

Nicholas A. Younginer

Curriculum Vitae

Younginn@mailbox.sc.edu

Education

- 2016 **PhD, Health Promotion, Education, and Behavior**
University of South Carolina, Columbia, SC
Dissertation: *The Roots of Perspective in the American Context: News Media Discourse and Stakeholder Perspectives About the Supplemental Nutrition Assistance Program*
- 2009 **MA, Anthropology**
University of South Carolina, Columbia, SC
Thesis: *(Re)Creating Community and Home in a New York Maronite Church*
- 2006 **BA, Anthropology**
University of South Carolina, Columbia, SC
Thesis: *Kibbeh and Collards: Lebanese Immigrant Identity in South Carolina Before and After 9/11*
- 2003 **AAS, Culinary Arts**
Johnson and Wales University, Charleston, SC

Teaching and Research Positions

- 2019-Present **Research Assistant Professor**, Department of Health Promotion, Education, and Behavior
Arnold School of Public Health
University of South Carolina- Columbia, SC
- 2018-2019 **Research Associate**, Department of Health Promotion, Education and Behavior
Arnold School of Public Health
University of South Carolina- Columbia, SC
- 2016-2018 **Postdoctoral Fellow**, Center for Research in Nutrition and Health Disparities
Arnold School of Public Health
University of South Carolina- Columbia, SC
- 2012-Present **Adjunct Instructor**, Department of Anthropology
University of South Carolina-Columbia, SC
- 2015-Present **Instructor**, Department of Health Promotion, Education, and Behavior
University of South Carolina- Columbia, SC
- 2011-2012 **Instructor**, Department of Sociology

University of South Carolina- Aiken, SC

- 2009- 2014 **Adjunct Instructor**, Department of Social and Behavioral Sciences,
Midlands Technical College- Columbia, SC
- 2014-2015 **Teaching Assistant**, Department of Health Promotion, Education, and Behavior
Arnold School of Public Health, University of South Carolina- Columbia, SC
- 2007-2009 **Teaching Assistant**, Department of Anthropology
University of South Carolina-Columbia, SC

Teaching Experience

Instructor

PUBH 726: Qualitative Methods for Public Health Practice

HPEB 560: Cooking Up a Storm: Food, Globalization, Localization, and Health in the South

HPEB 752: Public Health Nutrition

HPEB 502-online: Applied Aspects of Human Nutrition

SCHC 402: Food, Sustainability, and Health in the U.S. and Netherlands- study abroad

ANTH 102: Understanding Other Cultures

AANP 101: Primates, People, and Prehistory

ANT 202: Introduction to Cultural Anthropology

ANT 201: General Anthropology

Teaching Assistant

HPEB 715: Qualitative Research Methods in Public Health

ANTH 238: Middle Eastern Cultures

ANTH 237: Cultures of Islam

ANTH 102: Understanding Other Cultures

Peer-reviewed Publications

1. Crimarco A, Turner-McGrievy GM, Macaуда M, Botchway M, Adams S, Blake C, **Younginer, N.** "We're not meat shamers. We're plant pushers." (2020) How Owners of Local Vegan Soul Food Restaurants Promote Healthy Eating in the African American Community. *Journal of Black Studies* 51 (2), 512-521.
2. Jones S, Craig J, **Younginer N**, Whitt O, Childers C, Draperr C, Freedman D, Blake C, Liese A. How Cultural Frames Guide Strategies to Eliminate Child Hunger. (2020) *Journal of Poverty* 24 (1), 1-23.
3. Pope H, Draper C, **Younginer N**, Whitt O, Paget C. Exploring the Use of Decision Cases for Building SNAP-Ed Implementers' Capacities to Realize Policy, Systems, and Environmental Strategies (2020). *Journal of Nutrition Education and Behavior* 52 (5), 512-521.

