \log _{2} n-\varepsilon \tag{18}
\end{equation*}
$$

and

$$
\begin{equation*}
\operatorname{diam}(A) \leq \frac{K\left(\log _{2} n\right)^{2} \sqrt{n}}{\varepsilon^{3}} \tag{19}
\end{equation*}
$$

where $K$ is an absolute constant.
Proof. Fix $\theta \in(0,1)$. Bourgain and Szarek [1] (cf. also [19]) proved that every $n$-dimensional normed space $X$ contains a subspace $Y$, with $\operatorname{dim} Y=k>[\theta n]$, satisfying

$$
\begin{equation*}
d\left(Y, \ell_{1}^{k}\right) \leq C(1-\theta)^{-2} \sqrt{n} \tag{20}
\end{equation*}
$$

where $C$ is a constant. Set $\theta=1-\varepsilon / 6$. Then, for $\varepsilon<1$,

$$
\begin{equation*}
\log _{2} k \geq \log _{2} n-\log _{2}(1 / \theta) \geq \log _{2} n-\varepsilon / 2 \tag{21}
\end{equation*}
$$

Applying Theorem 4.1 to $Y$ and to $\varepsilon / 2$ yields an approximately convex set $A \subseteq Y$ satisfying (18) (from (21) and (12)) and (19) (from (20) and (13)).

## 5. Bounds in Euclidean spaces

In this section we prove that the "bad" approximately convex sets constructed in Theorem 4.6 necessarily have diameter larger than $0.76 \sqrt{n}$ in $n$-dimensional Euclidean spaces when $n$ is large. The proof uses only elementary geometry. Along the way we prove a result about Hilbert space (Theorem 5.2) which may be of independent interest because of its sharp constants. We also improve the upper bound of Corollary 4.2 by constructing a nearly extremal approximately convex set in $\mathbb{R}^{n}$ of diameter $O(\sqrt{n \log n})$.

Recall that a simplex $\Sigma \subseteq \mathbb{R}^{n}$ is regular if its edges all have the same Euclidean length.

Lemma 5.1. Let $\Sigma$ be an n-simplex which contains the origin in its interior and whose vertices lie on the Euclidean unit sphere $S^{n-1}$. For each $0 \leq k \leq n-1$ there exists a $k$-face $F_{k}$ of $\Sigma$ such that

$$
d\left(0, F_{k}\right) \leq \alpha_{n, k}=\sqrt{\frac{n-k}{n(k+1)}},
$$

with equality if $\Sigma$ is a regular simplex.
Proof. First we prove the result for $k=n-1$. Let $V$ be one of the vertices for which the corresponding barycentric coordinate of the origin is at most $1 /(n+1)$. Let the line segment through the origin joining $V$ to the opposite $(n-1)$-face $F$ intersect $F$ in a point $P$, say. Then the origin divides the line joining $V$ to $P$ into two segments bearing a ratio of not less than $n$ to 1 . Since $V$ lies on the unit sphere, it follows that $d(0, P) \leq 1 / n$. Thus, $d(0, F) \leq 1 / n=\alpha_{n, n-1}$, which completes the proof for the case $k=n-1$.

The proof for $0<k<n-1$ is by induction on $n$. Suppose that the result holds for $n-1$ and for $0<k<n-1$. Let $F_{n-1}$ be an ( $n-1$ )-face of $\Sigma$ nearest to the origin and let $Q$ be the point in $F_{n-1}$ nearest to the origin. Then $0 \leq d=d(0, Q)=d\left(0, F_{n-1}\right) \leq 1 / n$. The largest Euclidean ball inscribed in $\Sigma$ with center the origin touches $F_{n-1}$ at $Q$. Hence $Q$ is in the interior of the $(n-1)$-simplex $F_{n-1}$ whose vertices lie on the ( $n-2$ )-sphere with center $Q$ and radius $\sqrt{1-d^{2}}$. Fix $0<k<n-1$. By the inductive hypothesis applied to $Q$ and $F_{n-1}$ there exists a $k$-face $F_{k}$ of $F_{n-1}$ such that

$$
d\left(Q, F_{k}\right) \leq \alpha_{n-1, k} \sqrt{1-d^{2}}
$$

So

$$
d\left(0, F_{k}\right)^{2}=d(0, Q)^{2}+d\left(Q, F_{k}\right)^{2} \leq d^{2}+\left(1-d^{2}\right) \alpha_{n-1, k}^{2},
$$

where $0 \leq d \leq 1 / n$. The right-hand side is greatest when $d=1 / n$, which gives

$$
d\left(0, F_{k}\right)^{2} \leq \frac{1}{n^{2}}+\left(1-\frac{1}{n^{2}}\right) \alpha_{n-1, k}^{2}=\alpha_{n, k}^{2}
$$

The following theorem is perhaps of independent interest because of the sharp constants.

Theorem 5.2. Let $\left(x_{i}\right)_{i=1}^{n+1}$ be elements from the unit ball of a Hilbert space $H$ and suppose that $0 \in \operatorname{Co}\left(\left\{x_{i}: 1 \leq i \leq n+1\right\}\right)$. For each
$1 \leq j \leq n$, there exists $J \subseteq\{i: 1 \leq i \leq n+1\}$ such that $|J|=j$ and

$$
d\left(0, \mathrm{Co}\left(\left\{x_{i}: i \in J\right\}\right)\right) \leq \sqrt{\frac{n+1-j}{n j}} .
$$

Proof. By slightly perturbing the elements, if necessary, we may assume that the set $\left\{x_{i}: 1 \leq i \leq n+1\right\}$ is affinely independent and that the origin lies in the interior of the simplex $\operatorname{Co}\left(\left\{x_{i}: 1 \leq i \leq n+1\right\}\right)$. Let $y_{i}=x_{i} /\left\|x_{i}\right\|$. Clearly,

$$
d\left(0, \operatorname{Co}\left(\left\{x_{i}: i \in A\right\}\right)\right) \leq d\left(0, \operatorname{Co}\left(\left\{y_{i}: i \in A\right\}\right)\right)
$$

for all $A \subseteq\{i: 1 \leq i \leq n+1\}$. Now Lemma 5.1 applied to the simplex $\Sigma$ with vertices $\left\{y_{i}: 1 \leq i \leq n+1\right\}$ yields the desired result.

Theorem 5.3. Suppose that $A \subseteq \mathbb{R}^{n}$ is approximately convex and satisfies $\mathcal{H}(A, \operatorname{Co}(A)) \geq \log _{2} n-1$. Then, for any integer $j$ with $1 \leq j \leq n$ we have

$$
\begin{equation*}
\operatorname{diam}(A) \geq\left(\frac{\left(\log _{2} n-1-\left\lceil\log _{2} j\right\rceil\right) \sqrt{j}}{\sqrt{n-j+1}}\right) \sqrt{n} \tag{22}
\end{equation*}
$$

In particular, A satisfies the (nontrivial) lower bounds $\operatorname{diam}(A) \geq$ $0.7525 \sqrt{n}$ for all $n \geq 20$, and $\operatorname{diam}(A) \geq 0.768 \sqrt{n}$ for all sufficiently large $n$.

