



SAAOG

Annual Meeting • 2024

January 20-23 • The Cloister at Sea Island



EARN
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11+ HOURS
OF CME!



Register Today!

saaog.org/annual

Continuing Medical Education credit is provided through joint providership with The American College of Obstetricians and Gynecologists.

JOIN US!

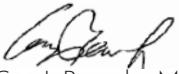
The 2024 Planning Committee extends its invitation for you to join us at the 86th Annual Meeting of the South Atlantic Association of Obstetricians and Gynecologists (SAAOG).

This year's program is brimming with educational sessions led by esteemed national and international experts, encompassing a wide range of topics within our multifaceted specialty. We are delighted to showcase a selection of groundbreaking research projects and are eagerly anticipating the insights these presentations will elicit, both from the presenters as well as the meeting participants. I am eagerly looking forward to the President's Program - "Make the Second Half as Good as the First Half" - and I am honored to welcome Dr. Andrew Kaunitz and Dr. Maureen Whelihan as speakers for this program. Dr. Kaunitz will be addressing the management of menopausal symptoms for the improvement of quality of life, by emphasizing the safety and use of our existing therapies for these conditions, and Dr. Whelihan will delve into the complexities of low sexual desire secondary to sexual pain disorders.

Over the course of four days, the conference will provide ample opportunities for professional networking and engaging discussions, as well as comradery, complemented by our special social events. We are thrilled to return to the exceptional Cloister at Sea Island in Sea Island, GA for this gathering.

Please save the date and make arrangements to be a part of SAAOG's 2024 Annual Meeting – an event sure to be rich with educational opportunities, fellowship, and enjoyment!

Sincerely,



Guy I. Benrubi, MD, FACOG
President, SAAOG

PLANNING COMMITTEE



Guy I. Benrubi, MD, FACOG
President
Emeritus Chair, Department of
Obstetrics and Gynecology
UF Health - Jacksonville
Jacksonville, FL



Scott A. Washburn, MD
Secretary
Lyndhurst Gynecologic Associates
Winston-Salem, NC



Ansley L. Hilton, MD
President-Elect
Rock Hill GYN & OB Associates
Rock Hill, SC



Carolyn S. Wilson, MD, FACOG, NCMP
Immediate Past President
Assistant Professor
University of Virginia
Charlottesville, VA



Paul D. Dietz, MD, FACOG
Treasurer
Associate Professor and
Department Chief
West Virginia University School of
Medicine
Charleston Area Medical Center
South Charleston, WV



Wade A. Neiman, MD
Endowment Chair
Womens Health Services of Central
Virginia
Lynchburg, VA

MEETING REGISTRATION

Registration for the 2024 SAAOG Annual Meeting will only be accepted at saaog.org/annual. Registrants that are unable to register online, please contact the meeting organizers at (904) 637-0944.

SAAOG 2024 Annual Meeting • January 20-23, 2024

SAAOG Member/ Invited Guest	Non-Member	Industry Representative	Fellow-In-Training*	Guest**
\$650.00	\$775.00	\$950.00	\$200.00	\$115.00

You may purchase tickets to the social events online when registering for the meeting.

DISCLAIMER: By registering for the 2024 SAAOG Annual Meeting, attendee understands and agrees that attendee's contact information may be shared with other attendees and exhibitors. By allowing an exhibitor to scan the conference badge, attendee understands, agrees and consents to the sharing of attendee's contact information with the company that scanned the conference badge. In addition, by registering for the meeting, you give the SAAOG the right to publish all photos, videos, etc. taken at this meeting.

CANCELLATION POLICY: Telephone cancellations will not be accepted. A written notice of cancellation must be received no later than December 31, 2023. This includes social events and guest fees. There will be a \$100 fee for all cancellations. No registration refunds will be accepted after December 31, 2023.

ADA COMPLIANCE: Attendees who need special reasonable accommodations or who have special needs should contact the meeting at (904) 637-0944.

*Trainee Rate: Available for those individuals actively enrolled in medical school, graduate or postgraduate training program for obstetrics and gynecology and in full credentialing in their specialized area of medical study. All registered must have applied for free membership in SAAOG.

