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Core for Applied Research and Evaluation
Office of Research, Arnold School of Public Health
University of South Carolina
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EDUCATION

- 2009-2013 Doctor of Philosophy, Health Promotion, Education, & Behavior
Arnold School of Public Health, University of South Carolina, Columbia
Dissertation: *A Qualitative Study of an Urban Community Garden:
Creating Healthier Neighborhood Environments* (Chair: Dr. Ruth Saunders)
- 2005-2006 Master of Public Health, Health Promotion, Education, & Behavior
Arnold School of Public Health, University of South Carolina, Columbia
- 2000-2003 Bachelor of Arts, Sociology
University of South Carolina, Columbia

PROFESSIONAL EXPERIENCE

- 2015-present Research Assistant Professor, Core for Applied Research and Evaluation
Office of Research, Arnold School of Public Health, University of South Carolina
- 2014-2015 Research Associate, Center for Health Services and Policy Research
Arnold School of Public Health, University of South Carolina
- 2012-2013 Research Assistant, Center for Health Services and Policy Research
Arnold School of Public Health, University of South Carolina
- 2012 Research Assistant, Healthy Environments Study
College of Social Work, University of South Carolina
- 2010-2011 Research Assistant, Community Navigation for Colorectal Cancer Prevention and
Control Program
School of Medicine, University of South Carolina, Columbia
- 2009 Research Assistant, Division of Obesity Prevention and Control
Bureau of Community Health and Chronic Disease Prevention,
South Carolina Department of Health and Environmental Control
- 2008-2009 Fellow
Centers for Disease Control and Prevention
Division of Nutrition, Physical Activity, and Obesity
Physical Activity and Health Branch, Atlanta, Georgia
- 2004- 2008 Communication Coordinator, Environmental Interventions in Children's Homes
Arnold School of Public Health, University of South Carolina, Columbia

RESEARCH ACTIVITIES

- 2016-present Steadman Hawkins Foundation. An Exploration of Factors that Influence Surgical Decision Making among Orthopedic Shoulder Surgeons: A Qualitative Medical Record Review Study. (Role: PI).
- 2015-present Centers for Disease Control and Prevention. Colorectal Cancer Screening Program in South Carolina. (Role: Co-Investigator).
- 2015-present US Department of Health and Human Services, Office of Adolescent Health. Accelerating Progress: Strengthening Teen Pregnancy Prevention Initiatives among High Need South Carolina Populations. (Role: Co-Investigator).
- 2015-present US Department of Health and Human Services, Office of Adolescent Health. Expanding the Reach of Effective Teen Pregnancy Prevention Programs in High Need South Carolina Communities. (Role: Co-Investigator).
- 2015-present US Substance Abuse and Mental Health Services Administration (SAMHSA). Palmetto Coordinated System of Care. (Role: Co-Investigator).
- 2015-present US Health Resources and Services Administration. Maternal, Infant, and Early Childhood Home Visiting (MIECHV) Qualitative Evaluation. (Role: Co-Investigator).
- 2012-present South Carolina Hospital Association. Qualitative Evaluation of AccessHealth SC. (Role: PI)
- 2015 South Carolina Department of Health and Environmental Control, Bureau of Maternal and Child Health. Title V Needs Assessment. (Role: PI).
- 2014 US Department of Veteran's Affairs. Assessment of Training Approaches for VA Staffing Methodology. (Role: PI)
- 2014 US Health Resources and Services Administration, Office of Rural Health Policy. The Role of Free Clinics in the Rural Safety Net. (Role: Qualitative Research Consultant)
- 2014 South Carolina Campaign to Prevent Teen Pregnancy. Case Study of a SC School District. (Role: PI)
- 2013 Office of the Provost, University of South Carolina. A Qualitative Study of an Urban Community Garden: Creating Healthier Community Environments. (Role: PI)

PUBLICATIONS

Published

Peer Reviewed Manuscripts

Workman LM, Flynn SF, Kenison K, Prince MS. Adoption of an Evidence-Based Teen Pregnancy Prevention Curriculum: A Case Study in a South Carolina School District. *American Journal of Sexuality Education*. 2015; 10(1): 70-85.

Brown DR, Carroll DD, **Workman LM**, Carlson SA, Brown DW. Physical Activity and Health-Related Quality of Life: U.S. Adults With and Without Limitations. *Quality of Life Research*. 2014; 23 (10): 2673-2680.

Saunders RP, Evans AE, Kenison K, **Workman LM**, Dowda M. Conceptualizing, Implementing, and

Monitoring a Structural Health Promotion Intervention in an Organizational Setting. Health Promotion Practice. 2013; 14(3): 343-353.