Proof. Assuming (as we may) that $A$ is compact, there exists $x_{0} \in$ $\operatorname{Co}(A)$ with $d\left(x_{0}, A\right) \geq \log _{2} n-1$. By translating $A$, we may assume that $x_{0}=0$. Thus, $0 \in \operatorname{Co}(A)$ and $d(0, A) \geq \log _{2} n-1$. The fact that $\operatorname{diam}(A)=D$ now implies that $\|x\| \leq D$ for all $x \in A$. By Carathéodory's Theorem, there exist $\left(x_{i}\right)_{i=1}^{n+1}$ in $A$ such that $0 \in$ $\operatorname{Co}\left(\left\{x_{i}: 1 \leq i \leq n+1\right\}\right)$. Let $1 \leq j \leq n$, then by Theorem 5.2 there exists $J \subseteq\{i: 1 \leq i \leq n+1\}$ such that $|J|=j$ and

$$
d\left(0, \operatorname{Co}\left(\left\{x_{i}: i \in J\right\}\right)\right) \leq\left(\sqrt{\frac{n-j+1}{n j}}\right) D=\left(\sqrt{\frac{n-j+1}{j}}\right) \frac{D}{\sqrt{n}}
$$

Let $y_{0}$ be the point in $\operatorname{Co}\left(\left\{x_{i}: i \in J\right\}\right)$ nearest the origin. Because $A$ is approximately convex, the function $d(x, A)$ is an approximately convex function which vanishes at each $x_{i}$. So, by Lemma $2.4, d\left(y_{0}, A\right) \leq$ $\kappa(j-1) \leq\left\lceil\log _{2} j\right\rceil$ for $2 \leq j \leq n$ and if $j=1$ then $y_{0} \in A$ and $d\left(y_{0}, A\right)=0=\left\lceil\log _{2} 1\right\rceil$. Thus $d\left(y_{0}, A\right) \leq\left\lceil\log _{2} j\right\rceil$ for $1 \leq j \leq n$. Therefore
$\log _{2} n-1 \leq d(0, A) \leq\left\|y_{0}\right\|+d\left(y_{0}, A\right) \leq\left(\sqrt{\frac{n-j+1}{j}}\right) \frac{D}{\sqrt{n}}+\left\lceil\log _{2} j\right\rceil$
which yields

$$
D \geq \frac{\left(\log _{2} n-1-\left\lceil\log _{2} j\right\rceil\right) \sqrt{j}}{\sqrt{n-j+1}} \sqrt{n}=f(j, n) \sqrt{n}
$$

where this defines $f(j, n)$. If $k$ is a non-negative integer with $2^{k} \leq n$ then $\left\lceil\log _{2} 2^{k}\right\rceil=k=\log _{2}\left(2^{k}\right)$. Therefore

$$
\begin{aligned}
f\left(2^{k}, n\right) & =\frac{\left(\log _{2} n-1-\log _{2} 2^{k}\right) \sqrt{2^{k}}}{\sqrt{n-2^{k}+1}}=\frac{\log _{2}\left(n / 2^{k}\right)-1}{\sqrt{\left(n / 2^{k}\right)-1+2^{-k}}} \\
& =F\left(n / 2^{k}\right)+r(k, n)
\end{aligned}
$$

where $F(\alpha)=\left(\log _{2}(\alpha)-1\right) /(\sqrt{\alpha-1})$ and $r(k, n) \rightarrow 0$ as $n, k \rightarrow \infty$. For each $n$ and $\alpha>0$ there is an integer $k$ so that $\alpha \leq n / 2^{k} \leq 2 \alpha$, and for $\alpha_{0}=9.109883742$

$$
\alpha_{0} \leq \alpha \leq 2 \alpha_{0} \quad \text { implies } \quad F(\alpha) \geq 0.76811996
$$

Therefore if $n$ is sufficiently large and $k$ is chosen so that $\alpha_{0} \leq n / 2^{k} \leq$ $2 \alpha_{0}$ then

$$
\max _{1 \leq j \leq n} f(j, n) \geq f\left(2^{k}, n\right) \geq 0.768
$$

and thus $D \geq 0.768 \sqrt{n}$.
For any $n$ and $k \geq 1$

$$
f\left(2^{k}, n\right) \geq \frac{\log _{2}\left(n / 2^{k}\right)-1}{\sqrt{\left(n / 2^{k}\right)-1+1 / 2^{1}}}=G\left(n / 2^{k}\right)
$$

where $G(\beta)=\left(\log _{2}(\beta)-1\right) / \sqrt{\beta-1 / 2}$. If $\beta_{0}=9.919205826$, then $\beta_{0} \leq \beta \leq 2 \beta_{0}$ implies $G(\beta) \geq 0.7525$. Now assume that $n \geq 20$, and that $\beta_{0} \leq n / 2^{k} \leq 2 \beta_{0}$. Then $1.008<20 /\left(2 \beta_{0}\right) \leq n /\left(2 \beta_{0}\right) \leq 2^{k}$, so $k \geq 1$. Therefore the argument above implies that for $n \geq 20$ the bound $D \geq 0.7525 \sqrt{n}$ holds. For this lower bound to be nontrivial we also require $0.7525 \sqrt{n} \geq \log _{2} n-1$. However this holds for all $n \geq 1$ and so the lower bound on $D$ holds and is nontrivial for all $n \geq 20$.

Remark 5.4. A similar argument shows that there exists $\varepsilon>0$ such that if $A \subseteq \mathbb{R}^{n}$ is approximately convex and satisfies $\mathcal{H}(A, \operatorname{Co}(A)) \geq$ $\log _{2} n-\varepsilon$, then $\operatorname{diam}(A) \geq 1.16 \sqrt{n}$ for infinitely many $n$.

Finally, we improve the upper estimate for the diameter provided by Corollary 4.2.
Theorem 5.5. Let $\left(e_{i}\right)_{i=0}^{n}$ be the unit vector basis of $\ell_{2}^{n+1}$. Then, for $n \geq 4$ and $M=\sqrt{(2 / \ln 2) n \log _{2} n}$, the set

$$
A=\left\{M \sum_{t=1}^{n} t_{i} e_{i}+E_{n-1}\left(t_{1}, \ldots, t_{n}\right) e_{0}:\left(t_{1}, \ldots, t_{n}\right) \in \Delta_{n-1}\right\}
$$

is approximately convex and satisfies the following:

$$
\mathcal{H}(A, \operatorname{Co}(A))=\log _{2} n \quad \text { and } \quad \operatorname{diam}(A) \leq \frac{2}{\sqrt{\ln 2}} \sqrt{n \log _{2} n}+\log _{2} n
$$

Remark 5.6. Theorem 5.5 is a significant improvement on Corollary 4.2 as it eliminates the dependence on $\varepsilon$ and reduces the exponent of $\log n$ in the estimate for $\operatorname{diam}(A)$. When $n+1=2^{k}$, the set $A$ is very nearly extremal, since in this case $\mathcal{H}(A, \operatorname{Co}(A)) \leq \log _{2}(n+1)=C\left(\mathbb{R}^{n+1}\right)$ by Theorem 3.2.

