STUDENT & CAREER SERVICES UPDATES:

October 30th - 12pm, M2 Classroom
CV Workshop and M2 Panel
M1 students will receive information on how to prepare their CV for applications to summer programs, clerkships, and research opportunities. This event will provide the base for building your CV for residency applications as well. It is recommended that all M1s attend this session.

October 31st, 12pm – 1pm Student Lounge
Trick or Treat Your Way to a Spooktacular Summer Experience
Open to M1s and M2 students. COSTUMES ENCOURAGED!
Students will have the chance to meet with departments, organizations, and off campus partners to discuss clerkship, research and volunteer opportunities.
Participants will include:
Communities in Schools of the Midlands
South Carolina State Museum
SOAR (Summer Research Programs at USC SOM)
Friends of CerviCusco (medical travel)
Alumni Shadowing Opportunities
American Red Cross
Soldier’s Angels
Department of Pediatrics Summer Clerkships
Sexual Trauma Services of the Midlands

October 31st, 11am – 1pm, Curricular Affairs Hallway
Costume Contest and Treats!
Experience the Halloween Spirit in the Office of Curricular Affairs (Building 3, Room 135) on Wednesday. We will serve homemade cookies all day and coordinate a costume contest between 11:00 a.m. and 1:00 p.m. Stop by anytime for cookies and candy. Stop by between 11:00 a.m. and 1:00 p.m. to have your picture made for the costume contest. Winner gets a $10 Starbucks gift card!!!
November 7th – 12pm, M1 Classroom
Suicide Prevention Gatekeeper Training
Suicide Prevention Gatekeeper Training will: 1) Teach participants the warning signs of a suicidal person and early signs of depression 2) Assist participants in gaining confidence in how to respond and 3) Educate participants about the resources available at the University of South Carolina. Participants are not expected to be a mental health professional. This is the why we use the word “gatekeeper” because they are invaluable to assisting a struggling person in getting the help they need. Length: 1.5-2 hours, BYOL (Bring Your Own Lunch)
Please RSVP for those that you would like to attend by completing this form: https://goo.gl/forms/zDJ8JDGZzgiB4sYX2 All students are welcome.

REVIEW SESSIONS:
Gross Anatomy Review Session, Student Success & Wellness Center
11/1/2018, 2:00:00 PM, Gross Anatomy Lab Bldg 2
The Student Success & Wellness Center will be hosting a review session for Gross Anatomy on Thursday Nov 1st. If you would like to attend, please email Ashley Taylor in the Success Center office no later than Wednesday @ noon to confirm your attendance and any subject material that you would like the session leaders to cover.
For More Info: Ashley M. Taylor, ashley.taylor@uscmed.sc.edu

Histology (Microanatomy) Review session, Student Success & Wellness Center
11/2/2018, 1:00:00 PM, M1 Classroom
The Student Success & Wellness Center will be hosting a review session for Histology (Microanatomy) on Friday Nov 2nd at 1PM. If you would like to attend, please email Ashley Taylor in the Success Center office no later than Wednesday @ noon to confirm your attendance and any subject material that you would like the session leaders to cover.
For More Info: Ashley Taylor, ashley.taylor@uscmed.sc.edu

Pathology Group Study Review Session, Student Success & Wellness Center
11/2/2018, 7:00:00 PM, Small Group Room 5
The Student Success & Wellness Center will be hosting a review session for Pathology on Friday Nov 2nd from 7-9PM. If you would like to attend, please email Ashley Taylor in the Success Center office no later than Wednesday @ noon to confirm your attendance and any subject material that you would like the session leaders to cover.
For More Info: Ashley Taylor, ashley.taylor@uscmed.sc.edu

Biochemistry Group Review Session, Student Success & Wellness Center
11/4/2018, 3:00:00 PM, M1 Classroom
The Student Success & Wellness Center will be hosting a review session for Biochemistry on Sunday Nov 4th. If you would like to attend, please email Ashley Taylor in the Success Center office no later than Friday @ noon to confirm your attendance and any subject material that you would like the session leaders to cover.
For More Info: Ashley Taylor, ashley.taylor@uscmed.sc.edu

Body Project Wedneday, Nov. 7, 2018, 6 – 8 p.m.
LOCATION: C.A.L.M. Oasis - Center for Health and Well-Being 215
ADMISSION COST: Free
Do you want increased self-confidence to feel more comfortable in your body? The Body Project is a conversation about body image and the influences of cultural and social interactions. This small group is a two-part workshop led by the Changing Carolina Peer Leaders designed to encourage the spread of body positivity and allow women on campus to move toward self-confidence and self-fulfillment. Begin to make healthy choices because you love your body!

