Nutrition Consortium Volunteers at the Sustainable Carolina Garden

We want to thank all of those that came out to our Fall Service Project with the Sustainable Carolina Community Garden! We had a great time weeding, planting, and mulching to help maintain a healthy and sustainable community! If you missed out
on this opportunity, don’t worry! Look out for more service project opportunities coming soon.

Volunteers: Christine Blake, Andrew Chen, Kelli DuBois, Gabrielle Fedel, Rachel Jonas, Zach Jenkins, Emma Kenney, Abbi-Lane Cordova, Krytsal Rampalli, Angelina O'Rourke, Mayomi Omebeyinje, Andrea Warren, Madalynn Wise, Longgang Zhao

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**Nutrition Consortium Research Symposium**

The symposium seeks to encourage collaboration and generate and communicate knowledge across the spectrum of nutrition research.

**Friday, March 20, 2020**

UofSC Alumni Center

Save the Date! Details and Call for Abstracts Coming Soon!

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**Consider Nutrition-Related Courses at UofSC!**

**Spring 2020 UofSC Nutrition Courses with Open Enrollment**

*Note: some courses may already be full for registration Spring 2020*

**HPEB 489: Food Systems Capstone Seminar**
HPEB 502: Applied Aspects of Human Nutrition*
HPEB 560: Cooking Up a Storm: Food, Globalization, Localization, and Health in the South
HPEB 752: Nutrition and Public Health
EXSC 620: Nutrition and Immunology
BIOL 425: Plant Form and Function
GEOG/ENVR 538: Global Food Politics
EXSC 507: Exercise, Sport, and Nutrition

*HPEB 502 will also be offered during summer session

Welcome Our New Nutrition Program Coordinator!

Emma Kenney, MPH
Emma is a native of Irmo, SC and an alumna of the UofSC Exercise Science department where she obtained her Masters of Public Health and Physical Activity.

Fun Fact: Emma worked as an Assistant Nutritionist for the UofSC football team during her undergraduate career where she assisted with analyzing body composition, hydration testing, and organizing and maintaining the nutrition facility.

Welcome Our New Affiliates!

**Faculty/Staff Affiliates**

Jennifer O'Neill, PhD  
Graduate Director, MPH and MS Programs, Clinical Assistant Professor,  
Department of Exercise Science

Tiara Rosemond, PhD, MPH, CHES  
Senior Research Associate, College of Social Work

Andrea Warren, PhD  
Research Associate, Department of Health Promotion, Education, and Behavior

Nicholas Younginer, PhD  
Research Associate, Department of Health Promotion, Education, and Behavior

**Student Affiliates**

Alexa Chandler, MS  
Sponsor: Dr. Shawn Arent

Harry Cintineo, MS  
Sponsor: Dr. Shawn Arent

Nkechi Okpara, MS  
Sponsor: Dr. Brie Turrner-McGrievy

McKenzie Parker  
Sponsor: Dr. Teresa Moore
Recent Affiliate Publications


Child ST, Kaczynski AT, Walsemann KM, Fleischer N, Mclain A, Moore S.


Affiliate Spotlight

Sara Wilcox, PhD

Department of Exercise Science

How would you describe your nutrition research?

The ultimate goal of my research is to reduce the risk of chronic disease, especially
cardiovascular disease, in communities. Most of my research in South Carolina has been done in partnership with communities and has promoted physical activity and healthy eating in older adults, African Americans, and women. I’m interested in helping individuals as well as community-based organizations make gradual but meaningful changes that are sustained over time. My studies typically measure individual behavior change (healthy eating, physical activity) and/or organizational changes to policy, systems, and environments.

**What professional accomplishment(s) related to nutrition are you most proud of?**

The Faith, Activity, and Nutrition program which was developed, tested, and then disseminated in partnership with faith communities is now indexed in the National Cancer Institute's Research Tested Intervention Programs (RTIPs) and is a promising intervention in the Rural Health Information Hub. On 9/30/19, the Prevention Research Center begun a national implementation study of the program. I’m excited and a little nervous about this study!

**What do you hope to see the Nutrition Consortium accomplish in 2019?**

As a Center director myself, I know it can be hard to establish an identity in the School and University regarding the work we do. So I think that is something the Nutrition Consortium should continue to strive to do. I’d also like to see the Nutrition Consortium consider pursuing Center funding and, if realistic, the steps that would be needed along with a timeframe.

**Random fun fact?**

Although running has been my activity-of-choice since college, in October of 2018, I took part in my first running relay. I loved it, and have done several since, with more scheduled, including the Ragnar Relay (trail running over a ~27-hour period), the Palmetto 70, and the Ville to Ville (Asheville to Greenville!). I’ve made great friends and love the adventure.
Adopt a Family

The Arnold School of Public Health is spreading some holiday cheer and needs your help sponsoring a Midlands family in need. DSAC has adopted a family of six from the Families Helping Families organization and you can help this family by donating a gift or gift card. The Office of Graduate Student Services (PHRC 108) will be collecting items now through December 5th. DSAC will be collecting gifts and will host a wrapping party from 2:30 pm - 4:30 pm in PHRC 107 on Friday, December 6th. Please drop your gifts off early and plan to come for wrapping and refreshments on December 6th. Sign up here.

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Nutrition 2020 Abstract Submission Open

Share your Successes!

Help us showcase the remarkable nutrition research, teaching, and service being done at the University of South Carolina. Tell us about your latest nutrition related publications, presentations, awards, grants, and all other recognitions or accomplishments to be featured on our website and future NutriNews.

Email emkenney@email.sc.edu to be featured.

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