

Healthy Carolina Task Force Meeting Minutes—January 28, 2008

Start Time: 1:40pm

Task Force Updates:

- **Physical Activity:** Walking maps coming soon for distribution, ideas for educating campus about physical activity.
- **Employee Wellness:** Recently submitted second grant proposal
- **Alcohol/Drug:** Two programs. One is online (ICHA, sp?), the other is Bringing Basics—has been proven to be successful, also looking into Risky Business with peer educators.
- **Mental Health:** subdivide mental health and violence prevention—office of sexual assault. What is needed as in mental health services and what is offered
- **Nutrition:** Working with food services to get food labeling.
- **Tobacco:** white paper for smoke free policy, protocol for health center physicians to give referrals for smoking cessation classes to increase class participation—classes start in 2 weeks.
- **Sexual Health:** social norm campaign, to normalize use of condoms theme is “Let’s Get It Up” in order to increase condom usage across campus. Also for Valentines Day looking for the “I’m Proud” as well as Project Condom on March 5.

End Time: 3:02pm