4. Crimarco A, Turner-McGrievy GM, Adams S, Macaуда M, Blake C, **Younginer, N.** (2019). Examining demographic characteristics and food access indicators from the location of vegan soul food restaurants in the south. *Ethnicity and Health, 1-16.*
5. Crimarco A, Dias CH, Turner-McGrievy GM, Wilson M, Adams S, Macaуда M, Blake C, **Younginer N.** (2020). Outcomes of a short-term dietary intervention involving vegan soul food restaurants on African American adults' perceived barriers, benefits, and dietary acceptability of adopting a plant-based diet. *Food Quality and Preference, 79, 103788.*
6. Davison KK, Blake CE, Kachurak A, Lumeng JC, Coffman DL, Miller AL, Hughes SO, Power TG, Vaughn AF, Blaine RE, **Younginer N,** Fisher JO (2018). Development and preliminary validation of the Parenting around SNacking Questionnaire (P-SNAQ). *Appetite, 125, 323-332.*
7. Jones S, Draper C, Bell B, Burke M, Martini L, **Younginer NA,** Blake C, Probst J, Freedman D, Liese A (2018). Child Hunger from a Family Resilience Perspective. *Journal of Hunger and Environmental Nutrition, 1-22.*
8. Burke MP, Martini LM, Blake CE, **Younginer NA,** Draper CL, Bell BA, Liese AD, Jones SJ. (2017). "Stretching" Food and Being Creative: Caregiver Responses to Child Food Insecurity. Revise and Resubmit, *Journal of Nutrition, Education, and Behavior, 49(4), 296-303.*
9. Blaine, R.E., Fisher, J.O., Blake, C.E., Orloski, A., **Younginer, NA.,** Bruton, Y., Ganter, C., Rimm, E., Geller, A., Davison, K.K. (2016). Conditioned to eat while watching TV? Low-income caregivers' perspectives on the role of snacking and TV viewing among preschoolers. *Public Health Nutrition, 19(9), 1598-1605.*
10. **Younginer NA,** Blake CE, Davison KK, Blaine, RE, Ganter C, Orloski A, Orlet Fisher, J.(2016) "What Do You Think of When I Say the Word 'Snack'?" Towards a Cohesive Definition among Low-Income Caregivers of Preschool-Age Children. *Appetite, 98(1): 35-40.*
11. Liese AD, Draper CL, Martini L, Burke MP, **Younginer NA,** Probst J, Blake CE, Bell BA, Freedman D, Jones SJ. (2017). Recruitment Strategies and Participation in a Study of Childhood Hunger. *Journal of Hunger and Environmental Nutrition, 12(2), 251-268.*
12. Davison KK, Blake CE, Blaine RE, **Younginer N,** Orloski A, Ganter C, Bruton YP, Vaughn A, & Fisher JO. (2015). Parenting around child snacking: development of a theoretically-guided empirically informed conceptual model. *International Journal of Behavioral Nutrition and Physical Activity, 12:109.*
13. **Younginer N,** Blake CE, Draper C, Jones S. (2015). Resilience and Hope: Identifying Trajectories and Contexts of Household Food Insecurity. *Journal of Hunger and Environmental Nutrition, 10(2):230-258.*
14. Blake CE, Fisher JO, Gehre C, **Younginer NA,** Orloski A, Blaine RE, Bruton Y, Davison KK. (2014). A Qualitative Study of Parents' Perceptions and Use of Portion Size Strategies for Preschool Children's Snacks. *Appetite, 88, 17-23.*

Other Publications

1. **Younginer NA** and Fogle JR. Hobby Farms Magazine Special Issue: Cooking with Eggs. Volume 14k. January 2015
2. **Younginer NA** and Fogle KR. Side Dishes Recipes. Hobby Farms Magazine Special Issue: Bacon. Volume 11k. June 2014.
3. **Younginer NA** and Fogle KR. Classic Dishes Recipes. Hobby Farms Magazine Special Issue: Halloween. Volume 12k. September 2014.
4. Ferguson, Leland 2011. Line art illustrations by **Younginer N**. *God's Fields: Landscape, Religion, and Race in Moravian Wachovia*. University Press of Florida; Gainesville, FL.
5. Ferguson, Leland. Line art illustrations by **Nick Younginer**. From the Earth: Nature Spirits, Medicine Vessels and Consecrated Bowls as Responses to Slavery in the South Carolina Lowcountry. *South Carolina Archaeology Review*, 2015.