White Papers

Martin AB, Bhavsar G, **Workman LM**, Probst JC. Role of Free Clinics in the Rural Safety Net . Technical Report to the US Department of Health & Human Services, Health Resources and Services Administration. August, 2015.

Books

Martin SL & **Workman LM** (2010). Program planning and evaluation. In DR Brown, GW Heath, & SL Martin (Eds.), Promoting Physical Activity: A Guide To Community Action (2nd edition). Champaign, IL: Human Kinetics

In Preparation

Peer Reviewed Manuscripts

Workman LM, Kenison K. A multi-method qualitative evaluation to understand the development and implementation of AccessHealth South Carolina. To be submitted to Journal of Health Care for the Poor and Underserved.

Workman LM, Freedman D, Saunders RP, Jones SJ, Simmons DS. A Community-engaged Approach to Growing an Urban Community Garden. To be submitted to Journal of Contemporary Ethnography.

Workman LM, Saunders RP, Freedman DA, Jones SJ, Simmons DS. The Role of a Community Garden on Social Factors in an Urban Neighborhood Environment. To be submitted to Health and Place.

Workman LM, Brandt HM, Annang L, Wirth M. Gender Differences in Colorectal Cancer Screening among Participants in a Community Navigation Program. To be submitted to Journal of Cancer Education.

PRESENTATIONS

Workman LM, Kenison K. Conference Paper Presented November 12, 2015. An evolving evaluation approach to understand the development and implementation of systems of healthcare for uninsured South Carolinians. American Evaluation Association Annual Meeting, Chicago, IL.

Martin AB, Bhavsar G, **Workman LM**, Probst JC. Conference Poster Presented November 3, 2015. Post ACA: The evolving business models of free clinics. American Public Health Association, Chicago, IL.

Workman LM, Kenison K, Griffin S, Cashen E, Prynn C. Roundtable Presented October 16, 2013. Moving Toward Developmental Evaluation: Are Those Hiring Us Moving With Us? American Evaluation Association Annual Meeting, Washington, DC.

Brown DR, Carroll DD, Carlson SA, **Workman LM**, Brown DW. Poster Presented May 30, 2013. Physical Activity and Quality of Life among U.S. Adults with Limitations, BRFSS 2009. American College of Sports Medicine Annual Meeting, Indianapolis, Indiana.

Pitner R, Smallwood S, Sharpe P, Cole JA, Hunter J, Webb K, **Workman LM**, Hastie S. Roundtable

Presented January 18, 2013. Working with Communities to Generate Community-Level and Community-Engaged Interventions to Create Healthy Environments. The Society for Social Work and Research Annual Meeting, San Diego, California.

Workman LM, Brandt HM, Jackson DD, Cook A, Devlin TM, Annang L, Swan S, Adams SA, Wirth M, Hurley T. Poster Presented October 28, 2012. A Gender-Based Examination of Colorectal Cancer Screening Participation Among Participants in a Colon Cancer Awareness and Educational Program in Two South Carolina Counties. American Public Health Association Annual Meeting, San Francisco, California.

Workman LM, Freedman DA, Pitner R., Smallwood S, Cole JA, Hunter J., Webb K. Poster Presented March 30, 2012. Cultivating a Vision for an Urban Community Garden. Poster session presented at the annual symposium of the University of South Carolina's Center for Research in Nutrition and Health Disparities, Columbia, SC.

Workman LM, Brandt HM, Jackson DD, Cook A, Devlin TM, Annang L, Swan S, Adams SA, Wirth M, Hurley T. Poster Presented November 4, 2011. Women's Participation in Colorectal Cancer Screening in Richland and Lexington Counties, South Carolina: Results from the WE CAN! Colon Cancer Program. Carolina Women's Health Research Forum, Columbia, South Carolina.

Brandt HM, **Workman LM**, Jackson DD, Devlin TM, Cook A, Adams SA, Annang L, Swan S. Presented October 31, 2011. Implementation and evaluation of a community navigation program to increase participation in colon cancer screening: WE CAN! (Wellness, Education, Community Awareness, and Navigation) Colon Cancer Program. American Public Health Association Annual Meeting, Washington, DC.

Saunders RP, Evans AE, Kenison K, Dominick GM, **Workman LM**, Dowda M. Presented March 18, 2011. Conceptualizing, implementing, and monitoring structural health promotion interventions in organizational settings. University of South Carolina's Center for Research in Nutrition and Health Disparities Symposium, Columbia, South Carolina.

Brandt HM, Devlin TM, Cook AC, Adams SA, Annang L, Swan S, **Workman LM**, Williams M, Ranhofer H. Presented October 12, 2010. WE CAN! Prevent, treat, and beat colon cancer: Using multiple communication channels to implement a colon cancer program. University of South Carolina's Convergence and Society: Science, Health, and New Dimensions of Communication Conference, Columbia, South Carolina.

