



UNIVERSITY OF  
**SOUTH CAROLINA**  
Arnold School of Public Health



## **MIDLANDS HEART WALK**

April 6th, 2019 | Colonial Life Arena

Walk begins at 9:30 am (Expo opens at 8:00 am)

# **Have a heart ... Join your ASPH Team!**

Students, faculty/staff, friends & family of the ASPH community:

**WE'RE NOT JUST WALKING...WE'RE HEARTWALKING!**

Together, we can reach the lifesaving goal of reducing death and disability from cardiovascular disease and stroke by 20% by 2020. Step out, have fun, get inspired & support a meaningful cause!

**Registration is FREE! ♥ Food and beverages are FREE!**

*Life is why  
we walk.*

*For your heart  
For public health | For the love...  
Join Team ASPH!*

**REGISTER AT: <http://www2.heart.org/goto/ASPH>**