Presentations

1. **Younginer N**, Draper C. Upstream Partners: Identifying SNAP-Ed Sectoral Collaborations Towards Meaningful Policy, Systems, and Environmental Change. Annual Meeting. Society for Nutrition Education and Behavior, Orlando, FL. 2019.
2. **Younginer N**, Blake C, Jones S, Kim S, Kingsolver A. Roots of Perspective in the American Context: News Media Discourse and Stakeholder Perspectives About the Supplemental Nutrition Assistance Program. Annual Meeting of the American Public Health Association. Atlanta GA, 2017.
3. **Younginer, N**. Conflicting Perspectives on the SNAP Program and Its Participants: Cost, Health, Individualism, and Fraud. Annual Meeting of the Society for Nutrition, Education, and Behavior. San Diego, CA. 2016.
4. **Younginer, NA** and Reynolds, J. Lobster Boy Binges on SNAP: The Rebranding of Food Stamps and Welfare Queens for the New Millennium. Annual Meeting of the American Anthropological Association. Denver, CO. 2015
5. **Younginer N**, Blake C, Davison K, Orloski A, Blaine R, Gehre C, Adler R, Orlet Fisher J. Is a Burger a Snack? Conceptualization and Nutritional Value of Foods Identified as Snacks among Low-Income Caregivers of Preschool-age Children. International Society for Behavioral Nutrition and Physical Activity Annual Meeting. San Diego, CA. 2014.
6. **Younginer N**, Draper C, Craig J. Three Women with Video Cameras: Insiders' Perspectives on Food Insecurity. University of South Carolina Center for Research in Nutrition and Health Disparities Annual Symposium, Columbia, SC, 2014.
7. **Younginer N**, Blake, CE, Jones, SJ, Draper C. Context Shaping Meaning in Experiences of Household Food Insecurity. International Society for Behavioral Nutrition and Physical Activity Annual Conference. San Diego, CA. 2014.

8. **Younginer N**, Blake CE, Jones SJ, Draper C. Resilience and Hope: Identifying Trajectories and Contexts of Household Food Insecurity in South Carolina. University of South Carolina Center for Research in Nutrition and Health Disparities Annual Symposium, 2013.
9. **Younginer N**, Comparing Communities: Lebanese Maronite Immigrants and Their Descendants in Two Cities. Meeting of the Southern Anthropological Association, Wilmington, NC, 2008.
10. **Younginer N**, Melting in the Melting Pot: Lebanese Immigrant Identity After 9/11. University of South Carolina Department of Anthropology Colloquium Series, 2006
11. **Younginer N**, Lebanese Immigrant Identity After 9/11. South Carolina Anthropology Student Conference, Clemson University, 2006.

Presentations (not presenter)

1. Pope H, Draper C, Paget C, Younginer N. Exploring the Use of Decision Cases for Policy, Systems, and Environmental Trainings. Annual Meeting. Society for Nutrition Education and Behavior, Orlando, FL. 2019.
2. Draper C, Whitt O, Younginer N, Pope H, Paget C. The Sustainability of Policy, Systems, and Environmental Change Strategies Implemented in Partnership with the South Carolina SNAP-Ed Program. Annual Meeting. Society for Nutrition Education and Behavior, Orlando, FL. 2019.
3. Jones S, Craig J, Burke M, **Younginer N**. Reframing hunger: Structuralism, structural violence, and food insecurity in the US. Annual Meeting of the American Public Health Association. San Diego CA, 2018.
3. Draper C, **Younginer N**, Pope H, Mattison-Faye A, Paget C. Using Participatory Evaluation to Lessen the Gap Between Policy and Implementation within the South Carolina SNAP-Ed Program. Annual Meeting of the American Public Health Association. Atlanta GA, 2017.
4. Draper C, **Younginer N**, Pope H, Paget P. Building Capacity of the South Carolina SNAP-Ed Program to Implement Policy, Systems, and Environmental Strategies for Healthy Eating and Active Living in Conjunction with Delivery off Direct Nutrition Education. Annual Meeting of the Society for Nutrition, Education, and Behavior. Washington DC, 2017.
5. Bruton, YP., Blake, CE., Davison, KK., Orloski, A., Blaine, RE., **Younginer, N.**, Jones, N., Fisher, JO. (2015). Grandma Knows Best: Maternal perceptions of grandparents' influence on child snacking and parental feeding authority. Accepted for presentation at The Annual Meeting of The Obesity Society, Los Angeles CA. 2015.
6. Martini L, Burke M, and **Younginer N**. Neighborhood Social Cohesion is Associated with Food Security Status in Households with and Without Children in the U.S. *The FASEB Journal* 29.1 Supplement (2015): 903-23. Annual Meeting, Experimental Biology, San Diego, 2015.
7. Craig J, **Younginer N**, and Draper C. Feeding Our Families and Feeding Our Communities: Benefits and Challenges of Using Video in Participatory Action Research. Annual Meeting of the Society for Applied Anthropology, Pittsburgh, PA. 2015.

