

Aiming for 'A's

Making a Study Plan

1. Set Specific Objectives (for example, 50 pages per week).
2. Study the Same Subject at the Same Time on the Same Day.
3. Avoid Adjacent Study Times for Similar Subjects.
4. Use Pre-Set Study Blocks and Remember to Take a Break...
5. Give Yourself Rewards for Achieving Study Objectives.

Success Summary

1. Study at Fixed Times
2. Find Something in Each Subject that Interests You
3. Review Your Notes Frequently
4. Start to Review at least One Week before Each Test

Studying for TECHNICAL COURSES

Text Reading

1. Scan Chapter
2. Read Chapter Summary First (If there is one)
3. Use Subtitles to Produce Questions & Definitions
4. Underline and Outline prudently
5. Use Summary Sheets to Collect Important Diagrams & Groups of terms, formulas, etc.

Problems

1. Get Fast: Practice solving at least three times the number of assigned problems in half the allotted time.
2. Categorize problems by type.
3. Visualize solving each type of problem.
4. Use another text.

Source: Tulane University, Division of Student Affairs

Top Ten Tips for Finding Study Aides

1. Build relationships with your TAs and professors. They are great resources for explaining material. Ask your professor about workbooks, supplementary readings, and other books which may have extra problem sets.
2. Acquaint yourself with Gelman library resources and Internet resources which may be helpful.
3. Get a copy of an old test to familiarize yourself with the professor's format. The Student Association has a test file, as do fraternities and sororities.
4. Get a tutor if needed. Sign up for a tutor before you fall behind too far.
5. Attend review sessions prior to a test.
6. Form study groups with friends. Sometimes talking about the material with others will help you to clarify key concepts.
7. Review your course syllabus. It should highlight class objectives and when assignments are due.
8. Tips for Visual Learners:
 - a) Make your notes visual by using diagrams, pictures, arrows, or concept maps.
 - b) Look at teachers when they are speaking.
9. Tips for Audio Learners:
 - a) Read, restate and re-think aloud.
 - b) Concentrate in lectures as you should be able to pick up more material.
10. Tips for Kinesthetic (Physical) Learners:
 - a) Connect study material or concepts with gestures or actions. Act out the material.
 - b) Walk around while memorizing material.

Source: George Washington University <http://gwired.gwu.edu/counsel>