

CHRISTIAN H. GORCHOW, MSW, LMSW

RESEARCH PROGRAM

Passionate child welfare researcher dedicated to improving the wellbeing of Black and African American children in foster care. Her research focuses on centering the voices and experiences of Black and African American children involved in foster care and their caregivers. Her secondary research area focuses on developing interventions that promote foster parent culturally competence and racial socialization practices in transracial placements.

EDUCATION

Ph.D.	University of South Carolina, Columbia, SC College of Social Work	Expected May 2023
MSW	University of South Carolina, Columbia, SC College of Social Work	2016
BS	Virginia Tech, Blacksburg, VA College of Science	2013

RESEARCH EXPERIENCE

Principle Investigator A Mixed Method Analysis of Cultural Competence and Racial Socialization Practices Among Parents Transracially Fostering Black Children Major Professor: Kristen Seay, Ph.D. Committee Members: Breanne Grace, Ph.D., David Martínez, Ph.D., Yanfeng Xu, Ph.D.	2022-Present
Graduate Research Assistant Targeting Behavioral Adjustment and Healthy Lifestyle in Preschool-Age Children using an Integrated Family-Based Intervention National Institute of General Medical Sciences, NIH, P20GM130420 Principle Investigator: Kristen Seay, Ph.D.	2020-2021
Graduate Research Assistant Center for Child and Family Studies Principle Investigators: Cynthia Flynn, Ph.D., Amber Baughman, Ph.D., Nelis Soto-Ramirez, Ph.D.	2019-2021
Graduate Research Assistant Pyramid Model Train-the-Trainer: Preschool Development Principle Investigator: Heather Googe, Ph.D.	2019
Graduate Research Assistant	2018-2021

Developing a Health and Education Information Exchange for Children and Youth in Foster Care in South Carolina
The Duke Endowment
Principle Investigator: Kristen Seay, Ph.D.

Graduate Research Assistant 2018-2020
Child Welfare Case Record Reviews for the Origins of Child Neglect and Child Emotional Maltreatment in South Carolina
Children's Trust/Blue Cross Blue Shield
Principle Investigator: Kristen Seay, Ph.D.

Undergraduate Research Assistant 2012-2013
Center for Applied Behavior Systems
Principle Investigator: E. Scott Geller, Ph.D.

GRANTS / FUNDING

SPARC Grant 2021-2022
Exploring Foster Parent Cultural Competence in Transracial Placements
Major Professor: Kristen Seay, Ph.D.

PUBLICATIONS

Published Peer-Reviewed Articles

Wilson, B., Davis, B., Anderson, B., Luke, P., **Gorchow, C.**, Foda, A. (2022). The whitewashing of Black women doctoral students' research and scholarship at predominately white institutions: Implications for social work doctoral education. *Journal of Social Work Education*.

McRell, A.S., **Holmes, C.E.**, Singh, A., Levkoff, S.E., Schooley, B., Hikmet, N., & Seay, K.D. (2021). Youth in foster care and the Reasonable and Prudent Parenting Standard. *Child Maltreatment*, 26(3), 302-312. <https://doi.org/10.1177/1077559520957748>

Manuscripts in Progress

Gorchow, C., Seay K., Grace, B., Martínez, D., & Yanfeng, X. (n.d.). Foster parent engagement in cultural competence and racial socialization practices with Black foster children.

Gorchow, C., Seay K., Grace, B., Martínez, D., & Yanfeng, X. (n.d.). The influence of foster parent cultural competence on the racial socialization of Black foster children.

Gorchow, C., Seay K., Grace, B., Martínez, D., & Yanfeng, X. (n.d.). Cultural competence and racial socialization attitudes of parents transracially fostering Black children.

Research Reports and Other Publications

Gorchow, C. H. (2022, April). *Juvenile Court Program court observation results*. Columbia, SC: South Carolina Department of Children's Advocacy, System Improvement.

Flynn, C. & **Gorchow, C. H.** (2021, September). *Foster parent support: Annual satisfaction survey*

summary results. Columbia, SC: University of South Carolina, Center for Child and Family Studies.

