MAGNIFY | Angela Still, MRC, NBCT, ERYT, KYISCT

As a 1997 Master's graduate from the Rehabilitation and Counseling program, Angela Still has dedicated her life to teaching the art of trauma-sensitive yoga to prison inmates across the state. Along with her MRC, she completed additional coursework in Educational Psychology to achieve her MA+30 teaching certificate, and holds six different yoga instructor certifications.

In 2017, she founded Karuna Prison Yoga of South Carolina, a 501c3 nonprofit yoga program for incarcerated men and women in the state. The program's goal is to promote mindfulness and rehabilitate those who are affected by the trauma of incarceration. Still says, "Being in a prison environment, especially in solitary confinement, can lead to conditions such as post-traumatic stress disorder." Trauma-sensitive yoga uses postures and breathing techniques that create a stronger connection within one’s self after events like military combat or domestic violence. "It’s in everyone’s best interest for them to be well-equipped for dealing with reintegration into civilian life."

Angela's program has been adopted by 6 correctional facilities across South Carolina, and has been awarded with more than $10,000 in grants to support this initiative. Outside of her nonprofit work, she teaches English in Lexington County School District One and is an adjunct yoga instructor for the University of South Carolina.

Click the link below to watch her interview with SCETV.
FOCUS | MIV HOST Program: Help Our Students Travel

Residency interview season for MIV students will be here before we know it! The typical candidate can interview with 10-20 residency programs within a 4-5 month window, which makes travel and lodging extremely expensive during the process. There are many ways that our alumni can support our students during this time:

- Lodging (typically 1-2 nights)
- Transportation to and from airport or residency interview
- Meals (home cooked or restaurant)
- Information about residency programs
- Assistance finding housing after Match Day
Your help and willingness to engage with these future alumni would be appreciated more than you know!

If you are interested in serving as a MIV HOST this fall/winter, please fill out the form in the link below. You will be contacted in early-mid fall if you are matched with a student who is coming to your area.

Complete HOST Form

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**NOTES | From Your Alumni Director**

Happy Summer, School of Medicine Alumni! I hope you are taking time to unwind and relax from a productive year as medical professionals. I wanted to share a few exciting things that are on the horizon for our Alumni Office.

As many of you may have already seen in the latest issue of our e-newsletter and in recent Alumni Facebook Group posts, we are looking to implement Regional Alumni Chapters in the geographic areas where we have a high concentration of alumni. Beginning Fall 2019, we will be rolling out the following chapters (in listed order):

- **Midlands Chapter** (1,101 alumni), **Upstate Chapter** (578 alumni), **Lowcountry Chapter** (215 alumni), **Charlotte Chapter** (197 alumni), **Coastal Chapter** (162 alumni), **Atlanta Chapter** (81 alumni)

We will focus our efforts first in geographic chapters with the goal to one day also have special interest and cultural/ethnic chapters. The Midlands Chapter will launch first and then the others will follow. In order to make our chapters successful, we will need the support of our alumni family!

In the coming weeks, I will be sending out an email to further explain our plan while also providing a platform for your feedback via a survey. I hope you will join us in these planning stages as we pursue this new initiative to connect with our alumni and each other. We are so excited to come and meet you, and to have you join this far-reaching network that will soon support the mission of the UofSC School of Medicine.

Lastly, as we are all eagerly anticipating updates on the “Future Home of UofSC Health Sciences Campus,” I wanted to share the latest version of a map of the Bull Street District from the Bull Street District development project. It’s an exciting time!
Holly Jefferson
Associate Director of Alumni Relations and Development

DISCOVER | Opportunities for Engagement
COMING SOON...

UofSC School of Medicine
Regional Alumni Chapters

Click here to contact Holly Jefferson to get involved in an area near you!
Research. Clinical. Day to day. All medical careers.

Give the gift of your time.

Our students are looking for shadowing opportunities.

CLICK HERE TO VOLUNTEER
Now Accepting Board Nominations for the
DID YOU KNOW...

When you graduate from the USC School of Medicine, you are automatically a member of the SOM Alumni Association?

Please contact Paige Stiles at paige.stiles@uscmed.sc.edu to learn ways you can get involved!
REVERE | Class Kudos
Sara (Rhode) Carroll, MS, CGC ('10) received the "Caregiver of the Year Award" at the Cleveland Clinic Florida Cancer Center in Fort Lauderdale, Florida, in December 2018 where she works as a Genetic Counselor III.

Sarah Hash, MS, CGC ('08) recently joined the Clinical Genomics team at Myriad Health as a Clinical Genetic Counselor. After spending 11 years working in a Maternal-Fetal Medicine practice as a prenatal genetic counselor, she is thrilled to now be working from her home office where she supports providers who order preconception and prenatal screening for their patients. She and her husband, Ryan, reside in Monrovia, Maryland, with their two children, Natalie (8) and Nolan (6).

Renee (Hilber) Milinovich, MS, CGC ('09) is expecting her second son with husband Scott in September. She is currently a Senior Genetic Counselor at GeneDx, working in cardiogenetic testing, and resides in West Lafayette, Indiana.

Ellen (Schlenker) Rawicz, MS, CGC ('91) lives in Bucks County, Pennsylvania, with her husband, Paul, and their two children, Matthew and Jessica. She is the Regional Director in Genetic Counseling at Integrated Genetics, and has been with the company for 20 years.

Please contact Paige Stiles by July 19th if you have any exciting news that you'd like to share!

The Office of Development and Alumni Relations
University of South Carolina School of Medicine

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