Student and Career Services Updates/Reminders:

November 7th – 12pm, M1 Classroom
Suicide Prevention Gatekeeper Training
Suicide Prevention Gatekeeper Training will: 1) Teach participants the warning signs of a suicidal person and early signs of depression 2) Assist participants in gaining confidence in how to respond and 3) Educate participants about the resources available at the University of South Carolina. Participants are not expected to be a mental health professional. This is the why we use the word “gatekeeper” because they are invaluable to assisting a struggling person in getting the help they need. Length: 1.5-2 hours, BYOL (Bring Your Own Lunch)

Please RSVP by today at 5pm if you would like to attend; https://goo.gl/forms/zDJ8JDGZzgiB4sYX2  All students are welcome.

November 7th: 11am – 4pm, Student Lounge
Carolina vs. Clemson Blood Drive
Sign up today for an appointment for the next American Red Cross Blood Drive! Donors will receive a long sleeve Carolina/Clemson Blood Drive shirt, snacks, drinks, and will be able to enter to win giveaway items. If you’d like to volunteer please email Rachel at Rachel.Onley@uscmed.sc.edu today!

Sign up here for an appointment: https://www.redcrossblood.org/give.html/find-drive; Sponsor Code: USC MED

DEPARTMENT ANNOUNCEMENTS:

Request for a Medical or Religious Exemption from Flu Vaccine, USC SOM Student Health
Please remember, the flu vaccine is MANDATORY. Religious and medical exemptions may be granted. Request for a religious or medical exemption form should be done no later than FRIDAY, NOVEMBER 9, 2018. The deadline to receive AND submit documentation of the flu vaccine is WEDNESDAY, NOVEMBER 14, 2018.

Please note: USCSOM Medical/SRNA/PA Students who fail to comply by Wednesday, November 14th, will be denied access to patient care areas. Students who are currently not in patient care areas will be denied to sit for final exams.

If you have any questions, or would like to request and exemption form, please fill free to contact Kayla Spires
For More Info: Kayla Spires, kayla.spires@uscmed.sc.edu

"The Beauty and the Brokenness" PTSD Exhibit in Library, USC School of Medicine Library
11/6/2018, 8:00:00 AM, SOM Library, second floor
A photographic journey through the stages of Post-Traumatic Stress Disorder, as seen through the eyes of military Veterans.
For More Info: Laura Kane, laura.kane@uscmed.sc.edu

Carolina After Dark presents Cocky's Quest
Friday, Nov. 9, 2018, 8 – 11:59 p.m.
LOCATION: Russell House Ballroom C

Teams of 3-5 are sent off on a scavenger hunt around campus that includes collecting items and taking photos at various locations on campus! The teams have a window of time to gather the clues and take the pictures before reporting back to the Russell House for judging. The top three teams will receive awesome prizes sponsored by Founders Credit Union!
MEETINGS:

**BTWC Gala: Pizza & Planning**, Office of Development and Alumni Relations  
11/9/2018, 12:00:00 PM, Library 303AB  
The Black Tie White Coat Gala is only 4 months away, and we need your help to make the event our best one yet! Come eat  
some FREE PIZZA and hear how you can get involved! Please RSVP to paige.stiles@uscmed.sc.edu.  
For More Info: Paige Stiles, paige.stiles@gmail.com

**Orthopedic Sports Medicine Interest Group Lunch**, OSMIG  
11/12/2018, 12:00:00 PM, M1 Classroom  
Two first year female orthopedic residents will come and discuss life in residency and how to overcome barriers to get into the  
specialty you want, even if you don’t “fit the part.”  
For More Info: Devin Potter, Devin.Potter@uscmed.sc.edu

**Family Medicine Interest Group Lunch with Dr. Harte**, Family Medicine Interest Group  
11/13/2018, 12:00:00 PM, M2 Classroom  
Please join the Family Medicine Interest Group on Tuesday, November 13th at 12 PM in the M2 classroom as we host Dr. Harte,  
recently elected President of the South Carolina Academy of Family Physicians. Dr. Harte will be discussing legal advocacy and  
teaching some of the skills needed to be legal advocates for patients. Free lunch will be provided for all who attend, including  
non-members! Please sign up using the link below by Friday, November 9th if you plan to eat!  
https://goo.gl/forms/R5vXaEMDBJkib7G43  
For More Info: Kaitlyn Gronauer, kaitlyn.gronauer@uscmed.sc.edu

**Surgery Interest Group Lunch!**, Surgery Interest Group  
11/13/2018, 12:00:00 PM, M1 Classroom  
Surgery Interest Group (SIG) will be hosting a lunch and presentation on November 13th at 12pm in the M1 classroom! We will  
be hosting Plastic Surgeon, Dr. Jarom Gilstrap. Lunch will be provided for SIG members.  
RSVP: https://goo.gl/forms/bMlnzegTzG1mz3zp1  
For More Info: Travis Hawkins, travis.hawkins@uscmed.sc.edu

**Holiday Helpings & Hope Donation Request & Bake Sale!**, Pediatrics Interest Group  
11/16/2018, 10:00:00 AM, Student Lounge  
We are participating in the Palmetto Health Children’s Center for Cancer and Blood Disorders Holiday Helpings & Hope Program  
by adopting a family for Thanksgiving and Christmas this year!! Our patient is a very kind person who has been seen at the clinic  
for several years and would appreciate any gifts that we can provide to his family of 3! Included in their wishlist is: cooking pots,  
bakingware, roasting pan, dinner plates, full-sized bed comforter set for the boys, GameStop or Champs Sports gift cards, and  
Kroger or Walmart gift cards. If you would like to contribute any monetary or gift donations, please contact Lauren Rosati. Money  
can be sent to our Venmo @USCSOMPIG or cash/checks will be accepted. ANY donation, small or large, will help!!  
We will be having a bake sale to raise funds for their gifts on Friday, 11/16 from 10:00-1:00pm in the Student Lounge. Mark your  
calendars to stop by and come grab some goodies!!  
For More Info: Lauren Rosati, lauren.rosati@uscmed.sc.edu
WATER BOTTLES ARE BACK!, Pediatrics Interest Group

Just like Starbucks holiday cups, our SOM water bottles are BACK! Purchase for yourself, that special someone, a family member, a study bud, or anyone that needs a gift this holiday season. Great stocking stuffer for loved ones andddd it's only $20! Purchase here: https://goo.gl/forms/0S1qLoqsyu9I3VDX2
For More Info: Megan O'Brien, mobrien@uscmed.sc.edu

HEAL Hack: GO OUT & VOTE, HEAL

Not only is voting an important way to express your rights and be actively engaged in your community, but it also pays off by promoting mental health & improved psychological well-being!! Not to mention... we also have the ENTIRE day off on Tuesday. SEE YOU AT THE POLLS, FRIENDS!
AND THE SPIRIT WEEK WINNERS ARE...

THE M2S!

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<tr>
<th>Event</th>
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<th>M2s</th>
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<td>Dress up days</td>
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<td>119</td>
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