8. Blake CE, **Nicholas Younginer NA**, Davison KK, Orleski A, Blaine R, Gehre C, Orlet Fisher JO. What makes a food a snack? Snack definitions among low-income caregivers of preschool-age children. The Obesity Society, Obesity Week Conference, 2014.
9. Alexandria Orloski, Christine E. Blake, Kirsten K. Davison, **Nicholas Younginer**, Claudia Gehre, Rachel E. Blaine, Colleen Tewksbury, Yasmeeen Bruton, Jennifer Orlet Fisher. Associations of caregiver demographics with the types and quality of snacks offered to low-income preschoolers. The Obesity Society, Obesity Week Conference, 2014.
10. Davison, K. K., Blake, C. E., Blaine, R. E., **Younginer, N.**, Gehre, C., Bruton, Y., et al. Anything to make her smile. A conceptual framework for parenting practices around child snacking for low-income caregivers of preschool-aged children. Annual conference for the International Society for Behavioral Nutrition and Physical Activity. San Diego, CA. 2014
11. Blake C, **Younginer N**, Orlet Fisher J, Blaine R, Orloski A, Adler R, Bruton Y. Child snacking contexts and purposes and their associated nutritional quality among Low-income caregivers of preschoolers. Annual Meeting of the International Society for Behavioral Nutrition and Physical Activity Annual Conference. San Diego, CA. 2014
12. Blaine R, Orlet Fisher J, Blake C, **Younginer N**, Orloski A, Gehre C, Bruton Y, Davison K. Conditioned to eat while watching TV? Low-Income caregivers' perspectives on the role of television and snacking behaviors among preschoolers. International Society for Behavioral Nutrition and Physical Activity Annual Conference. San Diego, CA. 2014
13. Blake CE, Fisher JO, **Younginer N**, Orloski A, Blaine R, Hamtil H, Bruyton Y, Davison KK. Integrating Card-sort and Qualitative Interview Methods to Understand Parents' Child-snack 6
14. Liese AD, Martini L, Draper C, Burke M, **Younginer N**, Probst J, Blake C, Freedman D, Bell B, Jones S. Recruitment Strategies and Participation in a Case Control Study on Childhood Hunger. Annual Meeting of the American College of Epidemiology, 2013.

Invited Presentations

1. **Younginer, NA**. The Roots of Perspective in the American Context: News Media Discourse and Stakeholder Perspectives About the Supplemental Nutrition Assistance Program. Qualitative methods in public health, HPEB 715. September, 2016, 2017.
2. **Younginer, NA**. Qualitative fieldwork Methods: Lessons from the Field. Qualitative methods in public health, HPEB 715. November, 2015
2. **Younginer, NA**. Food Policy, Programs, and Hunger. Personal and Community Health, HPEB 321. University of South Carolina Honors College. October, 2014.
3. **Younginer NA**. Context Shaping Meaning in Experiences of Household Food Insecurity. Qualitative Methods in Public Health, HPEB 715. University of South Carolina. September, 2014.
4. **Younginer, N**. Three Women with Video Cameras: Insiders' Perspectives on Food Insecurity. The SC Videovoice Project. SOWK 560. University of South Carolina. February, 2014.

Grant Activity

1. **Equity-Focused Policy Research: Building Evidence on Nutrition Supports for Low-Income Families with Young Children**

Organization: Robert Wood Johnson Foundation

Amount requested: \$250,000

Period: 2 years

Title: Informing Inclusive Transportation Systems to Lessen Nutrition Support Disparities for Families with Young Children

Role: Co-Principal Investigator

Award status: Not awarded

2. **Cultural Anthropology Program- Doctoral Dissertation Research Improvement Grant**

Organization: National Science Foundation

Amount requested: \$28,000

Period: 1 year

Title: Investigating Perspectives of the SNAP Program and Participants Through the Use of Media Narratives

Role: Co-Principal Investigator

Award status: Not awarded

3. **Doctoral Dissertation Research Grant Program**

Organization: RIDGE Center for Targeted Studies

Amount requested: \$17,500

Period: 1 year

Title: Investigating Perspectives of the SNAP Program and Participants Through the Use of Media Narratives

Role: Co-Principal Investigator

Award status: Not awarded

Research and Evaluation Experience

2015- present Title: South Carolina SNAP-Ed Program Evaluation

Funding Source: USDA, Food and Nutrition Service

Role: Co-Investigator. Participate in instrument development, data collection, data analysis, and report writing. Manage qualitative data and analysis processes across four State Implementing Agencies.