**Guest pass includes one guest badge for access to the Welcome Reception and all food functions in Exhibit Hall.

Commercial Support: Full notification of commercial support will be provided in the activity accreditation.

STAY CONNECTED

Stay in touch by following SAAOG on social media. You can get the latest news and updates regarding the Annual Meeting as well as updates on the society. Follow SAAOG on Twitter, LinkedIn and Facebook. Use the hashtag **#SAAOG2024** when posting about the meeting.



FEATURED FACULTY



Haywood L. Brown, MD

Professor Obstetrics and Gynecology
Senior Associate Vice President
USF Health Faculty and Academic Affairs
Vice Dean
Morsani College of Medicine
Professor
Obstetrics Gynecology
Tampa, FL



Cole D. Greves, MD, FACOG

Chair, ACOG District XII
Director, Complex Fetal Care
Co-Director, Fetal Care Center
Orlando Health Winnie Palmer Hospital
Assistant Professor
University of Central Florida
College of Medicine
Orlando, FL



Andrew M. Kaunitz, MD, FACOG, MSCP

Tenured Professor & Associate Chair
Department of Obstetrics & Gynecology
University of Florida College of Medicine - Jacksonville
Jacksonville, FL



R. Wendel Naumann, MD

Director of Research in Gyn Oncology
Associate Director of Clinical Trials
Levine Center
Atrium Health/Wake Forest University
Charlotte, NC



Maureen Whelihan, MD, FACOG

Elite GYN Care of the Palm Beaches
Clinical Governance Board - Florida Woman Care
South University - PA Program
Greenacres, FL



Emmanuel E. Zervos, MD, MBA

May and Spencer Raab Distinguished Professor of Adult Oncology
Executive Director
Cancer Services, ECU Health
Professor of Surgery
Division of Surgical Oncology
Brody School of Medicine
Greenville, NC

FACULTY



Henna Ahsan, MD

PGY-4, Obstetrics and Gynecology
University of Central Florida/HCA GME
Consortium
Gainesville, FL



Alyse M. Kelly-Jones, MD, FACOG, IF

Gynecology and Sexual Medicine
Tryon Women's Center
Tryon Medical Partners
Charlotte, NC



Anna Baucom, BAS

MD Candidate, Class of 2025
University of South Carolina School of
Medicine
Columbia, SC



Malavika Kesavan, MD

Resident Physician
University of Virginia
Charlottesville, VA



Jubilee Brown, MD

Division Director of Gynecologic Oncology
Atrium Health Levine Cancer Institute
Professor
Wake Forest University
Charlotte, NC



R. Craig McClelland, MD, FACOG

Rock Hill & Ft Mill GYN/OB
Rock Hill, SC



Mary Beth Rhomberg, MD

Obstetrics and Gynecology Surgical
Resident
University of Florida - College of Medicine
Gainesville, FL



Paul D. Dietz, MD, FACOG

Associate Professor
West Virginia University School of
Medicine
Charleston Division
Charleston, WV



Kay Roussos-Ross, MD

Professor and Chief
Division of ASGOG
Departments of OBGYN and Psychiatry
University of Florida College of Medicine
Gainesville, FL



Paige Guillory, MD, MPH

PGYIII, Obstetrics & Gynecology
University of South Alabama College of
Medicine
Mobile, AL



Mitchel S. Hoffman, MD

Vice Chair
Department of Gynecologic Oncology
Moffitt Cancer Center
Professor
USF Morsani College of Medicine
Tampa, FL



CME INFORMATION

▷ TARGET AUDIENCE

This program has been designed to meet the educational needs of physicians who have a specialized interest in the field of obstetrics and gynecology.

▷ LEARNING OBJECTIVES

At the conclusion of this activity, the attendee can expect to be able to:

- » Gain awareness of how best practices in gynecologic care can change over time due to evolving research, clinical trials, and advancements in medical science.
- » Identify appropriate candidates for MIS, considering factors such as disease stage, patient comorbidities, and individualized treatment plans.
- » Critically evaluate the range of treatment options available for managing menopausal syndromes, including hormone therapy, non-hormonal therapies, lifestyle modifications, and complementary and alternative approaches.
- » Describe the latest developments, research, and evidence-based practices in the field of obstetric care, including maternal-fetal medicine, prenatal care, labor and delivery, and postpartum care.

ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The American College of Obstetricians and Gynecologists and South Atlantic Association of Obstetricians and Gynecologists. The American College of Obstetricians and Gynecologists is accredited by the ACCME to provide continuing medical education for physicians.

▷ AMA PRA CATEGORY 1 CREDITS™

The American College of Obstetricians and Gynecologists designates this live activity for a maximum of 11 **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

▷ COLLEGE COGNATE CREDITS

The American College of Obstetricians and Gynecologists designates this live activity for a maximum of 11 Category 1 College Cognate Credits. The College has a reciprocity agreement with the AMA that allows **AMA PRA Category 1 Credits™** to be equivalent to College Cognate Credits.

▷ DISCLOSURE POLICY

The faculty, committee members, and staff who are in position to control the content of this activity are required to disclose to ACOG and South Atlantic Association of Obstetricians and Gynecologists and to learners any financial relationship(s) of the individual that have occurred within the last 24 months with any ineligible entities whose products are related to the continuing education content. Financial relationships are defined by remuneration in any amount from the ineligible entities in the form of grants; research support; consulting fees; salary; ownership interest (e.g., stocks, stock options, or ownership interest excluding diversified mutual funds); honoraria or other payments for participation in speakers' bureaus, advisory boards, or boards of directors; or other financial benefits. The intent of this disclosure is not to prevent planners with relevant financial relationships from planning or delivering content, but rather to provide learners with information that allows them to make their own judgments of whether these financial relationships may have influenced the educational activity with regard to exposition or conclusion. ACOG and South Atlantic Association of Obstetricians and Gynecologists has reviewed all disclosures and resolved or managed all identified conflicts of interest, as applicable.

The following activity planning members reported financial relationship(s):

- » **Wade A. Neiman, MD**
Consultant; Cooper Surgical
Independent Contractor; Myriad Genetics
Independent Contractor; Prestige Consumer Health Company
Independent Contractor; Aspira Women's Health

The following activity planning members reported no financial relationships:

- » **Guy I. Benrubi, MD, FACOG**
- » **Paul D. Dietz, MD, FACOG**
- » **Ansley Lowder Hilton, MD**
- » **Scott A. Washburn, MD**
- » **Carolyn S. Wilson, MD**

All staff reported no relevant financial relationships.

▷ CONTENT VALIDITY

All recommendations involving clinical medicine are based on evidence accepted within the profession of medicine as adequate justification for their indications and contraindications in the care of patients; AND/OR All scientific research referred to or reported in support or justification of a patient care recommendation conforms to generally accepted standards of experimental design, data collection, and analysis.

▷ ACKNOWLEDGMENT OF COMMERCIAL SUPPORT

Full notification of commercial support will be provided in the activity materials.

AGENDA

SATURDAY, JANUARY 20

12:00 PM - 6:00 PM	Registration
OPENING SESSION	
2:10 PM - 2:15 PM	President's Welcome <i>Guy I. Benrubi, MD, MA, FACOG</i>
2:15 PM - 2:20 PM	Introduction <i>Ansley L. Hilton, MD</i>
2:20 PM - 3:00 PM	Urethral Bulking to Treat Female Stress Urinary Incontinence <i>Bernard Taylor, MD</i>
3:00 PM - 3:40 PM	Cervical Cancer: Progress in Prevention and Treatment <i>R. Wendal Naumann, MD</i>
3:40 PM - 4:00 PM	Panel Discussion and Question and Answer Session
4:00 - 5:00 PM	State Caucus Meetings - FL, GA, WV, VA, NC, SC
5:00 - 6:30 PM	WELCOME RECEPTION IN EXHIBIT HALL