The proof of this result is a consequence of the solution to a constrained optimization problem. Consider the following functional:

$$
I(y)=M^{2} \int_{0}^{n} y(x)^{2} d x+\left(\int_{0}^{n} \phi(y(x)) d x\right)^{2}
$$

where $y(x)$ is a non-negative function defined on the open interval $(0, n)$. (Recall that $\phi(t)=t \log _{2}(1 / t)$.) The problem is to minimize $I(y)$ subject to the following constraints on $y$ :

$$
0 \leq y \leq 1 \quad \text { and } \quad \int_{0}^{n} y(x) d x=1
$$

We prove in Lemma 5.10 below that, for $M^{2}=(2 / \ln 2) n \log _{2} n, I(y)$ is minimized by $y_{0}=(1 / n) \chi_{(0, n)}$.

Assuming this result, let us complete the proof of Theorem 5.5.
Proof of Theorem 5.5. Clearly,

$$
\mathcal{H}(A, \operatorname{Co}(A)) \leq \max _{t \in \Delta_{n-1}} E_{n-1}(t)=\log _{2} n .
$$

To establish the reverse inequality, we show that $d\left(x_{0}, A\right)=\log _{2} n$ for $x_{0}=(M / n) \sum_{i=1}^{n} e_{i}$. Observe that
$d\left(x_{0}, A\right)^{2}=\min \left\{M^{2} \sum_{i=1}^{n}\left(t_{i}-\frac{1}{n}\right)^{2}+E_{n-1}\left(t_{1}, \ldots, t_{n}\right)^{2}:\left(t_{1}, \ldots, t_{n}\right) \in \Delta_{n-1}\right\}$,
and also that

$$
M^{2} \sum_{i=1}^{n}\left(t_{i}-\frac{1}{n}\right)^{2}+E_{n-1}\left(t_{1}, \ldots, t_{n}\right)^{2}=g\left(t_{1}, \ldots, t_{n}\right)-\frac{M^{2}}{n},
$$

where

$$
g\left(t_{1}, \ldots, t_{n}\right)=M^{2} \sum_{i=1}^{n} t_{i}^{2}+\left(\sum_{i=1}^{n} \phi\left(t_{i}\right)\right)^{2} .
$$

Hence

$$
d\left(x_{0}, A\right)^{2}=\min \left\{g\left(t_{1}, \ldots, t_{n}\right):\left(t_{1}, \ldots, t_{n}\right) \in \Delta_{n-1}\right\}-\frac{M^{2}}{n}
$$

But $g\left(t_{1}, \ldots, t_{n}\right)=I(\tilde{g})$, where $\tilde{g}(x)=\sum_{k=1}^{n} t_{k} \chi_{[k-1, k)}$. (Note that $\tilde{g}(x)$ satisfies the constraints for the optimization problem.) Since $I(y)$ is minimized by $y_{0}=(1 / n) \chi_{(0, n)}$ (see Lemma 5.10), we get

$$
g\left(t_{1}, \ldots, t_{n}\right)=I(\tilde{g}) \geq I\left(y_{0}\right)=g(1 / n, \ldots, 1 / n)
$$

Hence

$$
d\left(x_{0}, A\right)^{2}=g(1 / n, \ldots, 1 / n)-\frac{M^{2}}{n}=\left(\log _{2} n\right)^{2}
$$

Thus, $\mathcal{H}(A, \operatorname{Co}(A)) \geq \log _{2} n$. The estimate for $\operatorname{diam}(A)$ is straightforward.

The next four lemmas solve the constrained optimization problem.
Lemma 5.7. Let $M>0$ and $n \geq 1$. There exists a right-continuous non-increasing function $y_{0}$ on $(0, n)$ which solves the constrained optimization problem.

Proof. Let $m$ be the infimum of $I(y)$ taken over all $y$ which satisfy the constraints. There exist $y_{n}(n \geq 1)$ satisfying the constraints such that $I\left(y_{n}\right) \rightarrow m$ as $n \rightarrow \infty$. By replacing each $y_{n}$ by its non-increasing rearrangement, we may assume that each $y_{n}$ is right-continuous and non-increasing. By Helly's selection theorem (see e.g. [15, p. 221]), we may also assume (by passing to a subsequence) that $y_{n}(x) \rightarrow \tilde{y}_{0}(x)$ pointwise. Since $0 \leq y_{n} \leq 1$, it follows from the Bounded Convergence Theorem that $\tilde{y}_{0}$ satisfies the constraints and that $I\left(\tilde{y}_{0}\right)=\lim _{n} I\left(y_{n}\right)=$ $m$. Finally, let $y_{0}$ be the right-continuous modification of $\tilde{y}_{0}$.

Lemma 5.8. There exists $\alpha \in(0,1)$ such that the set of values taken by $y_{0}$ is a subset of $\{0,1, \alpha\}$.
Proof. In the notation of Lemma 5.7, we may assume that $y_{k}$ is a step function minimizing $I(y)$ over all step functions of the form $\sum_{j=1}^{k} a_{j} \chi_{[(j-1) n / k, j n / k)}$ satisfying the constraints. A value $\lambda \in(0,1)$ taken by $y_{k}$ must satisfy the following Lagrange multiplier equation for a local minimum:

$$
\begin{equation*}
2 M^{2} \lambda+\left(2 \int_{0}^{n} \phi\left(y_{k}\right) d x\right) \phi^{\prime}(\lambda)=2 A \tag{23}
\end{equation*}
$$

where $A$ is a constant. It is easily seen that this equation has at most two roots in $(0,1)$. By the pointwise convergence of $y_{k}$ to $\tilde{y}_{0}$, it follows that $y_{0}$ takes at most two values in $(0,1)$. Therefore we may apply the method of Lagrange multipliers again to deduce that these values must also satisfy (23) (with $y_{k}$ replaced by $y_{0}$ ). Equivalently, setting $B=\int_{0}^{n} \phi\left(y_{0}\right) d x>0$,

$$
\begin{equation*}
M^{2} \lambda+B\left(\log _{2}(1 / \lambda)-(1 / \ln 2)\right)=A \tag{24}
\end{equation*}
$$