Project: Assess the South Carolina SNAP-Ed program's capacity to implement required federal changes to the program that focus on policy, system, and environmental initiatives. Evaluation includes in-depth interviews, focus groups, and environmental assessments with program stakeholders, administrators, sites and participants across South Carolina.

2017- 2019 Title: South Carolina Community Loan Fund Evaluation

Funding Source: South Carolina Community Loan Fund

Role: Evaluator Developing interview guides that capture the health and economic impacts of funded projects. Conducting key informant interviews with loan recipients and other stakeholders who are either involved in or benefited by the project, and collecting photographic evidence of project implementation. Conducting key informant interviews with 14 past participants of the Feeding Innovation program. Analyzing interview data and writing impact report.

Project: Showcase the economic and health impacts that each Blue Cross Blue Shield HFFI Loan project has had in its community.

2013-2015 Title: Snacking in Young Children: Parental Definitions, Goals, and Feeding Practices.

Funding Source: National Institutes of Health's National Institute of Child Health and Human Development.

Role: Qualitative Data Manager. Managed qualitative interview data and quantitative card sort data for 60 participants across two sites. Analyzed qualitative interview data using Nvivo 10 qualitative analysis software and participated in regular research meetings to develop findings, presentations, and manuscripts.

Project: Conduct interviews and card sorting procedures with caregiver's of young children regarding their perspectives of the concept and practices of snacks for their children.

2013- 2014 Title: "How Can South Carolina Communities Eliminate Child Hunger: An Insider's View".

Funding Source: Initiative for South Carolina's Future's University-Community Initiative Research Award

Project: Cultivate advocacy, awareness, and community change of household experiences of food insecurity and hunger in South Carolina using videovoice methodology with four households in South Carolina.

Role: One of two field researchers who conducted initial interviews with project participants and facilitated discussions and reflexive video viewing with participants. Performed collaborative video editing with participants to create film stories of their experiences to show n community meetings and forums. 8

2012-2013 Title: "How can communities and households protect children from very low food insecurity?"

Funding source: US Department of Agriculture Food and Nutrition Service/University of Kentucky Poverty Research Center

Role: Field researcher. One of four field researchers who conducted interviews with project participants. Personally conducted over 100 interviews of the total project sample of 551 across South Carolina. Participated in investigator meetings to develop recommendations, presentations, and manuscripts

Project: Develop recommendations for how communities and households can eliminate child hunger based on interviews with community organizations and households in South Carolina.

Professional memberships

Society for Nutrition Education and Behavior
American Evaluation Association
Southern Anthropological Society

American Anthropological Association
American Public Health Association

Service

2019-Present Serve as member of the Steering Committee for the Arnold School of Public Health's Nutrition Consortium

2015-2017 Staff for 5th Annual Symposium of the Center for Research in Nutrition and Health Disparities- Healthy Eating in Context: Building and Strengthening Collaborations to Address Hunger, Poverty, and Nutrition in the Southeast

2014 Qualitative Data Analysis for St. Peter's Catholic Church Congregation Survey Project

2014 Staff for 4th Annual Symposium of the Center for Research in Nutrition and Health Disparities- Healthy Eating in Context: Communicating for Change and Sustainability

2013 Judge for Social Sciences and Humanities Poster Presentations
Discover Day Forum for Student Ingenuity University of South Carolina- Columbia

2012 Sociology Tenure Track Faculty Search Committee, University of South Carolina-Aiken

2012 Criminal Justice Tenure Track Faculty Search Committee, University of South Carolina-Aiken

2012 Anthropology Tenure Track Faculty Search Committee, University of South Carolina-Aiken

2009 Conference Organizer, South Carolina Anthropology Student Conference
University of South Carolina-Columbia

2008-2009 Co-president, Anthropology Graduate Organization for Research, Action, and Ethics (AGORAE)

Awards

2015 Arnold School of Public Health Dean's Student Travel Award

2015 University of South Carolina Graduate School Travel Award

2014 Arnold School of Public Health Dean's Student Travel Award

2006 Magellan Scholars Undergraduate Research Fellowship