SUNDAY, JANUARY 21

7:00 AM - 2:00 PM	Registration
8:20 AM - 8:30 AM	Welcome Remarks
SAAOG ENDOWMENT LECTURE	
8:30 AM - 9:00 AM	The Role of Progesterone in Parturition <i>Haywood L. Brown, MD</i>
9:00 AM - 9:10 AM	Question & Answer
9:10 AM - 9:20 AM	Challenging Cases <i>Ansley L. Hilton, MD and R. Wendal Naumann, MD</i>
9:20 AM - 9:40 AM	Minimally Invasive Surgery in Ovarian Cancer <i>Jubilee Brown, MD</i>
9:40 AM - 9:50 AM	Question & Answer
9:55 AM - 10:45 AM	Expert Theater
9:50 AM - 11:05 AM	BRUNCH WITH EXHIBITORS AND POSTER SESSION
SAAOG LIFETIME ACHIEVEMENT AWARD LECTURESHIP IN HONOR OF MITCHEL S. HOFFMAN, MD	
11:05 AM - 11:15 AM	Introduction <i>Emanuel E. Zervos, MD, MBA</i>
11:15 AM - 11:55 AM	Brothers and Sisters in Arms: Reflections on a Career of Collaboration Between Surgical Subspecialties <i>Emanuel E. Zervos, MD, MBA</i>
11:55 AM - 12:05 PM	Question & Answer
12:05 PM - 1:05 PM	LUNCH WITH EXHIBITORS
6:30 - 11:00 PM	Black Tie Dinner and Dance

MONDAY, JANUARY 22

8:00 AM - 3:50 PM	Registration
8:00 AM - 8:50 AM	Expert Theater
8:00 AM - 9:00 AM	BREAKFAST IN EXHIBIT HALL
DR. ROBERT C. NUSS LECTURESHIP	
9:00 AM - 9:40 AM	Advances in Fetal Medicine and Intervention <i>Cole D. Greves, MD, FACOG</i>
9:40 AM - 9:50 AM	Question & Answer
9:50 AM - 10:20 AM	Nonhormonal Management of Menopause - What Does the Evidence Say <i>Alyse M. Kelly-Jones, MD, FACOG, IF</i>
10:20 AM - 10:35 AM	Question & Answer
10:35 AM - 11:15 AM	BREAK WITH EXHIBITORS AND POSTER SESSION
PRESIDENTIAL SYMPOSIUM	
11:15 AM - 11:25 AM	Make the Last Half as Good as the First Half <i>Guy I. Benrubi, MD, FACOG</i>
11:25 AM - 12:00 PM	Treating Menopausal Symptoms Without Fear: An Evidence-Based Strategy <i>Andrew M. Kaunitz, MD, FACOG, MSCP</i>
12:00 PM - 12:35 PM	Low Sexual Desire and Sexual Pain Disorders: Recognize the Overlap and Evaluate <i>Maureen Whelihan, MD, FACOG</i>
12:35 PM - 12:45 PM	Question & Answer
12:45 PM - 12:50 PM	BREAK
12:50 PM - 12:55 PM	Past Presidents Processional
SAAOG PRESIDENT'S ADDRESS	
12:55 PM - 1:00 PM	Introduction <i>I. Daniel Benrubi, MD, MPH</i>
1:00 PM - 1:30 PM	Teach Your Children Well <i>Guy I. Benrubi, MD, FACOG</i>
1:30 PM - 2:30 PM	President's Luncheon in Honor of Guy I. Benrubi, MD, FACOG <i>SAAOG invites all Fellows and Guests for a luncheon</i>
2:30 PM - 2:50 PM	Single Incision Laparoscopic Surgery for Hysterectomy <i>R. Craig McClelland, MD, FACOG</i>
2:50 PM - 3:10 PM	Specimen Extraction Techniques Utilized in Minimally Invasive Surgery for Women with Uterine Cancer and an Enlarged Uterus <i>Mitchel S. Hoffman, MD</i>
3:10 PM - 3:30 PM	Question & Answer
3:30 - 3:50 PM	Business Meeting

