

TECHNOLOGY AND BEHAVIORAL INTERVENTION LAB

Fall 2023

**Seeking a PhD student
interested in
technology-supported
health promotion
interventions!**



Our lab's goal is to develop effective technology-supported behavioral programs to help adults increase physical activity, decrease sedentary time, improve diet, and lose weight.

RESEARCH PROJECTS YOU WOULD BE INVOLVED WITH

Healthy Living After Knee Replacement Study:

- Examine the influence of a behavioral weight loss program on weight, pain, physical function, and physical activity after knee replacement

Walk With Ease Delivered by Telephone Study:

- Evaluate the short-term and long-term effects of a phone-based version of Walk with Ease (WWE-T) in adults with arthritis
- Scan QR code to read about our exciting news!➔

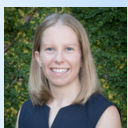


According to the CDC, arthritis is the most common disability among adults living in the United States.

INTERESTED IN JOINING THE TEAM?

Contact Dr. Pellegrini to discuss this research assistantship position, which begins in the Fall 2023 semester. To discover more about our research team, current projects, publications, and even learn about our team members' adorably quirky pets, scan the QR codes below!

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Lab Main Page



Meet Our Team



Meet Our Pets