Suppose that there are two distinct roots, $\alpha$ and $\beta$, with $0<\alpha<\beta<$ 1 , and suppose that $y_{0}$ takes one of these values, $\alpha$ say, on an interval $J$. (The argument is similar if $y_{0}$ takes the value $\beta$.) Let $g$ take the value 0 on the complement of $J$, and the values 1 and -1 on the left-hand and right-hand halves of $J$, respectively. Since $\alpha \in(0,1)$, it follows that $y_{0}+\varepsilon g$ satisfies the constraints, provided $\varepsilon>0$ is sufficiently small. Moreover,

$$
I\left(y_{0}+\varepsilon g\right)=I\left(y_{0}\right)+|J|\left(M^{2}-\frac{B}{(\ln 2) \alpha}\right) \varepsilon^{2}+o\left(\varepsilon^{2}\right) .
$$

Since $y_{0}$ minimizes $I$,

$$
\begin{equation*}
M^{2}-\frac{B}{(\ln 2) \alpha} \geq 0 \tag{25}
\end{equation*}
$$

To derive a contradiction, suppose that $y_{0}$ also takes the value $\beta$ on an interval. Then, by the same argument,

$$
M^{2}-\frac{B}{(\ln 2) \beta} \geq 0
$$

Since (24) is satisfied by $\lambda=\alpha$ and $\lambda=\beta$, the Mean Value Theorem implies the existence of $\gamma \in(\alpha, \beta)$ such that

$$
M^{2}-\frac{B}{(\ln 2) \gamma}=0
$$

Thus,

$$
M^{2}-\frac{B}{(\ln 2) \alpha}<M^{2}-\frac{B}{(\ln 2) \gamma}=0 .
$$

But this contradicts (25). Thus, $y_{0}$ cannot take the value $\beta$, which completes the proof.

Lemma 5.9. Suppose that $n \geq 4$ and that

$$
5 n<M^{2} \leq \frac{2}{\ln 2} n \log _{2} n
$$

Then $y_{0}$ does not take the value 1 .
Proof. For $n \geq 4$, we have

$$
\begin{equation*}
I\left(y_{0}\right) \leq I\left(\frac{1}{n} \chi_{[0, n]}\right)=\frac{M^{2}}{n}+\left(\log _{2} n\right)^{2} \leq \frac{2}{\ln 2} \log _{2} n+\left(\log _{2} n\right)^{2}<\frac{M^{2}}{2} \tag{26}
\end{equation*}
$$

Suppose that $y_{0}$ takes the value 1 on $[0, x]$ and the nonzero value $k \in$ $(0,1)$ on an interval of length $(1-x) / k \leq n-x$. If $k \geq 1 / 2$ then
$I\left(y_{0}\right) \geq(1 / 2) M^{2}$, which contradicts (26). So we may assume that $k \in(0,1 / 2)$. Now

$$
I\left(y_{0}\right)=M^{2}(x+k(1-x))+\left((1-x) \log _{2}(1 / k)\right)^{2} .
$$

So

$$
\begin{aligned}
\frac{\partial I\left(y_{0}\right)}{\partial x} & =M^{2}(1-k)-2 \log _{2}(1 / k)^{2}(1-x) \\
& \geq \frac{M^{2}}{2}-2 \log _{2}(1 / k)^{2} k(n-x)
\end{aligned}
$$

(since $(1-x) \leq k(n-x))$

$$
\begin{aligned}
& \geq \frac{M^{2}}{2}-2\left(\max _{0 \leq k \leq 1 / 2} k \log _{2}(1 / k)^{2}\right) n \\
& \geq\left(\frac{5}{2}-\frac{8}{e^{2}(\ln 2)^{2}}\right) n>0
\end{aligned}
$$

Since $I\left(y_{0}\right)$ minimizes $I(y)$, it follows that $x=0$, as desired.
Lemma 5.10. Suppose that $n \geq 4$ and that $M^{2}=(2 / \ln 2) n \log _{2} n$. Then $y_{0}=(1 / n) \chi_{(0, n)}$ and $I\left(y_{0}\right)=2 \log _{2} n+\left(\log _{2} n\right)^{2}$.

Proof. By Lemma 5.9, $y_{0}$ takes only one nonzero value $k \in[1 / n, 1)$ on an interval of length $1 / k$. So $I\left(y_{0}\right)=M^{2} k+\left(\log _{2}(1 / k)\right)^{2}$. Thus,

$$
\begin{aligned}
\frac{\partial I\left(y_{0}\right)}{\partial k} & =M^{2}-\frac{2\left(\log _{2}(1 / k)\right)}{(\ln 2) k} \\
& =\frac{2}{\ln 2}\left(n \log _{2} n-\frac{1}{k} \log _{2}(1 / k)\right) \geq 0,
\end{aligned}
$$

with equality if and only if $k=1 / n$. Since $y_{0}$ minimizes $I(y)$, it follows that $k=1 / n$, which gives the result.

Remark 5.11. Setting $M^{2}=6 n$ in Lemma 5.10 yields an approximately convex set set $A \subset \mathbb{R}^{n+1}$ with $\operatorname{diam}(A)=O(\sqrt{n})$ and $\mathcal{H}(A, \operatorname{Co}(A)) \geq$ $\log _{2} n-c \log _{2} \log _{2} n$ for some constant $c$.

## 6. LOWER BOUNDS IN SPACES OF TYPE $p$

First we recall the notion of type. In the following definition $\left(\varepsilon_{i}\right)_{i=1}^{\infty}$ is a sequence of independent Bernoulli random variables, with $P\left(\varepsilon_{i}=\right.$ $1)=P\left(\varepsilon_{i}=-1\right)=1 / 2$, defined on a probability space $(\Omega, \Sigma, P)$. The expected value of a random variable $Y$ is denoted $\mathbb{E} Y$.

Definition 6.1. Let $1 \leq p \leq 2$. A normed space $X$ is of type $p$ if there exists a constant $T_{p}(X)$ (the 'type $p$ constant') such that

$$
\left(\mathbb{E}\left\|\sum_{i=1}^{n} \varepsilon_{i} x_{i}\right\|^{p}\right)^{1 / p} \leq T_{p}(X)\left(\sum_{i=1}^{n}\left\|x_{i}\right\|^{p}\right)^{1 / p}
$$

for all $n \geq 1$ and for all choices of $x_{i} \in X(1 \leq i \leq n)$.
The following theorem can be deduced from (and in fact is essentially equivalent to) $[3$, Thm. 3.6]. For completeness we give a short direct proof. We show in Corollary 6.6 below that the exponent of $(p-1) / p$ in this theorem is sharp.

