Jennifer Ornelas, LCSW

RESEARCH PROGRAM

Current research interests include first responder mental health, first responder identity, and first responder family wellness.

EDUCATION

Ph.D. University of South Carolina, Columbia, SC Expected June 2025

College of Social Work

MSW University of Southern California, Los Angeles, CA 2009

School of Social Work

BA University of California, Irvine, CA

School of Social Sciences, Anthropology 2004

RESEARCH EXPERIENCE

Graduate Research Assistant 2021 -2022

Dr. Dana DeHart

Graduate Research Assistant 2022

Dr. John Doering-White

PRESENTATIONS

Ornelas, J. (August 2017). *The mental health of firefighter burnout*. International Association of Fire Fighters,

John P. Redmond Symposium. Panel: Compassion Fatigue. Phoenix, AZ.

Ornelas, J. (December 2016*). Rescuing the rescuer*. California Fire Chiefs Association.Sacramento, CA.

Ornelas, J. (September 2015). *Firefighter behavioral health.* National Fallen Firefighters Foundation.

San Diego, CA.

Ornelas, J. (August 2015). *Behavioral wellness.* International Association of Fire Fighters, John P. Redmond

Symposium. Panel: PTSD and suicide in the fire service. National Harbor, MD.

Ornelas, J. (August 2015). *Sleep deprivation: The truth about shift schedules.* International Association of Fire

Fighters, John P. Redmond Symposium. National Harbor, MD.

**Documentary**

Ornelas, J. (April 2017). *Leadership, so everybody goes home:* *PTSD and suicide in the fire service.* National Fallen

Firefighters Foundation.

TEACHING EXPERIENCE

Instructor-of-Record, SOWK 393: Child Abuse, Chapman University, Spring 2017

Instructor-of Record, SOWK 630: Child Welfare, Chapman University, Fall 2017

Instructor-of Record, SOCU 391-Sociology of Deviance and At-Risk Youth, Chapman University, Fall 2010,

2011, 2012

Instructor-of-Record, SOCU 436-Globalization and Social Change, Chapman University, Fall 2013

Instructor-of Record, SOCU 440-Social Inequality and Social Stratification, Chapman University, Spring 2010,

Fall 2011, Summer 2012, Spring 2013

PRACTICE EXPERIENCE

Firefighter Behavioral Health (Private Practice), Psychotherapist, San Diego, CA 2017 - 2021

Department of Defense, Military and Family Life Counselor, San Diego, CA 2017 - 2021

San Diego Fireman’s Relief Association (SDFD/SDFRA), Director of Fire Behavioral Services 2015 - 2017

City Heights Educational Collaborative, School Social Worker, San Diego, CA 2011 – 2015

International Rescue Committee (IRC), Refugee Resettlement, San Diego, CA 2010 - 2012

HONORS, AWARDS, AND SCHOLARSHIPS

Presidential Fellowship, University of South Carolina 2021 – 2025