

Title of Research Project:

Connect for Health Pediatric Weight Management Program Patient Experience with Care Survey

Authors listed with affiliations:

Madeline Holt¹, Kerry Sease, MD^{2,3}

Affiliations:

1 University of South Carolina School of Medicine Greenville

2 Prisma Health, Greenville, SC USA.

3 Department of Pediatrics, University of South Carolina School of Medicine, Greenville, SC USA.

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Childhood obesity is a national healthcare priority, placing an increased risk of morbidity and decreased quality of life for pediatric patients affected by obesity. Obesity treatment recommendations from the United States Preventive Services Task Force are rarely utilized by physicians and have been found to have low patient satisfaction. Therefore, standard care is often inadequate. A need for pediatric weight management programs that are readily utilized by physicians, enhance patient experience, and improve standard practice for pediatricians and family physicians remains. The aim of this study is to evaluate patient/parent experience within a pediatric weight management program, Connect for Health. Connect for Health is an evidence-based program that equips physicians, patients, and parents with resources to improve family-centered health outcomes for high-risk children with obesity. Implementation of the Connect for Health intervention is occurring at three diverse healthcare sites and includes a patient population of over 30,000 children ages 2-12 who have a Body Mass Index \geq 85% percentile. Patient experience is collected by distributing a Patient Assessment of Chronic Illness Care survey to parents of participants. Data will be collected in RedCap and evaluated by Massachusetts General Hospital to determine how/if the program affected behaviors and the usefulness of family-centered tools in meeting behavior change goals. Results of this study will be used to improve the strategies within Connect for Health weight management program; and therefore, potentially create a novel and successful way of delivering treatment to pediatric patients with obesity in the clinical setting.

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