Theorem 6.2. Let $1<p \leq 2$ and let $X$ be a normed space of type $p$. Suppose that $A \subseteq X$ is approximately convex. Let $D=\operatorname{diam}(A)$ and let $d=\mathcal{H}(A, \operatorname{Co}(A))$. Then, provided $d \geq 2$, we have

$$
\begin{equation*}
D \geq \frac{8^{1 / p}}{16 T_{p}(X)}\left(2^{d}\right)^{(p-1) / p} \tag{27}
\end{equation*}
$$

Proof. We may assume (cf. Theorem 5.3) that $0 \in \operatorname{Co}(A)$, that $d=$ $d(0, A)$, and that $\|a\| \leq D$ for all $a \in A$. Since $0 \in \operatorname{Co}(A)$ there exist $m \geq 1, a_{i} \in A$ and $p_{i}>0(1 \leq i \leq m)$, with $\sum_{i=1}^{m} p_{i}=1$ and $\sum_{i=1}^{m} p_{i} a_{i}=0$.

Let $\left(Y_{j}\right)_{j=1}^{\infty}$ be a sequence of independent identically distributed $X$ valued random variables defined by

$$
P\left(Y_{j}=a_{i}\right)=p_{i} \quad(1 \leq i \leq m)
$$

Then $\left\|Y_{j}(\omega)\right\| \leq D(\omega \in \Omega)$ and $\mathbb{E} Y_{j}=\sum_{i=1}^{m} p_{i} a_{i}=0$. Thus, [13, Prop. 9.11] yields (for each $n$ )

$$
\begin{aligned}
\left(\mathbb{E}\left\|\sum_{i=1}^{n} Y_{i}\right\|^{p}\right)^{1 / p} & \leq 2 T_{p}(X)\left(\sum_{i=1}^{n} \mathbb{E}\left\|Y_{i}\right\|^{p}\right)^{1 / p} \\
& \leq 2 T_{p}(X) n^{1 / p} D
\end{aligned}
$$

So there exist $b_{i}^{n} \in A(1 \leq i \leq n)$ with

$$
\begin{equation*}
\left\|\frac{1}{n} \sum_{i=1}^{n} b_{i}^{n}\right\| \leq 2 T_{p}(X) n^{(1-p) / p} D \tag{28}
\end{equation*}
$$

Since $A$ is approximately convex,

$$
d\left(\frac{1}{n} \sum_{i=1}^{n} b_{i}^{n}, A\right) \leq \kappa(n-1) \leq \log _{2} n+1 .
$$

So

$$
\begin{aligned}
d(0, A) & \leq\left\|\frac{1}{n} \sum_{i=1}^{n} b_{i}^{n}\right\|+d\left(\frac{1}{n} \sum_{i=1}^{n} b_{i}^{n}, A\right) \\
& \leq 2 T_{p}(X) n^{(1-p) / p} D+\log _{2} n+1
\end{aligned}
$$

Put $n=2^{[d]-2}$ (noting that $n \geq 1$ since $d \geq 2$ by assumption) so that $\log _{2} n+1 \leq d-1$. Then

$$
d=d(0, A) \leq 2 T_{p}(X) D\left(2^{d-3}\right)^{(1-p) / p}+d-1
$$

which yields (27).
Remark 6.3. (28) and its probabilistic proof are from [2]. It is proved in [2] that $X$ has the convex approximation property if and only if $X$ has type $p$ for some $p>1$. When $X$ is a Hilbert space, Theorem 5.2 above gave a deterministic proof of (28) with the sharp constants.

Corollary 6.4. Let $X$ be a Banach space. The following are equivalent:
(a) $X$ is $B$-convex;
(b) there exists $c>0$ such that for every approximately convex set $A \subseteq X$, we have

$$
\begin{equation*}
\operatorname{diam}(A) \geq c \exp (c \mathcal{H}(A, \operatorname{Co}(A))) \tag{29}
\end{equation*}
$$

Proof. It is known that $X$ is B-convex if and only if $X$ has type $p$ for some $p>1[17]$. Thus, $(\mathrm{a}) \Rightarrow(\mathrm{b})$ follows from Theorem 6.2. Now suppose that $X$ is not B-convex. By definition (see Section 3), $X$ contains 'almost isometric' copies of $\ell_{1}^{n}$ for all $n$. So by Remark 4.5 $X$ contains approximately convex sets $A_{n}$ such that $\mathcal{H}\left(A_{n}, \operatorname{Co}\left(A_{n}\right)\right) \geq$ $\log _{2} n-1$ and $\operatorname{diam}\left(A_{n}\right) \leq C \log _{2} n$, where $C$ is an absolute constant. Clearly, (29) cannot hold in $X$, and so (b) $\Rightarrow$ (a).
Remark 6.5. The above result is essentially equivalent to [3, Thm. 3.7], which was first obtained in [11].

The following corollary is a partial converse to Corollary 4.2. When combined with the latter it shows that the factor $n^{(p-1) / p}$ in Corollary 4.2 and the exponent of $(p-1) / p$ in Theorem 6.2 are both sharp.

Corollary 6.6. Let $1<p<\infty$. There exists a constant $c_{p}>0$ such that if $A \subseteq L_{p}(0,1)$ is approximately convex and satisfies $\mathcal{H}(A, \operatorname{Co}(A)) \geq \log _{2} n-1$, then

$$
\operatorname{diam}(A) \geq \begin{cases}c_{p} n^{(p-1) / p} & (1<p \leq 2) \\ c_{p} n^{1 / 2} & (2 \leq p<\infty)\end{cases}
$$

Proof. It is known that $L_{p}(0,1)$ has type $\min (p, 2)$. Setting $d=\log _{2} n-$ 1 in Theorem 6.2 gives the result.
7. $\operatorname{Sets}$ with $\operatorname{diam}(A)=\mathcal{H}(A, \operatorname{Co}(A))$

In this section we show that there exists an infinite-dimensional Banach space $Y$ such that for every prescribed diameter $D$ there exists an approximately convex set $A \subseteq Y$ such that $\operatorname{diam}(A)=\mathcal{H}(A, \operatorname{Co}(A))=$ $D$. This is clearly "worst possible". More precisely, we shall prove the following theorem.

Theorem 7.1. Let $M>0$. There exist a Banach space $(X,\|\cdot\|)$ that is linearly isomorphic to $\ell_{1}$ and an approximately convex set $A \subseteq B_{M}(X)$ such that $\mathcal{H}(A, \operatorname{Co}(A))=\operatorname{diam}(A)=2 M$.

First observe that Theorem 7.1 admits the following reformulation in terms of $\varepsilon$-convex sets.

Theorem 7.2. Let $\varepsilon>0$. There exist a Banach space $(X,\|\cdot\|)$ that is linearly isomorphic to $\ell_{1}$ and an $\varepsilon$-convex set $A^{\prime} \subseteq B(X)$ such that $\mathcal{H}\left(A^{\prime}, \operatorname{Co}\left(A^{\prime}\right)\right)=\operatorname{diam}\left(A^{\prime}\right)=2$ 。

Proof. Let $M=1 / \varepsilon$ and let $X$ and $A$ satisfy the conclusion of Theorem 7.1. Then $A^{\prime}=\varepsilon A$ has the required properties.

