Welcome back HPEB! The semester is already in full swing and I hope your classes and research projects are going well. Sometimes it may seem like the semesters blend together but I do hope you took the time this summer to decompress and work at a slightly different pace. Despite the heat and humidity, I enjoyed the summer. Yes, there was still a lot of work to be done and extra brain power needed to recall which activity my child was supposed to be at each week (although he’s so organized, he often told us). But we swam, laughed, read, and went to the movies. I always like to hear about what people are reading and watching. These were my favorites from summer:

(1) The novel *My Italian Bulldozer* by Alexander McCall Smith (Smith taught law at the University of Botswana; he is currently a medical law professor at the University of Edinburgh). This was a fun read about everything that goes wrong when a food and wine writer heads off to Tuscany to recover from being dumped by his girlfriend and to write his next piece. The only vehicle he is able to rent to drive across Italy is a bulldozer. Can you imagine? But he makes the most of it and experiences Italy like never before.

(2) The movie *Christopher Robin* (Winnie-the-Pooh books were written by British author, A.A. Milne). Well of course I had to see this movie with my son. And I think I may have enjoyed it more than he did. Much of the movie had lessons in work-life harmony and reminded us to be present in every moment.

Winnie the Pooh: What day is it?
Christopher Robin: It’s today.
Winne the Pooh: My favorite day.

I may or may not have cried (you can guess) when Christopher Robin’s daughter exclaimed, “Your life is happening now, right in front of you!” I’m going to take what I learned from this ‘light’ summer entertainment, apply it to the year, and make the most of it at work and at play. I invite you all to join me!

– Daniela Friedman
Congratulations Are In Order!

Jennifer Mandelbaum, doctoral student, was selected to be a 2018-2019 Graduate Civic Scholar. Jennifer has also been elected to be the new president of the Graduate Student Association.

Abdullah Khan, doctoral student, was selected as a Presidential Fellow by The Graduate School.

Akeen Hamilton, doctoral student, has received the Southern Regional Education Board-State Doctoral Scholars Program Award.

Virginia Simmons, MPH alum, is working at Greenville Health System in the Cancer Institute as a CIOS Project & Research Associate in the Center for Integrative Oncology and Survivorship.

Venice Haynes, doctoral student, received the Julia Bumry Jones scholarship in Communications from her sorority, Delta Sigma Theta.

Five recent applicants for the Olga Ogoussan award, Aditi Srivastav, Caroline Dunn, Monalisa Nazratun, Marian Botchway, and Kate Hoy, have been approved by the Scholarship and Awards committee for the amount of $500 each.

Dr. Sayward Harrison has completed the New Faculty Academy program offered by the Office of the Provost and the Center for Teaching Excellence.

Dr. Jim Thrasher was invited to join the Editorial Board for Social Science and Medicine.

Dr. Brie Turner-McGrievy, was named Deputy Director of the Technology Center to Promote Healthy lifestyles (TecHealth).

Dr. Edward Frongillo became the chair of the governing committee of the Global Nutrition Council of the American Society for Nutrition on July 1, 2018, a position which includes serving on the Society’s board of directors.

Shibani Kulkarni, PhD alum, is now in Atlanta at the Centers for Disease Control and Prevention in a fellowship program, working on global immunization strategies and programs.

Dr. Christine Blake is the new Director of the Arnold School of Public Health’s Nutrition Consortium.

Tatiana Martinez-Jaikel completed her doctoral studies, and has resumed her faculty position in the School of Nutrition at the University of Costa Rica.

Dr. Xiaoming Li and Dr. Sayward Harrison were given honorary faculty appointments at Henan Normal University in Xinxiang, China, where they traveled to this summer to teach faculty and graduate students about current efforts to promote resilience among HIV-affected populations.
Dr. Edward Frongillo attended two back-to-back meetings at the World Health Organization in Geneva in July. The first meeting was of the Technical Expert Advisory Group on Nutrition Monitoring, World Health Organization and United Nations Children’s Fund. He was elected as co-chair of the Group. The second meeting was of the Inter-Agency Consultation on Infant and Young Child Feeding Indicators; this meeting was also attended by doctoral student Ligia Reyes who served as rapporteur and drafted the meeting report.