AGENDA

TUESDAY, JANUARY 23

7:00 AM - 11:00 AM	Registration
8:00 AM - 8:30 AM	BREAKFAST
8:30 AM - 8:40 AM	Immediate Postpartum LARC Devices and the Choose Well Grant: Characteristics Associated with LARC Continuation ≥ 12 Months <i>Anna Baucom, BAS</i>
8:40 AM - 8:50 AM	Algorithmic Approach to the Use of the Hormone Therapy After Risk Reducing Oophorectomy <i>Malavika Kesavan, MD</i>
8:50 AM - 9:00 AM	Improving Postpartum Visit Attendance Rate: A Quality Improvement Study <i>Mary Beth Rhomberg, MD</i>
9:00 AM - 9:10 AM	Question & Answer
9:10 AM - 9:40 AM	Postpartum Care Quality: Real-Time Postpartum Symptom Monitoring through Gator MOMitor™ <i>Kay Roussos-Ross, MD</i>
9:40 AM - 9:50 AM	Utilizing Technology to Improve the Patient and Provider Experience <i>Jill Purdie, MD</i>
9:50 AM - 10:00 AM	Question & Answer
10:00 AM - 10:10 AM	BREAK
10:10 AM - 10:20 AM	Examining a Concerning Rise: a Case Series on Uterine Ruptures at a Single Institution <i>Paige Guillory, MD, MPH</i>
10:20 AM - 10:30 AM	Creating a TOLAC Bundle <i>Henna Ahsan, MD</i>
10:30 AM - 11:00 AM	VBAC According to ACOG <i>Paul D. Dietz, MD, FACOG</i>
11:00 AM - 11:10 AM	Question & Answer

SAOGBLACK TIE DINNER & DANCE

HIGHLIGHT OF THE WEEKEND!

SUNDAY
JANUARY 21 | 6:30 PM -
11:00 PM

Step into the PREMIER night of the weekend where elegance meets excitement – the ultimate black-tie dinner and dance experience tailored for every attendee! Get ready to slip into your finest attire and be part of a dazzling evening that combines the sophistication of a gourmet dinner with the pulse of a vibrant dance floor.

Dress up, show up, and light up the night!

See the SPECIAL EVENTS page for more information. Tickets are \$115/person.



SPECIAL EVENTS

WELCOME RECEPTION | SATURDAY, JANUARY 20

Complimentary for Attendees; Complimentary for Guests with a Guest Badge (\$115/guest)

Connect with your peers and explore the latest from our 2024 exhibitors and sponsors at the kickoff reception on Saturday evening in the exhibit hall. Engage with innovative companies while savoring gourmet bites and artisanal cocktails. *(Please note that all guests must have a purchased guest badge.)*

BLACK TIE DINNER AND DANCE | SUNDAY, JANUARY 21

\$115/person

Secure your tickets today for the premier event of the conference! The SAAOG invites you to commemorate its 86th Annual Meeting with an elegant seated dinner, complete with live music and a dance floor to bring the night alive. The festivities begin with a pre-dinner cocktail, providing the perfect backdrop to reconnect with long-time acquaintances, engage with peers, and forge new connections with fellow participants.

PRESIDENT'S LUNCHEON IN HONOR OF SAAOG PRESIDENT GUY I. BENRUBI, MD, FACOG MONDAY, JANUARY 22

Complimentary for attendees; Complimentary for Guests with a Guest Badge (\$115/guest)

Experience an exclusive networking opportunity at the President's Luncheon! This is your chance to engage with the esteemed President of SAAOG, Dr. Guy Benrubi, and mingle with the influential leaders of SAAOG. The luncheon is not just a meal, but a gateway to the latest insights and developments within the organization and its board. It's a social and informative event you can't afford to miss. Secure your spot now - registration is essential for attendance!

(Please note if you plan to bring a guest to the Luncheon, they must have a purchased guest badge.)



HOTEL INFORMATION

THE CLOISTER AT SEA ISLAND

100 Cloister Drive | Sea Island, GA 31561

SAAOG 2024 meeting attendees will receive a special rate starting at \$275/night plus taxes per room per night (plus a \$20 resort fee per room per night). Please ask for the SAAOG room block when calling to make your reservation.

The group rate is guaranteed for reservations made on or before **December 20, 2023**, or until the room block is sold out.

To make a reservation please call **(855) 847-9121** and ask for the SAAOG rate or book your room online by clicking on the Venue tab

at saaog.org/annual.





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JANUARY 20-23, 2024

The Cloister at Sea Island
Sea Island, GA

6816 SOUTHPOINT PKWY, STE 1000
JACKSONVILLE, FL 32216



To learn more or register, visit saaog.org/annual