# **Palmetto AIDS Life Support Services**

Web address: <a href="http://www.palss.org/">http://www.palss.org/</a>

Street Address: 2638 Two Notch Rd., Suite 108, Columbia, SC 29204

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Contact information: Phone: (803) 779-7257

Geographic area covered: Richland County

Email: info@palss.org

**Mission:** Palmetto AIDS Life Support Services was formed in 1985 to help South Carolinians fight the war against AIDS. Palmetto AIDS Life Support Services offers FREE services to people who have been diagnosed with or at risk of contracting HIV/AIDS, and also works with their loved ones.

### Services Provided, general:

For those exposed to HIV/AIDS or a STI: PALSS provides free, confidential HIV testing with results in less than an hour. We also provide STI screening for syphilis, gonorrhea, Chlamydia, and Hepatitis C, as well as vaccinations for Hepatitis A and Hepatitis B. We provide targeted prevention education and community training for HIV, TB, and Hepatitis; HIV and TB outreach and screening. Our dedicated staff will help you with counselling, referrals to care and support groups.

**For those living with HIV/AIDS**: We provide housing case management; community-based HIV/STI counseling, testing, and referral services; comprehensive risk counseling services; client advocacy; support groups; education about emergency contraceptives; emergency financial assistance for housing issues; an emergency food pantry; and transportation assistance through targeted programs.

For those caring for someone with HIV/AIDS: At PALSS, we can help you to learn how to provide care and how to offer emotional support. We can also help you with your own emotions, because knowing someone who has been diagnosed with HIV/AIDS will change your life too.

# Services Provided, specific:

#### **Adams Place:**

A clinic for men, offering: Health Screenings, Confidential Rapid HIV Testing, STD screening for syphilis, gonorrhea, chlamydia, and Hepatitis C, Vaccination for Hepatitis A & B

### Women's Health Council

The Women's Health Council Project (WHCP) offers HIV and STD prevention education and training to communities and populations of women. Participants attend fun and exciting group sessions and learn basic facts about HIV and sexually transmitted infections. The group sessions build skills to help prevent infection and transmission of HIV and other STIs.

#### **PACE**

Prevention through Action, Care, and Empowerment (PACE) . . . One Step at a Time. PACE provides counseling to help clients focus on reducing high risk behaviors. PACE can help people living with HIV to avoid infecting other people and to lower their high-risk behaviors.

PACE counselors are trained to be safer and healthier. The PACE program is for those who face challenges in practicing

#### **EMPACT**

Empowering Men Through Prevention Action Community Collaboration and Training (EMAPCT)

EMPACT was created to prevent the spread of HIV/AIDS, other sexually transmitted diseases (STD), tuberculosis and hepatitis among African American males. EMPACT works to empower men, particularly African American MSM living with HIV/AIDS, through prevention education, training, and action. Through

group and individual training, EMPACT seeks to change risky behaviors and habits while working to increase HIV awareness among incarcerated populations also.

#### **HOPWA**

Housing Opportunities for Persons With AIDS (HOPWA)

Through HOPWA, PALSS can assist low-income persons living with HIV with their housing needs. HOPWA services help people living with HIV to get into permanent housing and to stay in that housing. HOPWA provides assistance for short-term rent payments, mortgage payments and utility payments to help prevent persons from becoming homeless.

## **Food Pantry**

PALSS maintains a Food Pantry to assist our consumers in emergency situations. The food pantry is stocked with nutritious fresh and canned foods, staples, snacks and beverages. Our food pantry features a large refrigerator and freezer to maintain perishable items.