Dissertation and Practicum Presentations

We congratulate the following students who completed milestones in their academic programs during the past three months:

MSPH Thesis Defense:

Anna Mesa: The Effect of Neighborhood Characteristics and Acculturation on Vegetable intake Among U.S. Hispanics. {July 2018}

Victoria Lambert: Interpersonal communication about cigarette warning labels among US smokers: Difference between Latinos and Whites {July 2018}

MPH Practicum:

Lauren Schisler: Analysis of Aspects of a Diabetes Prevention Program. {July 2018}

Michael Sumague: Quality of Life Enhancement Through Music Reminiscence Therapy “Grace Notes” Among Individuals in Hospice Care. {August 2018}

Busola Adedeji: The Greenway Project: Bringing Back the Culture of Walking and Biking in Lancaster. {August 2018}

Nathan Denney: Promoting Physical Activity and Nutrition in an Urban context {August 2018}

Dissertation Proposal Defense:

Tramaine Paul McMullen: Does Marriage, Employment, and Having Children Matter? A Secondary Analysis on Physical Activity and Social Roles among Women in the United States {August 2018}

Dissertation Final Defense:

Alicia Dahl: Healthy Motivations for Moms-To-Be Study: A Mobile Health Intervention Targeting Gestational Weight Gain Among US Women {July 2018}

Tatiana Martinez-Jaikel: Intervention for Women in Costa Rica Who are Discouraged and Have Food Insecurity and Excess Body Weight {July 2018}

Funding News

Dr. Sayward Harrison was awarded a grant from the National Academies of Sciences, Engineering, and Medicine (NASEM) to evaluate the capacity of US longitudinal data systems to capture information related to community resilience, including health-related and psychosocial outcomes.

Dr. Jim Thrasher was awarded a $1.3 million grant from the NIH Fogarty International Center to examine the use of electronic cigarettes in low- and middle-income countries in Latin America.
Drs. **Daniela Friedman** and Sue Levkoff (College of Social Work) are recipients of a P30 program grant from the National Institute on Aging for the establishment of an Alzheimer’s disease-related Resource Center for Minority Aging Research (AD-RCMAR). **Dr. Lucy Ingram** is a director of the Research Education Component and **Dr. Katrina Walsemann** is a director of the Analysis Core for the AD-RCMAR.

Doctoral alumna **Chiwoneso Tinago** received a Grand Challenges Explorations grant from the Bill and Melinda Gates Foundation entitled, “Development and Testing of a Community-Based Peer-Support Intervention to Mitigate Social Isolation and Stigma of Adolescent Motherhood in Mabvuku, Zimbabwe”. Dr. Ed Frongillo and research associate Andrea Warren are collaborators on the project.

**HPEB in the News**

**Alyssa Geis**, online MPH student, was featured in an article on the Arnold School website for her work with Operation Smile. [Story Link]

**Dr. Lee Pearson** was featured on the University of North Carolina Asheville website for their 90 years, 90 Careers celebration story of their alumni to celebrate their 90th anniversary as a University. [Story Link]

**Dr. Brie Turner-McGrievy**, was highlighted on the University of South Carolina website for her work on healthy diets. [Story Link]

**Alicia Dahl**, PhD alum, was highlighted on the Arnold School of Public Health website as she headed off to join the faculty at the University of North Carolina Charlotte as an assistant professor. [Story Link]

**Akeen Hamilton**, HPEB doctoral student, was featured on the Arnold School website for his latest achievement of being selected to join the State Doctoral Scholars Program. [Story Link]

**Tatiana Martinez-Jaikel**, PhD graduate, was featured on the ASPH website for her work on improving health for women in Costa Rica. [Story Link]

**Anna Greer**, PhD alum, received the highest score on the Spring 2018 MCHES exam. [Story Link]

HPEB faculty and staff came together to celebrate and send off Avery Causebrook. She is volunteering for AmeriCorps in Seattle.
Publications and Presentations


Kaczynski AT, Hipp JA, Schipperijn J, Stowe EW, Hughey SM, Wende ME. Oliphant EL. ParkIndex: Developing a standardized national park access tool for parks and public health research and practice. Presented at the 25th International Association for People-Environment Studies, July 8-13, 2018, Rome, Italy.


Please send submissions for *News and Kudos* to Grace Lewis so that we can share and celebrate your work!

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