Seay, K.D., McRell, A.S., & **Holmes, C.E.** (2020, August). *A practice brief on the predictors, associated experiences and consequences of child emotional abuse and child neglect: A literature review.* Columbia, SC: University of South Carolina, College of Social Work.

Googe, H.S. & **Holmes, C.E.** (2020, March). *Preschool development grant: Pyramid model train-the-trainer.* Columbia, SC: University of South Carolina, Yvonne & Schuyler Moore Child Development Research Center.

PRESENTATIONS

Gorchow, C.H. (2021, September). *Racial disproportionality and disparities in the child welfare system.* Invited oral presentation to BSW students in Child Welfare Policies and Practices, Johnson C. Smith University, Charlotte, NC.

***Holmes, C.E.**, *McRell, A.S., Seay, K.D., Strompolis, M., Armstrong, J., & Wilson, A. (2021, March). *What do we know about childhood neglect and emotional abuse? A systematic literature review.* Oral presentation at the Building Hope for Children Conference, Virtual Conference.

***Holmes, C.**, *Martin, R., *McRell, A.S., & Seay, K.D. (2021, February). *Understanding economic distress and poverty: Applications to your child clinical psychology practicum.* Guest lecture for the Psychology Department's Child Clinical Psychology Practicum. Professors: Dr. Kimberly Becker, Dr. Kate Flory, Dr. Emily Neger. The University of South Carolina College of Arts and Science, Psychology Department, Columbia, SC.

Seay, K.D., McRell, A.S., **Holmes, C.E.**, Levkoff, S.E., Singh, A., Schooley, B. & Hikmet, N. (2021, January). *Foster parent perspectives on the fostering experience and motivations to foster.* Poster presentation at the Society for Social Work and Research 25th Annual Research Meeting, Virtual Conference.

McRell, A.S., Seay, K.D., **Holmes, C.E.**, Singh, A., Levkoff, S.E., Schooley, B. & Hikmet, N. (2021, January). *Foster parent efforts to construct positive childhood experiences for the children in their care.* Abstract accepted for poster presentation at the Society for Social Work and Research 25th Annual Research Meeting, Virtual Conference.

Holmes, C.E. (2020, February). *Detached: Considerations for how social workers can recognize and treat individuals who live with attachment disorders.* Invited oral presentation to MSW students in Advanced Theory for Social Work Practice: Children, Youth, and Families, University of South Carolina, College of Social Work, Columbia, SC.

Holmes, C.E., McRell, A.S., Pace, S., & Seay, K.D. (2020, January). *Foster parent access and use of healthcare resources: Influences of foster parent educational attainment.* Oral presentation at the Society for Social Work and Research 24th Annual Research Meeting, Washington, DC.

McRell, A.S., **Holmes, C.E.**, Pace, S., Levkoff, S.E., & Seay, K.D. (2020, January). *Protection and*

participation: The role of children's voices in collecting and maintaining foster care vital records. Poster presentation at the Society for Social Work and Research 24th Annual Research Meeting, Washington, DC.

Farrenkopf, K., **Holmes, C.**, & Seay, K.D. (2019, March). *Suicide prevention and awareness on college campuses.* Poster presentation at the University of South Carolina Creativibe Conference, Columbia, SC.

Holmes, C. (2016, April). *Substance abuse on a college campus: The importance of social work brief Interventions.* Poster presentation at the University of South Carolina College of Social Work TFT/HEALS Scholars Poster Fair, Columbia, SC.

Cabrisses, E., **Holmes, C.**, Butterworth, S., & Armstrong, M. (2013, April). *Cultivating AC4P character strengths to reduce bullying in an elementary school.* Poster presentation at the Virginia Psychological Association Convention, Richmond, VA.

Cabrisses, E., McCutchen, J., Langerman, M., & **Holmes, C.** (2013, May). *A bullying-prevention intervention for elementary schools: Teaching AC4P character strengths to reduce violence.* Poster presentation at the Virginia Academy of Science convention, Blacksburg, VA.

Pacque, K., McCarty, S.M., Butterworth, & S., **Holmes, C.** (2013, May). *A behavior-based intervention to increase prosocial recognition in an organization.* Oral presentation at the Virginia Academy of Science convention, Blacksburg, VA.