Note: The workshop consists of two-hour to two-and-a-half hour segments with a group size of eight to twelve students. The Body Project is currently a female-only program.
MEETINGS:

IDIG Lunch with Dr. Eric Brenner, Infectious Disease Interest Group
11/2/2018, 12:00:00 PM, M1 Classroom
The Infectious Disease Interest Group is hosting Dr. Eric Brenner, Friday November 2nd from 12-1 pm in the M1 Classroom. Dr. Brenner is a medical epidemiologist who has had 40 years experience with communicable disease programs at the local (state), national (CDC), and international (WHO) levels. His interests include tuberculosis, vaccine preventable diseases and other communicable diseases of public health importance, and more generally, practical application of epidemiologic concepts, biostatistical methods and public domain computer tools to everyday problems encountered in disease control programs. Food will be provided by TBD what it is!
RSVP here: https://goo.gl/forms/7ncGUFByJFH1cLgE2
For More Info: Sarah Mae Lammert, sarahmae.lammert@uscmed.sc.edu

EMIG/USIG FAST workshop, Emergency Medicine Interest Group
11/2/2018, 1:00:00 PM, Ultrasound Institute (Building 28)
The Emergency Medicine and Ultrasound Interest Groups have a few spots left if you would like to participate in the FAST (focused assessment with sonography for trauma) workshop. The workshop will be led by EM physician Dr. Casey Wilson, who also completed an EM Ultrasound fellowship at Johns Hopkins. Not only is this a cool skill to learn, but it may also be good practice for the M1 ultrasound OSCE! If you’d like to sign up, follow this link: https://docs.google.com/spreadsheets/d/1E3IxN1yegVECGdLolW3GA5fo_KeNEDaMNx1b3pYgA/edit?usp=sharing
For More Info: Madden Leaman, Madden.Leaman@uscmed.sc.edu

SNMA Pre-Med Conference, Student National Medical Association (SNMA)
11/10/2018, 8:00:00 AM, Building 3
SNMA needs M1 and M2 volunteers for our annual pre-med conference. Volunteers can register on Eventbrite (https://uscsompremedconference.eventbrite.com). The event is from 8 am - 4 pm. Students volunteering for registration or clinical skills are needed before lunch. The lunch panel is a Q&A. U/S and mock interviews are in the afternoon and transporters are needed all day. This event is crucial for advising minority pre-med students and helping to recruit them to USCSOM. We can't do this without yalls help! Thanks guys!
For More Info: Ryan Alexander, ryan.alexander@uscmed.sc.edu

The Vertically Integrated Trainee Program (VITP), HEAL
11/12/2018, 6:00:00 PM, ROOM 303
The Vertically Integrated Trainee Program (VITP) is excited to announce our second event of the semester. It will be a mixer between medical students and AED pre-medical students at USC. Our goal is to give the opportunity for pre-med undergrads to connect with medical students and ask questions regarding medical school and the application process. The event will be held in room 303 on Monday, November 12th from 6-8pm. There will be sandwiches, cookies, and beverages provided. Dress will be business casual. You can register for the event at the link below. We hope to see you there!
https://goo.gl/forms/QARkle9iduGp9qJk2
For More Info: Erika Jansen, Erika.jansen@uscmed.sc.edu or Ryan Alexander, ryan.alexander@uscmed.sc.edu

Family Medicine Interest Group Lunch with Dr. Harte, Family Medicine Interest Group
11/13/2018, 12:00:00 PM, M2 Classroom
Please join the Family Medicine Interest Group on Tuesday, November 13th at 12 PM in the M2 classroom as we host Dr. Harte, recently elected President of the South Carolina Academy of Family Physicians. Dr. Harte will be discussing legal advocacy and teaching some of the skills needed to be legal advocates for patients. Free lunch will be provided for all who attend, including non-members! Please sign up using the link below by Friday, November 9th if you plan to eat!
https://goo.gl/forms/R5vXaEMDBJkib7G43
For More Info: Kaitlyn Gronauer, kaitlyn.gronauer@uscmed.sc.edu
VOLUNTEER OPPORTUNITY:
Standardized Patients needed!, Ultrasound Interest Group
11/2/2018, 1:00:00 PM, US Institute
USIG and EMIG need a couple of standardized patients to help with the FAST Workshop on Friday, 11/2 from 1-3 pm in the US institute. This is a great opportunity to show some initiative for people interested in future leadership positions! AND you get to experience the workshop up close and personal. If interested, email Megan at mobrien@uscmed.sc.edu.
For More Info: Megan O'Brien, mobrien@uscmed.sc.edu

MERCHANDISE PICK UP:
Healthy Strides Sweatshirts, Healthy Strides
Healthy Strides sweatshirts are in!!
Come pick them up in the Student Lounge this week:
Monday, Tuesday, and Friday from 12-1 pm
OR at the Powderpuff Game: Thursday 1-3 pm
If you need an additional pick up time, please contact Megan O'Brien at mobrien@uscmed.sc.edu.
For More Info: Megan O'Brien, mobrien@uscmed.sc.edu

HEAL HACK OF THE WEEK:
Need A Little Canine Companionship?
Dogs are a great way to reduce stress & anxiety and boost your mood! Take a study break and get some sloppy kisses in at Yappy Hour every Tues & Thurs from 4-9pm at Jake's on Devine!
For More Info: Lauren Rosati, lauren.rosati@uscmed.sc.edu

SPIRIT WEEK UPDATES:
The food drive for Harvest Hope is continuing this week. All canned goods will count as 1 point. Other non-perishable items will deduct 1 point. So fill your class’s box up with canned goods and put those other non-perishable food items in the other class's box. It’s all for a good cause and could make the difference between who holds the Spirit Femur for the next year!

Most Needed Items include:
Canned Goods such as meat, vegetables, fruit, tomato sauce, beans, soup, pop top cans, and evaporated milk.
Dry Goods such as peanut butter, instant potatoes, cereal, oatmeal, pasta, grits, coffee, crackers and granola bars.
Note: cans that don’t require the use of a can opener are preferred.

POWDERPUFF FOOTBALL AND CHEERLEADING COMPETITION: Thursday, 4pm, Owens Field