The following lemma is known [3], but for completeness we outline the proof.

Lemma 7.3. Suppose that $A \subseteq X$ is approximately Jensen-convex. Then $A$ is 2-convex. In particular, (1/2)A is approximately convex.

Proof. Let $f(x)=d(x, A)(x \in X)$. Then $f$ is a continuous approximately Jensen-convex function, i.e.

$$
f\left(\frac{x+y}{2}\right) \leq \frac{1}{2}(f(x)+f(y))+1 .
$$

By [16] $f$ is a 2-convex function, which implies that $A$ is a 2 -convex set.

Lemma 7.3 shows that Theorem 7.1 is equivalent to the following result.

Theorem 7.4. Let $M \in \mathbb{N}$. There exist a Banach space $(X,\|\cdot\|)$ that is linearly isomorphic to $\ell_{1}$ and an approximately Jensen-convex set $A \subseteq B_{M}(X)$ such that $\mathcal{H}(A, \operatorname{Co}(A))=\operatorname{diam}(A)=2 M$.

Remark 7.5. The restriction $M \in \mathbb{N}$ is made only to simplify notation in the proof. Clearly the result will hold for all $M>0$ by scaling.

The rest of the paper is devoted to the lengthy proof of Theorem 7.4. To construct the space $X$ appearing in the conclusion of the theorem, let us begin with the 'tree-like' combinatorial structure which will form a Schauder basis for $X$. Fix $M \in \mathbb{N}$. Let $L_{1}=\mathbb{N}$, and for $n>1$ define $L_{n}$ recursively as follows:

$$
L_{n}=\left\{(a, b): a \in L_{i}, b \in L_{j}, i+j=n, 1 \leq i, j<n\right\}
$$

Let $L=\cup_{n=1}^{\infty} L_{n}$, and, for $a \in L$, let $e_{a}$ denote the indicator function of $\{a\}$. For $R \subseteq L$, let $c_{00}(R)$ denote the vector subspace of $\ell_{\infty}(R)$ spanned by the set $\left\{e_{a}: a \in R\right\}$. For $x=\sum_{a \in L} \lambda_{a} e_{a} \in c_{00}$, let $\operatorname{supp}(a)=\left\{a \in L: \lambda_{a} \neq 0\right\}$

We introduce two norms, $\|\cdot\|_{1}$ and $\|\cdot\|_{1}^{\prime}$, on $c_{00}(L)$ :

$$
\left\|\sum_{a \in L} \lambda_{a} e_{a}\right\|_{1}=\sum_{a \in L}\left|\lambda_{a}\right|
$$

and

$$
\left\|\sum_{a \in L} \lambda_{a} e_{a}\right\|_{1}^{\prime}=M \sum_{a \in L_{1}}\left|\lambda_{a}\right|+\sum_{a \in L \backslash L_{1}}\left|\lambda_{a}\right| .
$$

Note that $\|\cdot\|_{1}$ is the usual $\ell_{1}$ norm and that $\|\cdot\|_{1}^{\prime}$ is a weighted $\ell_{1}$ norm with respect to the basis $\left\{e_{a}: a \in L\right\}$. A linear mapping $T: c_{00}(L) \rightarrow c_{00}(L)$ is defined (extending linearly) thus:

$$
T\left(e_{a}\right)= \begin{cases}0 & \text { if } a \in L_{1} \\ \frac{e_{b}+e_{c}}{2} & \text { if } a \in \cup_{n=2}^{\infty} L_{n} \text { and } a=(b, c) .\end{cases}
$$

Note that $T\left(c_{00}\left(L_{n}\right)\right) \subseteq c_{00}\left(\cup_{k=1}^{n-1} L_{k}\right)$ and that $T^{n}(x)=0$ for all $x \in$ $c_{00}\left(L_{n}\right)$. Hence $S=I-T$ is an invertible operator on $c_{00}(L)$ with inverse $S^{-1}=\sum_{k=0}^{\infty} T^{k}$. Note also that

$$
\sum_{a \in L} T(x)(a) \leq \sum_{a \in L} x(a)
$$

if $x(a) \geq 0$ for all $a \in A$, with equality if $\operatorname{supp}(x) \subset \cup_{n=2}^{\infty} L_{n}$.
Define a norm $\|\cdot\|$ on $c_{00}(L)$ thus:

$$
\|x\|=\inf \left\{M\|y\|_{1}+\left\|S^{-1}(z)\right\|_{1}^{\prime}: x=y+z\right\} \quad\left(x \in c_{00}(L)\right)
$$

Let $(X,\|\cdot\|)$ be the completion of $\left(c_{00}(L),\|\cdot\|\right)$ and let $A=\left\{e_{a}: a \in\right.$ $L\} \subseteq X$.

The verification that $X$ and $A$ satisfy the conclusion of Theorem 7.4 will be broken down into four lemmas.

Lemma 7.6. Suppose that $F \in B\left(X^{*}\right)$. Then the mapping $\phi: L \rightarrow \mathbb{R}$ defined by $\phi(a)=F\left(e_{a}\right)$ satisfies the following:
(a) $|\phi(a)| \leq M$ for all $a \in L$;
(b)

$$
\left|\phi(a)-\frac{\phi(b)+\phi(c)}{2}\right| \leq 1
$$

for all $a=(b, c) \in \cup_{n=2}^{\infty} L_{n}$.
Conversely, every $\phi$ which satisfies (a) and (b) corresponds to a unique $F \in B\left(X^{*}\right)$.

Proof. ¿From the definition of $\|\cdot\|$ we see that $F \in B\left(X^{*}\right)$ if and only if

$$
\begin{equation*}
|F(x)| \leq \min \left(M\|x\|_{1},\left\|S^{-1}(x)\right\|_{1}^{\prime}\right) \quad\left(x \in c_{00}(L)\right) \tag{30}
\end{equation*}
$$

Indeed, if $F$ satisfies (30), then for every $x \in c_{00}(L)$, we have

$$
\begin{aligned}
\|x\| & =\inf \left\{M\|y\|_{1}+\left\|S^{-1}(z)\right\|_{1}^{\prime}: x=y+z\right\} \\
& \geq \inf \{F(y)+F(z): x=y+z\}=F(x)
\end{aligned}
$$

and so $\|F\| \leq 1$. Conversely, if $\|F\| \leq 1$, then

$$
F(x) \leq\|x\| \leq \min \left(M\|x\|_{1},\left\|S^{-1}(x)\right\|_{1}^{\prime}\right),
$$

and (30) is satisfied.
The condition $|F(x)| \leq M\|x\|_{1}$ is clearly equivalent to (a). Since $\|\cdot\|_{1}$ is a weighted $\ell_{1}$ norm, the condition $|F(x)| \leq\left\|S^{-1}(x)\right\|_{1}^{\prime}$ is equivalent to the condition

$$
\begin{equation*}
\left|F\left(S\left(e_{a}\right)\right)\right| \leq\left\|e_{a}\right\|_{1}^{\prime} \quad(a \in L) \tag{31}
\end{equation*}
$$

