Hopeful Horizons

Web address: https://www.hopefulhorizons.org/

Street Address: 1212 Charles Street Beaufort, SC 29902 or 10 Pinckney Colony Road | Ste 101 Bluffton, SC 29909

Contact information: Phone: office 843-524-2256 or 24-hour crisis hotline: 1-800-868-2632

Email: none listed, the center prefers to receive phone calls.

Spanish language services provided. Phone menus provided in Spanish.

Mission: Hopeful Horizons is a children's advocacy, domestic violence and rape crisis center. Together, we create safer communities by changing the culture of violence and offering a path to healing.

Geographic area covered:

The organization serves the 14th Judicial District of South Carolina, which includes Beaufort, Colleton, Hampton, Jasper and Allendale.

Services Provided:

Foothills Alliance offers multiple services. We are a children's advocacy, domestic violence and rape crisis center.

Child Advocacy:

Forensic medical examinations

- All of Hopeful Horizon's Forensic Interviewers are trained in the nationally-recognized ChildFirst® Forensic Interview Protocol. Through coordination of services with our community partner agencies, care is taken to minimize the number of interviews a child receives, optimize the child's comfort level, and protect the integrity of the case for investigation and prosecution.

Mental Health Assessment

- The mental health assessment includes an evaluation of common difficulties children may have. This appointment lasts approximately 1.5 hours and includes the caregiver and child each meeting with a trained therapist. In addition, caregivers and children ages 7 and older will answer questionnaires about the child's emotions and behaviors. The results are used to help guide recommendations for the child and family. Mental health assessments are provided at no cost to the child or family.

On Site Therapy/Treatment

- Based on the needs identified in the mental health assessment, children and their caregivers find the services they need at Hopeful Horizons or are referred to programs available elsewhere in the community.
  - Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
  - Child and Family Traumatic Stress Intervention Therapy (CFTSI)
  - Equine Assisted Therapy
  - Parent-Child Interaction Therapy

Child Abuse Medical Evaluation

- When children experience abuse, they and their protective caregivers often have concerns about their bodies. Hopeful Horizons' Child Abuse Medical Provider is able to provide expert evaluation that can alleviate many of the concerns and provide the necessary treatment when there are injuries.

Multi-Disciplinary Case Coordination

- Hopeful Horizons works with community agency partners involved in a particular case — including medical, legal, law enforcement, educators, social services, guardians ad litem, and mental health — to take appropriate action as quickly as possible.

Domestic Violence Resources:

Hopeful Horizon's Shelter

- Our comfortable, 6,000 square-foot shelter includes six bedrooms; a large living area; a children's room; a spacious, modern kitchen where residents take turns preparing meals and a private, fenced-in play area for children. The shelter can house up to 24 residents.

Supportive Counseling + Therapy/Treatment

- Hopeful Horizons offers an array of supportive counseling and treatment services for adult and child survivors of domestic abuse.

Support Groups

- Hopeful Horizons offers weekly support groups facilitated by Counselors and trained volunteers.

Case Management

- The case manager provides support and assistance to adult survivors residing at the shelter and on an outreach basis. The case manager works with survivors to compile a comprehensive needs assessment, identify achievable goals and helps link them to other appropriate resources in the community as needed.

Legal Assistance + Victim Advocacy

- Hopeful Horizons' Legal Department (consisting of an attorney, paralegal and court advocate) provides survivors of domestic violence and sexual assault with free legal representation.

24/7 Crisis Hotline

- To access any of our services, please call our 24/7 hotline at 843-524-2256 or 800-868-2632.
- Hopeful Horizons' 24/7 hotline is staffed by well trained staff and volunteers who are available around the clock to provide crisis intervention for victims of domestic violence

Rape Crisis Services:

Victim Advocacy

- Our Victim Advocates provide compassionate and professional support to meet the immediate needs of rape victims. They provide crisis counseling on the phone, face-to-face, and advocate on behalf of victims to ensure that their rights are protected. Our Victim Advocates help victims to navigate through the criminal justice system while providing critical support throughout the life of the case.

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24/7 Hospital Accompaniment

- We partner with all the local hospitals in four counties (Beaufort, Colleton, Hampton and Jasper) to offer face-to-face support for any rape victim who walks into the emergency department of these hospitals. Our crisis intervention advocates will meet victims at the hospitals and they respond within 30 minutes of receiving the call from the hospitals.

Legal Assistance

- Hopeful Horizons' Legal Department represents survivors of domestic violence and sexual assault in Family Court for matters related to custody, divorce, and visitation as well as filing for Orders of Protection and Restraining Orders. Survivors are also provided court accompaniment in civil and criminal court hearings.

Supportive Counseling + Therapy/Treatment

- Therapy/Treatment is provided by licensed Therapists through the highest-quality evidence based trauma focused treatment models. Cognitive Processing Therapy (CPT) helps rape victims by giving them a new way to handle distressing thoughts and gain an understanding of the traumatic events.

Support Groups

- The silence of sexual assault and childhood sexual abuse can lead to a lifetime of trauma, shame and fear. Survivors of rape and childhood sexual abuse can find hope and healing by sharing and listening to the experiences and insights with other survivors. Hopeful Horizons offers support groups for both women and men survivors.

Prevention + Outreach:

Men of Strength (MOST) Club

- The Men of Strength Club, or MOST Club, provides young men with a structured and supportive space to build individualized definitions of masculinity that promote healthy relationships.

Women Inspiring Strength and Empowerment (WISE) Club

- WISE Club is a program developed by Men Can Stop Rape to provide young women with a structured and supportive space to learn about healthy femininity and redefine what it means to be a strong woman.

Mentors in Violence Prevention (MVP)

- The Mentors in Violence Prevention (MVP) Model is a gender violence, bullying, and school violence prevention approach that encourages young men and women from all socioeconomic, racial and ethnic backgrounds to take on leadership roles in their schools and communities

Stewards of Children – Adults Resolving Child Sexual Abuse in Community

- This program is designed to give adults the tools they need to recognize, react responsibly and prevent incidences of child sexual abuse.

Strengthening Families Program (SFP)

- SFP is a nationally and internationally recognized evidence based parenting and family-strengthening program. SFP is a 14-week program that grows family skills to significantly reduce problem behaviors, delinquency, and alcohol and drug abuse in families.

Parent Child Interaction Therapy (PCIT)

- PCIT is an evidence based, real time behavioral parent training program. It is designed for families with children 2.5 to 7 years old who exhibit behavioral problems (i.e. aggression, defiance, ADHD, tantrums). Both caregivers and children participate together in PCIT, which lasts approximately 20 sessions.