Workman LM, Saunders RP, Dowda M. Poster Presented June 10, 2010. The impact of an environmental intervention on the physical activity social environment in residential children's homes of North and South Carolina. International Society of Behavioral Nutrition and Physical Activity, Minneapolis, Minnesota.

Workman LM, Saunders RP, Dowda M. Presented April 2, 2010. The impact of an environmental intervention on the physical activity social environment in residential children's homes of North and South Carolina. University of South Carolina Graduate Student Day 2010, Columbia, South Carolina.

Brown DR, Carlson SA, Densmore D, Wall M, **Workman LM**. Poster Presented May 27, 2009. Associations Between Physical Activity And Depression By Weight Status Among U.S. Men And Women. American College of Sports Medicine Conference, Seattle, Washington.

Workman LM, Densmore D, Carlson SA, Brown DW, Brown DR. Presented March 17, 2009. Relationship Between Physical Activity Level and Perceived Health-Related Quality of Life in US Adults. Behavioral Risk Factor Surveillance System Conference, Atlanta, Georgia.

Workman LM, Kenison K, Buck, JE. Presented May 2, 2008. Creating Environments that Support Healthy Eating & Physical Activity Among Youth: Environmental Interventions in Children's Homes. North Carolina Children and Family Services Association, New Bern, North Carolina.

Kenison K and **Workman LM**. Presented June 26, 2007. Developing Logic Models to Guide Development and Evaluation of Health Education Curriculum and Interventions. National Association of Health Education Centers Conference, Atlanta, Georgia.

Workman LM, Saunders RP, Evans AE, Dowda M. Presented May 23, 2007. The relationship between children's perceived social support from adults and fruit and vegetable consumption in children residing in residential children's homes (RCH's). South Carolina Public Health Association, Myrtle Beach, South Carolina.

TEACHING EXPERIENCE

COURSES TAUGHT

- 2015 Co-Instructor, HSPM 774: Quality Management in Healthcare (Fall Semester)
Department of Health Services and Policy Management
Arnold School of Public Health, University of South Carolina, Columbia
- 2012 Instructor, HPEB 321: Personal and Community Health (Spring Semester)
Department of Health Promotion, Education, & Behavior
Arnold School of Public Health, University of South Carolina, Columbia

GUEST LECTURES

- 2015 Lecturer, HPEB 748: Community Health Development
Lecture: "Lessons Learned in Community Health Development"
Department of Health Promotion, Education, & Behavior
Arnold School of Public Health, University of South Carolina, Columbia
- 2015 Lecturer, HPEB 824: Social and Physical Environmental Interventions
Lecture: "Evaluation Design Issues in Social & Physical Environment Intervention Research"
Department of Health Promotion, Education, & Behavior
Arnold School of Public Health, University of South Carolina, Columbia
- 2014 Lecturer, HPEB 748: Community Health Development
Lecture: "Community Health Development in Practice"
Department of Health Promotion, Education, & Behavior
Arnold School of Public Health, University of South Carolina, Columbia
- 2013 Lecturer, HPEB 748: Community Health Development
Lecture: "Results and Lessons Learned from a Community-Engaged Dissertation"
Department of Health Promotion, Education, & Behavior
Arnold School of Public Health, University of South Carolina, Columbia

TEACHING DEVELOPMENT

2013 Preparing Future Faculty Training Completed
Center for Teaching Excellence, University of South Carolina

PROFESSIONAL ACTIVITIES

PROFESSIONAL MEMBERSHIPS

2013-present American Evaluation Association

PROFESSIONAL SERVICE

2013-present Reviewer, Urban Forestry & Urban Greening

2013-present Reviewer, American Evaluation Association Annual Meeting

2011-2013 Reviewer, American Public Health Association Student Assembly

2009 Member, CDC's Inaugural Weight of the Nation Planning Committee and Communities Subcommittee

2007-2008 Reviewer, Contributed Papers Committee, South Carolina Public Health Association

UNIVERSITY

2011-2014 Judge, Discovery Day, University of South Carolina

2011-2012 Member, Provost's Advisory Council on Women's Issues, University of South Carolina

2010-2011 Member, Arnold School of Public Health Dean's Student Advisory Committee, University of South Carolina

2005-2006 Distance Education Committee, Arnold School of Public Health, University of South Carolina

FELLOWSHIPS AND AWARDS

2012, 2013 Arnold School of Public Health Dean's Student Travel Award

2010, 2012, 2013 University of South Carolina Graduate School Travel Award

2009-2012 Presidential Fellow, University of South Carolina Graduate School

2008 Fellow, Physical Activity and Public Health Practitioner's Course

2007 Delta Omega Outstanding Abstract Award, South Carolina Public Health Association

REFERENCES Available upon request