Suppose that $a \in L_{1}$. Then $S\left(e_{a}\right)=e_{a}$ and $\left\|e_{a}\right\|_{1}^{\prime}=M$, and so (31) becomes $|\phi(a)| \leq M$. Now suppose that $a=(b, c) \in \cup_{n=2}^{\infty} L_{n}$. Then $S\left(e_{a}\right)=e_{a}-(1 / 2)\left(e_{b}+e_{c}\right)$ and $\left\|e_{a}\right\|_{1}^{\prime}=1$, and so (31) becomes

$$
\left|\phi(a)-\frac{\phi(b)+\phi(c)}{2}\right| \leq 1,
$$

and so (b) is satisfied. Conversely, if $\phi$ satisfies (a) and (b), then the mapping $F\left(e_{a}\right)=\phi(a)$ will extend linearly to an element of $B\left(X^{*}\right)$.

Remark 7.7. From the description of $X^{*}$ it follows that

$$
\frac{1}{2}\|x\|_{1} \leq\|x\| \leq M\|x\|_{1}
$$

So $(X,\|\cdot\|)$ is isomorphic to $\ell_{1}$ (and the Banach-Mazur distance from $X$ to $\ell_{1}$ is at most $\left.2 M\right)$.

Lemma 7.8. Suppose that $E \subseteq L$ has the property that whenever $a=$ $(b, c) \in E$, then $b, c \in E$. If $\phi_{0}: E \rightarrow[-M, M]$ satisfies

$$
\begin{equation*}
\left|\phi_{0}(a)-\frac{\phi_{0}(b)+\phi_{0}(c)}{2}\right| \leq 1 \tag{32}
\end{equation*}
$$

for all $a=(b, c) \in E$, then $\phi_{0}$ admits an extension $\phi: L \rightarrow[-M, M]$ satisfying

$$
\begin{equation*}
\left|\phi(a)-\frac{\phi(b)+\phi(c)}{2}\right| \leq 1 \tag{33}
\end{equation*}
$$

for all $a=(b, c) \in \cup_{n=2}^{\infty} L_{n}$.
Proof. We define $\phi$ recursively. First define $\phi$ from $L_{1}$ into $[-M, M]$ to be an arbitrary extension of the restriction of $\phi_{0}$ to $L_{1}$. Suppose that $n>1$ and that $\phi$ has been defined on $\cup_{k=1}^{n-1} L_{k}$ to extend the restriction of $\phi_{0}$ to $\cup_{k=1}^{n-1} L_{k}$. Let $a=(b, c) \in L_{n}$. Then $b, c \in \cup_{k=1}^{n-1} L_{k}$, and so $\phi(b)$ and $\phi(c)$ have already been defined. If $a \in E$, then $b, c \in E$, and so $\phi(b)=\phi_{0}(b)$ and $\phi(c)=\phi_{0}(c)$. It follows from (32) that (33) will be satisfied with $\phi(a)=\phi_{0}(a)$. If $a \notin E$, define $\phi(a)=(1 / 2)(\phi(b)+\phi(c))$, so that (33) is trivially satisfied. This completes the definition of $\phi$ on $L_{n}$.

Now fix $a \in L$ and let $E_{a}=\cup_{n=0}^{\infty} \operatorname{supp}\left(T^{n}\left(e_{a}\right)\right)\left(=\cup_{n=0}^{N-1} \operatorname{supp}\left(T^{n}\left(e_{a}\right)\right)\right.$ for $\left.a \in L_{N}\right)$. For $d \in E_{a}$, we define the $a$-order of $d$, denoted $\mathbf{o}_{a}(d)$, thus:

$$
\mathbf{o}_{a}(d)=\min \left\{n \geq 0: d \in \operatorname{supp}\left(T^{n}\left(e_{a}\right)\right)\right\}
$$

Lemma 7.9. Given $a \in L$, there exists $\phi: L \rightarrow[-M, M]$ satisfying (33) such that

$$
\begin{gather*}
\phi(d)=-M \quad\left(d \in L_{1} \backslash E_{a}\right),  \tag{34}\\
\phi(d)=\max \left(M-\mathbf{o}_{a}(d),-M\right) \quad\left(d \in L_{1} \cap E_{a}\right), \tag{35}
\end{gather*}
$$

and

$$
\begin{equation*}
\phi(d) \geq \max \left(M-\mathbf{o}_{a}(d),-M\right) \quad\left(d \in E_{a}\right) \tag{36}
\end{equation*}
$$

Proof. First we define a mapping $\phi_{0}: E_{a} \cup L_{1} \rightarrow[-M, M]$. If $d \in$ $L_{1} \backslash E_{a}$, let $\phi_{0}(d)=-M$, and if $d \in E_{a} \cap L_{1}$, let

$$
\phi_{0}(d)=\max \left(M-\mathbf{o}_{a}(d),-M\right)
$$

so that (34) and (35) are satisfied. Now extend to the rest of $E_{a}$ recursively as follows. Suppose that $n>1$ and that $\phi_{0}$ has been defined
on $E_{a} \cap\left(\cup_{k=0}^{n-1} L_{k}\right)$ to satisfy (33) and (36). Let $d \in E_{a} \cap L_{n}$. Then $d=(b, c)$ for some $b, c \in E_{a} \cap\left(\cup_{k=0}^{n-1} L_{k}\right)$. Define

$$
\phi_{0}(d)=\min \left(M, \frac{\phi_{0}(b)+\phi_{0}(c)}{2}+1\right) .
$$

If $\phi_{0}(d)=M$, then, as $\phi_{0}(b) \leq M$ and $\phi_{0}(c) \leq M$, we have

$$
\phi_{0}(d)=M \leq \frac{\phi_{0}(b)+\phi_{0}(c)}{2}+1 \leq \frac{M+M}{2}+1=M+1,
$$

so that

$$
\left|\phi_{0}(d)-\frac{\phi_{0}(b)+\phi_{0}(c)}{2}\right| \leq 1
$$

i.e., (33) is satisfied by $d=(b, c)$. Also, if $\phi_{0}(d)=M$, then (36) is trivially satisfied.