McCutchen, J., McCarty, S., **Holmes, C.**, & Toney, K. (2013, May). *Behavior-based intervention to prevent bullying in elementary schools: prompting and rewarding prosocial behaviors.* In E.S. Geller (Chair), Behavior Analysis to Improve Education: An Actively Caring for People (AC4P) Approach. Symposium presentation at the Association for Behavior Analysis International, Chicago, IL.

TEACHING EXPERIENCE

Instructor-of-Record

Human Behavior and the Social Environment: Large Systems, Fall 2022

Instructor-of-Record

Advocacy for Social and Economic Justice, Spring, 2022

Guest Lecturer

Child Welfare Policies and Practices, Fall, 2021

Instructor-of-Record

Advocacy for Social and Economic Justice, Spring, 2021

Guest Lecturer

Advanced Child, Adolescent, and Family Therapy Practicum, Spring, 2021

Teaching Assistant
Advanced Theory for Social Work Practice, Spring, 2020

PRACTICE EXPERIENCE

Juvenile Court Program Coordinator and Administrative Coordinator 2021-2022
Department of Children's Advocacy, Columbia, SC

- Observed juvenile courts in Richland County, collected and analyzed data on juvenile offenders, and prepared reports for key stakeholders and the state legislature.
- Provided administrative support to the Director and Deputy Director of the Office of the Child Advocate.
- Assisted with budget reconciliation and other forecasting/planning activities; gathered, analyzed, and prepared statistical information for reports; monitored data changes and updated reports as necessary.
- Monitored legislation delegation meetings, as well as relevant state legislator committee meetings.
- Monitored the progression of relevant bills proposed by the state legislator.
- Monitored news related to child serving agencies in South Carolina.

Social Worker III 2016-2018
William S. Hall Psychiatric Institute, Columbia, SC

- Provided treatment to a caseload of 4-8 children and adolescents on a crisis stabilization unit including conducting psychosocial assessments, screening patients for substance-related disorders, individual therapy, family therapy, and group therapy.
- Actively participated in multi-disciplinary treatment team meetings of psychiatrist, social workers, activity therapist, pharmacists, and nurses.
- Utilized case management skills to refer patients to community resources and for discharge planning purposes.
- Documented patient progress in treatment as well as contacts with family, guardians, foster parents, and other involved state agencies.
- Supervised Master of Social Work student interns.

Mental Health Professional 2016
Associated Family and Life Services, Sumter, SC

- Provided individual and family intensive outpatient therapy to clients ages 4 and above.
- Documented and monitored patient progress and appropriate clinical information for Medicaid.
- Supervised clinical service providers on their implementation of rehabilitative behavioral health services.

SERVICE

Diversity, Equity, and Inclusion Committee 2021-Present

Doctoral Program Committee 2020-2021
Elected doctoral representative for 3rd year students

TRAININGS & RESEARCH SKILLS

Research and Teaching Training

- Assessing Risk
- Federal Educational Rights and Privacy Act
- History and Ethical Principles
- Informed Consent
- Populations in Research Requiring Additional Considerations and/or Protections
- Privacy and Confidentiality
- Intervention Research
- Longitudinal Research and Analysis
- Mixed Method Research
- Qualitative Research and Analysis
- Quantitative Research and Analysis
- Quasi-Experimental Designs
- Anti-Racist and Anti-Opressive Teaching
- Contemporary Learning Styles
- Developing Useful and Well-Planned Grading Rubrics
- Engaging Students with Difficult Content Online
- Providing Student Feedback

Research Skills

- Descriptive Statistics
- Focus Groups
- Interviewing
- Observations
- Regression Analysis
- Report Writing
- Survey Development and Data Collection
- Excel
- SAS
- IBM SPSS
- NVivo

HONORS, AWARDS, AND SCHOLARSHIPS

Training for Transitions Fellowship, University of South Carolina,
College of Social Work

2015-2016

Cum Laude, Virginia Tech

2013

PROFESSIONAL AFFILIATIONS

- Society for Social Work and Research

- National Association for Social Workers
- Association for Behavior Analysis International
- National Society for Collegiate Scholars