On the other hand, if $\phi_{0}(d)=\left(\phi_{0}(b)+\phi_{0}(c)\right) / 2+1$, then (33) is trivially satisfied by $d=(b, c)$. In order to verify (36), suppose that $\mathbf{o}_{a}(d)=k$. Then both $\mathbf{o}_{a}(b) \leq k+1$ and $\mathbf{o}_{a}(c) \leq k+1$. Moreover, both $b$ and $c$ satisfy (36) by the recursive hypothesis. Thus,

$$
\begin{aligned}
\phi_{0}(d) & =\frac{\phi_{0}(b)+\phi_{0}(c)}{2}+1 \\
& \geq \frac{\max \left(M-\mathbf{o}_{a}(b),-M\right)+\max \left(M-\mathbf{o}_{a}(c),-M\right)}{2}+1 \\
& \geq \frac{\max (M-(k+1),-M)+\max (M-(k+1),-M)}{2}+1 \\
& \geq \max (M-k,-M) \\
& =\max \left(M-\mathbf{o}_{a}(d),-M\right)
\end{aligned}
$$

Thus, (36) is satisfied by $d$, which completes the recursive definition of $\phi_{0}$. Now $\phi_{0}$ and $E_{a} \cup L_{1}$ (replacing $E$ ) satisfy the hypotheses of Lemma 7.8. Let $\phi$ be the extension of $\phi_{0}$ given by Lemma 7.8.

The following lemma completes the proof of Theorem 7.4.
Lemma 7.10. Let $A=\left\{e_{a}: a \in L\right\}$. Then $A$ satisfies the following:
(i) $A \subseteq B_{M}(X)$;
(ii) $A$ is approximately Jensen-convex;
(iii) $\mathcal{H}(A, \operatorname{Co}(A))=2 M$.

Proof. Suppose that $F \in B\left(X^{*}\right)$. By Lemma $7.6,\left|F\left(e_{a}\right)\right| \leq M$ for all $a \in A$, and so (i) follows from the Hahn-Banach Theorem. Suppose that $b, c \in A$. Then $a=(b, c) \in A$, and by Lemma 7.6

$$
\left|F\left(e_{a}\right)-F\left((1 / 2)\left(e_{b}+e_{c}\right)\right)\right| \leq 1
$$

which gives (ii). To prove (iii), note that (i) implies that $\operatorname{Co}(A) \subseteq$ $B_{M}(X)$ (since $B_{M}(X)$ is convex), and hence

$$
\mathcal{H}(A, \operatorname{Co}(A)) \leq \operatorname{diam}\left(B_{M}(X)\right)=2 M
$$

So it suffices to prove that $\mathcal{H}(A, \operatorname{Co}(A)) \geq 2 M$. Fix $N \geq 1$ and choose distinct elements $a_{1}, \ldots, a_{N} \in L_{1}$. We shall prove that

$$
d\left(\frac{1}{N} \sum_{k=1}^{N} e_{a_{k}}, A\right) \geq 2 M-\varepsilon_{N}
$$

where $\varepsilon_{N} \rightarrow 0$ as $N \rightarrow \infty$. Let $a \in L$. If $d \in E_{a}$ and $\mathbf{o}_{a}(d)=k$, then $T^{k}\left(e_{a}\right)(d) \geq 2^{-k}$. Since $\sum_{b \in L} T^{k}\left(e_{a}\right)(b) \leq 1$, it follows that $E_{k}=\{d \in$ $\left.L: \mathbf{o}_{a}(d)=k\right\}$ has cardinality at most $2^{k}$. Thus

$$
\left|\bigcup_{k=0}^{2 M-1} E_{k}\right| \leq \sum_{k=0}^{2 M-1} 2^{k}=2^{2 M}-1
$$

Let $\phi: L \rightarrow[-M, M]$ be the function associated to $a$ defined in Lemma 7.9, and let $F \in B\left(X^{*}\right)$ be the linear functional corresponding to $\phi$. If $a_{i} \in L_{1} \backslash E_{a}$, then $\phi\left(a_{i}\right)=-M$ by (34). If $a_{i} \in E_{a}$ and $\mathbf{o}_{a}\left(a_{i}\right) \geq 2 M$, then $\phi\left(a_{i}\right)=-M$ by (35). Hence if $a_{i} \notin G=\cup_{k=0}^{2 M-1} E_{k}$, then $\phi\left(a_{i}\right)=-M$. Moreover, $\phi(a)=M$ by (36), since $\mathbf{o}_{a}(a)=0$. So

$$
\begin{aligned}
F\left(e_{a}-\frac{1}{N}\left(\sum_{k=1}^{N} e_{a_{k}}\right)\right) & =\phi(a)-\frac{1}{N} \sum_{k=1}^{N} \phi\left(a_{i}\right) \\
& \geq M-\frac{1}{N}((N-|G|)(-M)+|G| M) \\
& =2 M-\frac{2}{N}|G| M \\
& \geq 2 M-\frac{2^{2 M+1} M}{N}
\end{aligned}
$$

and so

$$
\left\|\frac{1}{N} \sum_{k=1}^{N} e_{a_{k}}-e_{a}\right\| \geq 2 M-\varepsilon_{N},
$$

where $\varepsilon_{N}=2^{2 M+1} M / N \rightarrow 0$ as $N \rightarrow \infty$ as desired.
Theorem 7.11. There exists a Banach space $Y$ such that for every $\varepsilon>0$ there exists an $\varepsilon$-convex set $A \subseteq B(Y)$ with $\mathcal{H}(A, \operatorname{Co}(A))=2$.

Proof. Let $X_{n}$ denote the space constructed above for $M=n$. Then the $\ell_{2}$-sum $Y=\left(\sum_{n=1}^{\infty} \oplus X_{n}\right)_{2}$ has the required property.

Remark 7.12. Since $X_{n}$ is isomorphic to $\ell_{1}$ (Remark 7.7), it has both the Radon-Nikodým property (see e.g. [7]) and the approximation property (see e.g. [14, p. 29]). Hence $Y=\left(\sum_{n=1}^{\infty} \oplus X_{n}\right)_{2}$ has the RadonNikodým property [7, p. 219] and (as is easily verified) the approximation property.

Since $C(0,1)$ is a universal space for separable Banach spaces (Mazur's theorem), it satisfies the conclusion of Theorem 7.11. So, finally, let us reformulate Theorem 7.2 to make good the claim made in Remark 3.7.
Corollary 7.13. Let $\varepsilon>0$. There exists a (non-negative) $\varepsilon$-convex 1-Lipschitz function on $B(C(0,1))$ such that

$$
\sup \{|f(x)-g(x)|: x \in B(C(0,1))\} \geq 1
$$

for every convex function $g$.
Proof. By Theorem 7.2 there exists $A \subseteq B(C(0,1))$ such that $A$ is $\varepsilon$ convex and $\mathcal{H}(A, \operatorname{Co}(A))=2$. Then $f(x)=d(x, A)$ has the required properties.

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Department of Mathematics, University of South Carolina, Columbia, SC 29208, U.S.A.

E-mail address: dilworth@math.sc.edu, howard@math.sc.edu, roberts@math.sc.edu

